

youth & family resource guide



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*A special thank you
to the many individuals,
businesses, organizations,
and agencies who provided
information for this
Resource Guide.*

Provided by the Loudoun County Office on Youth.

Please feel free to copy and distribute information from this Guide.

Go on-line at www.co.loudoun.va.us.

Forward

Why Do I Need the Youth and Family Resource Guide?

Many people are unaware of the wide variety of resources available to them in Loudoun County. There are places to go and people to turn to when you have problems or need information affecting your everyday life.

This ***Resource Guide*** is intended to provide youth and parents with accurate information about services and other resources that may be helpful to them. It does not attempt to duplicate the local telephone directory. It does, however, strive to provide reliable information in locating appropriate community resources for many family needs. Professionals offering human services will also find this ***Resource Guide*** useful when working with youth and families in Loudoun County.

Information about other resources not included in this ***Guide*** is available in the *Guide to Services In Loudoun County* published by the Loudoun County Public Information Office. Call 703-777-0113 for a copy. You may also refer to your local telephone company directory for different listings such as individual medical providers, places of worship, home repair services, veterinarians, recycling centers, taxes, and so forth.

Every effort has been made to assure reliable and current data. Due to the changing nature of information, such as a new address, some of the resources listed in this ***Guide*** may become inaccurate. Please tell the Loudoun County Office on Youth about any changes in information you encounter.

If you require reasonable accommodation for any type of disability to utilize the ***Youth and Family Resource Guide***, please contact the Loudoun County Office on Youth at 703-777-0358, Monday through Friday, 9:00 AM to 5:00 PM.

How Much Will I Have to Pay for Services?

Many agencies and organizations listed in the ***Youth and Family Resource Guide*** do not charge a fee. Agencies which do not offer free services may adjust their rates depending upon your income. This is called payment on a “sliding scale”. It is important to ask about the cost of the service you are seeking and how your fee will be structured before you agree to use the service being offered.

How to Use The Youth and Family Resource Guide.

There are three methods you can use to access information. They are: **Table of Contents**, **From A to Z**, and the **Subject Index**. The following is an explanation of the three ways you can find information contained in this ***Resource Guide***:

➤ **Table of Contents**

An alphabetical list of resource providers by category, such as *Education*, with page numbers. **See page #2.**

➤ **A to Z Index**

An alphabetical listing of resource providers by name with telephone numbers and page numbers where information is listed in the ***Resource Guide***. Use this listing if you already know the name of the resource you want to contact. **See page #157.**

➤ **Subject Index**

A more detailed listing of resources such as Financial Counseling. Use this **Index** if you know the kind of service you want, but are not clear on who provides it. **See page #167.**

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Good Shepherd Alliance, Homeless Shelter of Loudoun County, #127.

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Loudoun County Housing Services, #128.

Loudoun County Supported Living Services (Loudoun County Mental Health and Mental Retardation Services), **#131.**

Loudoun County Youth Shelter/NAFI, #132.

Piedmont Behavioral Health Center, #22.

Transitional Housing Center (Loudoun County Housing Services), **#128.**

Support, Self-Help and Advocacy

Volunteer organizations and groups who offer emotional support to individuals, provide educational and awareness programs to the community, and advocate for specific issues concerning our daily lives.

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Alzheimer's Association – Northern Virginia Chapter, #135.

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Loudoun Suicide Prevention Coalition, #140.

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Support Group for People in Crisis or Change, #144.

Supported Living Consumer Association, #144.

Women's Center, #23.

Transportation and Other Resources

Information about transportation and other services important to your life such as voter registration, driver's licenses, list of County volunteer fire and rescue stations, and volunteer opportunities.

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*An alphabetical listing of resource providers by name with telephone numbers and page numbers where information is listed in the **Resource Guide**. Use this listing if you already know the name of the resource you want to contact.*

Subject Index, #167.

A more detailed listing of resources such as "Financial Counseling". Use this Index if you know the kind of service you want, but not who provides it.

Notes

*A listing in the **Youth and Family Resource Guide** does not constitute endorsement by the Loudon County Office on Youth.*

Emergency Numbers

- **Abused Women's Shelter, Loudoun (LAWS)**
703-777-6552

Temporary emergency shelter and related services for abused women. 24 hour.

- **Adult Abuse Protection, Loudoun County**
703-777-0353 or

after 5:00 PM weekdays and on weekends, call

703-777-0445

to report suspected adult abuse and/or neglect.

- **AIDS Hotline (Virginia)** **1-800-533-4148**

- **AIDS Hotline (National)** **1-800-342-AIDS**

- **American Red Cross** **703-777-7171**

Emergency services for military families and services for disasters. 24 hour.

- **Child Abuse and Neglect Hotline**
(State of Virginia) **1-800-552-7096**

To report suspected child abuse and/or neglect.

Counseling also supplied. 24 hour.

- **Child Abuse/Child Protective Services,**
Loudoun County **703-771-KIDS or**
703-777-0353

To report suspected child abuse and/or neglect.
24 hour.

- **Drug Help Hotline 1-800-DrugHelp**

Answers questions on cocaine, alcohol and other drugs to users, their friends, and families. Provides referrals to drug rehabilitation centers. 24 hour.

- **Emergency 911** (V/TT/TDD) – 24 hour; police, fire or ambulance services. When trying to access TT/TDD, don't hang up! It takes approximately 30 or more seconds to activate the type telephone system.

- **GAM-ANON** **301-961-1313**

Support group for families and friends of compulsive gamblers.

- **Gamblers Anonymous Hotline**
301-961-1313

Self help and support for people with gambling addiction.

- **LAWS Sexual Assault Services**
703-777-6552

24-hour crisis intervention, support and advocacy for victims of rape, incest or other sexual assault.

- **Loudoun County Mental Health Emergency Services** **703-777-0320**

Emergency services are available to Loudoun County adults, youth and families who are experiencing severe emotional and/or substance abuse crises and need immediate assistance. 24 hour.

- **Loudoun County Sheriff's Department**
703-777-0407

- **Loudoun Hospital Center**
703-858-6000

For medical assistance. 24 hour.

- **Missing Children Clearinghouse**
(State of Virginia) **1-800-822-4453**

Coordinates information from three sources: police, school divisions, and state register of vital records. Takes reports of sightings of missing children and refers to appropriate authorities.

- **Narcotics Anonymous** **703-435-1230**

Help line for information and meeting times and services.

- **National Center for Missing and Exploited Children** **1-800-843-5678**

Operates a hotline for reporting missing children and sightings of missing children. 24 hour.

- **National Runaway Switchboard**
1-800-621-4000

Provides crisis intervention and travelers assistance to runaways (i.e. administers free rides for children on Greyhound). Gives referrals to shelters. Relays messages to, or sets up conference calls with parents, at the request of the child. 24 hour.

- **National Sexually Transmitted Disease Hotline** **1-800-227-8922**
For information on all STDs--8:00 AM to 11:00 PM (eastern standard time), Monday through Friday. For AIDS information (24 hour.), 1-800-342-2437.
- **National Youth Crisis Hotline** **1-800-HIT-HOME**
Provides counseling and referrals to local drug treatment centers, shelters, and counseling services in caller's area. Responds to youth dealing with pregnancy, molestation, suicide, and child abuse. 24 hour.
- **Poison Control, Fairfax Hospital** **1-703-698-3600**
Information on poisonous substances. 24-Hour. Collect calls accepted.
- **Sheriff's Department, Loudoun County** **911** (V/TT/TDD)
Emergencies. 24-Hour. When trying to access TT/TDD, don't hang up! It takes approximately 30 or more seconds to activate the type telephone system
- **Suicide Prevention & Crisis Hotline** **1-800-SUICIDE** **1-800- 784-2433**
The National Hopeline Network provides crisis counseling and referrals to local services.
- **Survivors of Incest Anonymous (SIA)** **410-282-3400**
Self-help and 12-step recovery programs for survivors of incest. Women and men 18 years and older.
- **Virginia Family Violence and Sexual Assault Hotline** **1-800-838-8238**
- **Victim Witness** **703-777-0417**
Provides support for victims of and witnesses to crime. 24 hour.

Notes

Special Information Numbers

- **Adult Detention Center, Loudoun County**
703-777-0405

Adults 18 and older are housed in this secure facility.
Operated by the Loudoun County Sheriff's Office.

- **Aerobics and Fitness Foundation**
1-800-YOUR-BODY

Answers questions regarding safe and effective exercise
programs and practices.

- **Alcohol Information and Referral Helpline**
1-800-252-6465

Help and referral for alcohol and other drug abuse.

- **Al-Anon Family Group Headquarters**
1-800-356-9996

Call between 9:00 AM to 5:00 PM, Monday through
Friday Provides printed materials specifically aimed at
helping families deal with the problems of alcoholism.
Meeting information also available.

- **Allergy and Asthma Network**
1-800-878-4403

Clearinghouse of information and resource center for
patients with asthma and allergies.

- **AMC Cancer Research Institute—
Information and Counseling**
1-800-525-3777

Provides information on cancer: causes, prevention,
methods of detection and diagnosis, treatment and
treatment facilities, rehabilitation and counseling services.

- **Animal Care and Control, Loudoun County**
540-882-3211
703-777-0406

Helps with issues concerning animals, 8:00 AM to 6:00
PM, Monday, Wednesday, Thursday & Friday; Tuesday
until 8:00 PM.

- **Automated Job-Line, Loudoun County**
703-777-0536

Information on available County jobs, updated weekly.
24 hour.

- **Board of Equalization, Loudoun County**
703-777-0289

Hears appeals of citizens who believe their real estate
assessments are not equitable.

- **CDC National AIDS Clearinghouse**
1-800-458-5231

Distributes a number of publications on AIDS. Refers
callers to local information numbers for specific
information on AIDS and treatment sources. Primarily for
service providers and educators.

- **CDC National Sexually Transmitted Disease
(STD) Hotline**
1-800-227-8922

Answers basic questions about STDs, provides free written
information, and provides referrals to free or low-cost
clinics in the callers local area.

- **Chamber of Commerce, Loudoun County**
703-777-2176

For information about businesses in Loudoun County.

- **Commissioner of Revenue, Loudoun County**
703-777-0260

Provides income tax forms, assesses taxable personal and
business property, issues business licenses.

- **Crime Solvers**
703-777-1919

Citizens can call anonymously regarding any crimes they
have information about or have witnessed.

- **Diabetes Management Program**
703-858-6358

Loudoun Hospital Center offers educational and support
programs. Individuals with diabetes or wanting
information about diabetes may contact this program.

- **Drug Abuse Information and Referral
(Loudoun County Mental Health Services)**
703-771-5100

Outpatient substance abuse services for Loudoun County
residents include: assessment, case management,
psychiatric and psycho-therapy services. Referrals to
inpatient treatment programs in the area are also made.

- **Humane Society of Loudoun County**
703-777-2912

Provides funds for emergency care for sick, injured or

- stray animals; low cost spay/neuter services for pets; and limited temporary foster homes for abandoned or neglected animals.
- **Juvenile Detention Center, Loudoun County**
703-771-5200
Youth between 12 and 18 years of age are housed in this secure facility. Placed by the Juvenile Court System.
 - **La Leche League** **703-771-7492**
Mother-to-mother support and information for nursing mothers. Monthly support meetings at 7:00 PM. Call for location.
 - **LAWS Sexual Assault Services**
703-771-9020
24-hour crisis intervention, support and advocacy for victims of rape, incest or other sexual assault.
 - **Loudoun County Government Info Center**
703-777-0100
Transfer calls to and provides information about Loudoun County government agencies.
 - **National Center for Children and Youth With Disabilities** **1-800-695-0285**
Information clearinghouse that provides information on disability related issues; information on special education and special education law. Focus is on children and youth with disabilities birth through age 22.
 - **National Job Corps Alumni Association**
1-800-733-JOBS
Job Corps Hotline. Local training for 16 to 24 year old people.
 - **National Kidney Foundation**
202-244-7900
To prevent kidney and urinary tract diseases, improve the health and well being of individuals and families affected by these diseases, and increase the availability of all organs for transplantation.
 - **Parks, Recreation, and Community Services Information Hotline, Loudoun County**
703-777-0456
Provides information on sports cancellations. 24 hour.

- **Peace Corps** **1-800-424-8580**
A hotline offering information on volunteer opportunities with the Peace Corps).
- **Police Departments** (towns in Loudoun County):
non-emergency numbers; Monday through Friday, 8:30 AM to 4:30 PM.
Leesburg **703-771-4500**
Middleburg **540-687-6633**
Purcellville **540-338-7421**
- **Pregnancy Hotline** **703-777-7272**
Emergency pregnancy assistance services.
- **Resource Conservation and Recovery Act (RCRA) Hotline** **1-800-424-9346**
Provides information about the laws and regulations concerning hazardous waste.
- **Sheriff's Department, Loudoun County**
NON-EMERGENCY **703-777-0445**
- **Teen Tip Line** **1-800-467-7242**
Offers information on over 200 topics. Must have touch tone telephone to access service.
- **U.S. Consumer Product Safety Hot Line**
1-800-638-2772
Provides recorded recall messages for defective products, offers product safety information, and has information on how to report unsafe products.
- **Virginia Autism Resource Center**
1-877-667-7771
540-869-3377
540-869-2569 (FAX)
Serves parents and professionals interested in children with autism. Services include information, lending library, consultative services, training, and literature reviews.
- **Virginia Council on Human Rights**
1-800-633-5510
Investigates complaints about unlawful discrimination in employment, educational institutions, and public accommodations.

- **Virginia Department for the Aging**
1-800-552-3402

Funds services and programs for older Virginians through 25 local area agencies on aging. Also provides information and referral to older Virginians and their families about long-term care services including nursing homes and retirement communities. Services for persons 60 years and older.

- **Virginia Department for the Deaf and Hard of Hearing**
1-800-552-7917

Provides information and resources for deaf and hard of hearing people, outreach assistance programs. Free or low-cost telephone equipment available through the Telecommunications Assistance program administered by the VDDHH.

- **Virginia Relay Center** **1-800-828-1140** or **1-800-828-1120** (TTY)
aging@vdh.state.va.us (e-mail)

Relays conversations between people who use text telephones (TTY/TDD) or telebraille (TB) and persons who use voice telephones. 24 hours.

- **Virginia Special Olympics, Loudoun County**
703-777-0438 or
1-800-526-6131

Year-round sports training and competition program for persons with disabilities, ages 8 and older.

- **Virginians Against Domestic Violence**
800-838-8238 or 757-221-0990

A statewide coalition that works toward the elimination of domestic violence and offers assistance and support to those serving battered women and their children.

- **Youth Employment and Training**
703-777-0353

Prepare and train young people to enter employment and gain skills that help them transition from school to work and/or gain self sufficiency.

Notes

counseling



➤ **Adult Protective Services (APS)**

See Loudoun County Department of Social Services,
page #79.

➤ **Al-Anon/Alateen Service Center
of Northern Virginia**

See page #135.

➤ **Alcoholics Anonymous of
Northern Virginia**

See Intergroup of Northern Virginia, page #139.

➤ **Alternative House**

See page #127.

➤ **Birthright of Loudoun
County, Inc.**

See page #61.

➤ **Bull Run Alcohol Safety Action
Program (ASAP)**

See page #91.

➤ **Center for Sickle Cell Disease**

See page #62.

➤ **Child Protective Services (CPS)**

See Loudoun County Department of Social Services,
page #79.

➤ **Community Support Services,
Loudoun County Mental Health
Services**

See page #75.

➤ **Counseling and Guidance
Program, Loudoun County
Public Schools**

Office of Guidance and Health Services
Douglass Support Facility
55 Plaza Street, SE
Leesburg, VA 20175

703-771-6428

703-771-6479 (FAX)

Monday through Friday, 8:00 AM to 5:00 PM.

Services Available To:

Students in all Loudoun County Public Schools and their
parents.

Program Description:

The K-12 Counseling and Guidance Program is
designed to enhance healthy child, preadolescent and
adolescent development and learning. The program
focuses on educational and career planning. In addition,
the program helps students accomplish successfully the
academic, social and personal developmental tasks
which are integral parts of the maturation process.

Cost:

Free.

Services Provided:

- Counseling: With individuals in small groups and
classrooms to help them resolve or cope with
problems or concerns.
- Counseling: With parents, individually and in small
groups, regarding child-rearing concerns, child
development and methods parents may use to help
children experience healthy development and success
in their lives. Some counselors also provide parenting
classes.

- Classroom guidance: For all children, lessons which focus on topics such as interpersonal skills, decision-making techniques, conflict resolution, anger management and educational and career planning.
- Consultation: With parents, teachers, principals, school psychologists and social workers and community agency personnel to plan and carry out strategies for helping students who are experiencing difficulties.

➤ **Dulles Counseling Center**

107 East Holly Avenue, Suite 13
Sterling, VA 20164
703-444-5833
703-536-7462 (FAX)

8:00 AM to 10:00 PM, Monday through Saturday.

Services Available To:

Children, adolescents, couples and families.

Program Description:

A variety of counseling services to assist individuals and families cope with the difficulties they are facing.

Cost:

Varies depending on contract with insurance companies.

Services Provided:

- Assessments for depression and anxiety.
- Individual counseling and psychotherapy.
- Couples counseling.
- Family counseling including multi-generation and step family.
- Group counseling.
- Substance abuse counseling.
- Addiction issues: alcohol, eating, codependency.
- Consultation with school personnel, lawyers, and doctors for cohesive treatment.
- Psychological testing and evaluation.

➤ **Friendship House**

See page #76.

➤ **GAM-ANON**

See page #137.

➤ **Gamblers Anonymous**

See page #138.

➤ **Graydon Manor Day School**

See page #37.

➤ **Graydon Manor Family and Youth Outpatient Services**

801 Children's Center Road, SW
Leesburg, VA 20175
703-777-3485, Ext. 379
703-777-4887 (FAX)

www.graydonmanor.org

Monday through Friday, 9:00 AM to 4:30 PM.

Counseling sessions also available by appointment, evenings and Saturdays. Appointments available within 24 hours.

Services Available To:

Adults, children, adolescents, families and couples.

Program Description:

Counseling, evaluation and testing for problems associated with mental health, school performance, family life, trauma, child rearing, adoption and divorce.

Cost:

Fees are charged for services as provided. Many private insurances and Virginia Medicaid accepted.

Services Provided:

- Counseling and therapy for problems affecting school, work, social, or family life.
- Consultation to employers, attorneys and community organizations.
- Evaluation and testing.

➤ **Graydon Manor In-Home Services**

801 Children's Center Road, SW
Leesburg, VA 20175

703-777-3485, Ext. 380

703-777-4887 (FAX)

www.graydonmanor.org

24 hours a day, 7 days a week.

Services Available To:

Children, adolescents and their families.

Program Descriptions:

Intensive and comprehensive family-based mental health services to strengthen the family's coping skills, create an ongoing community support system and preserve the integrity of the family.

Cost:

Fees are charged for services as provided.

Services Provided:

- Individualized strength based assessment of each family.
- Mentor services.
- Crisis intervention, stabilization and prevention.
- Development of skills related to problem solving, behavior management, parenting and advocacy.
- Assistance with identification and assessment of community resources.
- 24-hour professional support.

➤ **Graydon Manor Psychiatric Residential Treatment Center**

See page #127.

➤ **Graydon Manor Treatment Foster Care**

See page #77.

➤ **INOVA Juniper Program, HIV Clinical and Education Services**

See page #38.

➤ **Inova VNA Home Health**

See page #63.

➤ **Intergroup of Northern Virginia**

See page #139.

➤ **LAWS Sexual Assault Services**

9 Loudoun Street, SE
Leesburg, VA 20175

703-771-9020

703-771-7865 (FAX)

Crisis services – 24 hours a day.

Office hours: Monday through Friday, 9:00 AM to 5:00 PM.

Services Available To:

Residents of Loudoun County.

Program Description:

LAWS Sexual Assault Services provides crisis intervention, support and advocacy for victims of rape, incest or other sexual assault. Services are also available to relatives and friends of victims.

Cost:

Free.

Services Provided:

- Crisis Counseling
- Support Groups for survivors of incest.
- Court advocacy and accompaniment.
- Services for youth and children who are survivors of sexual assault.
- Teen Violence Prevention Program.
- Community education.
- Volunteer program.

➤ **LAWS Youth and Children's Services**

3 Royal Street, SE
Leesburg, VA 20175
703-771-3973
703-771-7865 (FAX)

Monday through Friday, 1:00 PM to 8:00 PM.

Services Available To:

Children, youth and adolescents in Loudoun County who are survivors of domestic violence, sexual assault or child abuse. Services are also provided to family members.

Program Description:

This program provides crisis intervention, support and advocacy for families who are recovering from domestic violence, child abuse or sexual assault.

Cost:

Free.

Services Provided:

- Crisis intervention.
- Short-term crisis counseling for children, youth and adolescents.
- Support groups.
- Loudoun County Nurturing Program – an intensive parenting program for both parents and their children ages 6 months to 11 years.
- Family Visitation Center – supervised visitation services for non-custodial parents (court order required).
- Volunteer program.

➤ **Loudoun Abused Women's Shelter (LAWS)**

See page #128.

➤ **Loudoun Association for Retarded Citizens (LARC)**

See page #78.

➤ **Loudoun County Department of Social Services**

See page #79.

➤ **Loudoun County Mental Health Services**

703-777-0320 – 24-hour Emergency Services.

MENTAL HEALTH CENTER LOCATIONS:

- 102 Heritage Way, Suite 302
Leesburg, VA 20176
703-771-5100
703-777-0170 (FAX)
- 45299 Research Place
Ashburn, VA 20147
703-729-1970
703-729-1978 (FAX)

Monday through Thursday, 9:00 AM to 8:00 PM;
Friday, 9:00 AM to 5:00 PM.

Services Available To:

Loudoun County residents.

Program Description:

Provides mental health and substance abuse counseling to individuals and families experiencing emotional or situational problems in their lives.

Cost:

Fees are based on a sliding fee scale. County residents will not be refused service due to inability to pay.

Services Provided:

- 24-hour Emergency Services are available if you are in need of immediate help to cope with an emotional or substance abuse problem or are considering suicide. 24-hours a day, 7 days a week.
- Mental Health Outpatient Treatment Services provides assessment, referral, case management, psychiatric and psychotherapy services to Loudoun County residents. Individual, group, couples and family therapy is available.

- Substance Abuse Treatment Program provides assessment, referral, case management, psychiatric and psychotherapy services to substance abusing children, adolescents, and adults and their families. See page #70.
- Elderly Services, part of outpatient services, provides treatment for the elderly and their caregivers. Services include individual, family and group therapy, case management, and medication management. Specific services include: therapy groups led by mental health professionals, meeting at the Area Agency on Agency (AAA); special emergency team services for the Department of Social Services' Adult Protection Services for crisis intervention or evaluation; time-limited educational groups for caregivers, jointly led by staff from Loudoun County Mental health and AAA.
- Supported Living Services provides individualized, assertive community treatment and support to County citizens with serious mental illness (SMI), mental retardation, as well as those with multiple disabilities. Consumers may live in housing provided by themselves or others, or when needed, in County owned or leased housing. Services include but are not limited to improving communication and interpersonal relationships; problem solving; money management; health and medication maintenance; personal hygiene; cooking and housekeeping; and behavioral management. Counselors also provide direct supervision of consumers, transportation and crisis intervention. Intensity of service varies with each consumer's needs and may be 24-hour, daily, weekly or less intense.
The program is available to enrolled consumers 24-hours/day through on-call Loudoun County Mental Health Supported Living Services staff.
- Community Support Services Program provides a variety of services to Loudoun County residents whose daily lives and functioning are impaired by severe symptoms of mental illness, but who can be maintained within the community. Discharge Planning/Aftercare Services are provided to persons

who are returning to the community after psychiatric hospitalizations. See page #75.

- Friendship House is a psychosocial rehabilitation program, provides day-long support and rehabilitation sessions that focus on maintaining clients at their current level of functioning or assisting them to further their education and job goals. See page #76.
- Prevention and Community Education Services provides program aimed at reducing the incidence of mental illness, mental retardation, and substance abuse in the community by providing education to the general public and by developing and implementing programs that target high-risk populations. See page #101.
- Forensic/Court Services Program provides two types of services: court-ordered evaluations and assessment of inmates and consultation to staff at the Adult Detention Center.
- Employee Assistance Program (EAP) provides assessment and referral sessions free of charge to eligible employees of Loudoun and Frederick (VA) counties.

➤ **Loudoun County Mental Retardation Services**

See page #82.

➤ **Loudoun County Supported Living Services**

See page #131.

➤ **Loudoun County Youth Shelter/NAFI**

See page #132.

➤ **Loudoun Hospital Center,
Behavioral Medicine Unit**

224 Cornwall Street, NW
Leesburg, VA 20175

703-771-2894

703-779-5429 (FAX)

7 days a week, 24 hours a day.

Services Available To:

Adult population.

Program Description:

Intensive inpatient and day outpatient program offering services to adults for psychiatric as well as substance abuse problems.

Cost:

Participating in Medicare/Medicaid and most major insurance plans.

Services Provided:

- 24-hour nursing care.
- Family assessments and therapy.
- Medication management.
- Medical detox and chemical dependency counseling.
- Group therapy and art therapy.
- Individual psychotherapy.
- Education on wellness, coping, stress management, anger management, self esteem and communication.

➤ **Mental Health Emergency
Services, Loudoun County**

See Loudoun County Mental Health, page #18.

➤ **MotherNet/Healthy Families
Loudoun**

See page #83.

➤ **Northern Virginia AIDS Ministry**

See page #143.

➤ **Northern Virginia Family Services**

71 Lawson Road, SE

P.O. Box 2277

Leesburg, VA 20177

703-771-2595

Monday through Friday, 9:00 AM to 5:00 PM.

Services Available To:

Families, individuals, adolescents and children.

Program Description:

- **COUNSELING:** Family, individual and marital counseling services.
- **YOUTH PROGRAM:** anger management/conflict resolution program for middle school children, in selected Loudoun schools.
- **EMPLOYMENT:** employment training program, office skills (see page #56.)

Cost:

- **COUNSELING:** sliding fee scale for regular services.
- **YOUTH PROGRAM** and **EMPLOYMENT:** no charge.

Services Provided:

COUNSELING

- Family counseling.
- Individual counseling.(continued)
- Marital counseling.
- Group and individual interventions to teach skills to youth.

YOUTH PROGRAM

- Group and individual interventions to teach skills.

EMPLOYMENT

- 16-week training program, internship and mentoring.

➤ **Northern Virginia Mediation
Service**

c/o Institute for Conflict Analysis and Resolution

George Mason University

4260 Chain Bridge Road, Suite A-2

Fairfax, VA 22030

703-993-3656

703-993-3551 (FAX)

703-993-1315 (Spanish Language)

nvms@gmu.edu (e-mail)

www.gmu.edu/departments/nvms

Monday through Friday, 8:30 AM to 5:00 PM.

Mediations scheduled during days, evenings and Saturdays

Services Available To:

Provides services for all northern Virginia residents needing resolution of a dispute and for governments or communities looking for resources to resolve issues affecting many in a neighborhood, community, school or organization. Also provides training in conflict resolution and mediation for individuals, organizations and families.

Cost:

Many services are provided for free; other services are provided on a sliding fee scale based on household income.

Program Description:

A community mediation center hosted by the Institute for Conflict Analysis and Resolution at George Mason University. NVMS is dedicated to providing the community with resources for resolving conflict and making decisions in a collaborative, win/win manner. NVMS believes that such methods will result in better, more long lasting solutions than other methods and will improve and enhance, rather than destroy, individual, community, neighborhood and organizational relationships.

Services Provided:

FREE COMMUNITY MEDIATION SERVICES INCLUDE:

- Neighborhood disputes involving noise, animals, trees, driveways, fences, etc.
- Consumer/merchant disputes under \$1000.
- Residential landlord/tenant disputes.
- Parent/teen disputes or issues.
- Intra-family disputes (not involving divorce or custody).
- Professional fee disputes (attorneys, doctors, CPAs, etc.).
- Small Claims and General District Court cases in Loudoun Court.
- Community dialogues on race, culture, abortion, sex orientation.

SLIDING SCALE FEE SERVICES INCLUDE:

- Divorce, separation, custody, child and spousal support.
- Business and employment disputes.
- Commercial landlord/tenant disputes.
- Loans and debts. (continued)
- Homeowner/contractor disputes over \$1000.
- Consumer/merchant disputes over \$1000.
- Circuit Court law suits.
- Community and organizational facilitation.

➤ **Pastoral Counseling and Consultation Centers of Greater Washington**

(Seven centers located in Washington, D.C., Northern Virginia and suburban Maryland.)

P.O. BOX 18221

Washington, D.C. 20036

202-234-0202

202-234-0185 (FAX)

www.pastoral-counseling-dc.com

Counseling Hours: 9:00 AM to 5:00 PM. Limited evening and weekend appointments are available.

Services Available To:

Persons of all races and creeds residing in Washington, Northern Virginia and suburban Maryland.

Program Description:

PC&CC helps individuals and families cope with the stresses of life through a wide variety of clinical services.

Cost:

Fees are based on family size, income and circumstances.

Services Provided:

- Individual, couples and group therapy.
- Marital therapy, including treatment of sexual dysfunction.
- Family therapy – often the best approach to many problems, including problems involving some adolescents.
- Therapy for adolescents and senior citizens.

- Counseling for physically handicapped persons and their families.
- Consultation for clergy, lawyers and other professionals concerning parishioners or clients.
- Community education workshops and seminars.
- Pastoral counseling.
- Spiritual Direction Multi-Disciplinary Staff comprised of clinical psychologists, clinical social workers and pastoral counselors.

➤ **Piedmont Behavioral Health Center, LLC**

42009 Victory Lane
Leesburg, VA 20176

703-777-0800

1-800-777-8855

703-777-1038 (FAX)

24 hours a day, 7 days a week.

Services Available To:

Adolescents (12-17) challenged with psychiatric, emotional and behavioral disorders and/or substance abuse concerns.

Cost:

Most commercial insurances accepted. City and county government funding accepted.

Services Provided:

ACUTE INPATIENT CARE FOR ADOLESCENTS

- Individual and group therapy.
- Family therapy; transportation provided when necessary.
- Psychiatric evaluation and assessment; medication intervention and stabilization.
- Psychopharmacology.
- Case Management; transition/referral assistance.
- Psychodrama and psychoeducational classes; art therapy.
- Ropes and Initiatives Course; therapeutic recreation.

RESIDENTIAL TREATMENT PROGRAMS

(long and short term)

- Individual and group therapy.

- Family therapy; transportation provided when necessary.
- Psychiatric evaluation and assessment; medication intervention and stabilization.
- Focus Groups, including psychodrama, therapeutic recreation and chemical dependency education.
- Activities in daily living skills such as anger management and nutrition and community awareness.
- Adjunctive therapies including music therapy, art therapy and recreation therapy.
- Process groups focusing on trust and team building; weekly exposure to the Ropes and Initiatives Course.

DIAGNOSTIC SERVICES (30 day evaluation)

- Psychiatric evaluation.
- Psychosocial assessment.
- Nursing assessment.
- Medical history and physical.
- Medication assessment.
- Daily Observation Assessment Scale.
- Nutritional evaluation.
- Educational assessment.
- Substance abuse evaluation.
- Adjunct expressive therapy assessment.

➤ **Planned Parenthood**

See page #69.

➤ **Substance Abuse Treatment Program, Loudoun County Mental Health Services**

See page #70

➤ **Women's Center**

133 Park Street, NE
Vienna, VA 22180

703-281-2657

703-242-1454 (FAX)

www.thewomenscenter.org

Services provided in Loudoun County and in over 28 other sites throughout Northern Virginia.

Monday through Thursday, 9:00 AM to 8:00 PM;
Friday, 9:00 AM to 5:00 PM; Saturday, 9:00 AM to 4:00 PM (for counseling and workshops).

Services Available To:

Women, men, children, couples and families.

Program Description:

Provides immediate and affordable counseling.

Cost:

Varies. Fees are charged for services provided.

Services Provided:

- Psychotherapy.
- Ongoing support and therapy groups.
- Separation and divorce counseling.
- Psychological assessment.
- Mediation.
- Personal growth and family strengthening workshops.
- Career services.
- Financial education services.
- Legal education and attorney referral.

➤ **Women's Resource Center**

9 Loudoun Street, SE
Leesburg, VA 20175

703-771-7845

703-771-7865 (FAX)

Monday through Friday; other days by appointment.
9:00 AM to 5:00 PM; other hours by appointment.

Services Available To:

Women in Loudon County

Program Description:

The Women's Resource Center houses the legal and administrative offices for the Loudoun Abused Women's Shelter (LAWS) as well as LAWS Sexual Assault Services. Information and referral services are available on a wide range of issues and concerns for women and families.

Cost:

Free.

Services Provided:

- Crisis counseling (walk-in and by appointment).
- Support and information on various resources in the community and in Virginia.
- Clothing, food and household goods for clients of the Loudoun Abused Women's Shelter (LAWS).
- Access to services provided by the Loudoun Abused Women's Shelter for women and their families experiencing domestic violence and/or sexual assault.
- An active volunteer program.

➤ **Young Adults Project**

See page #85.

➤ **Young Parents Network**

See page #86.

day care



These **Day Care** resources are for Loudoun County and town-based services as well as for private day care centers and services. Individual providers are not included in the **Resource Guide**. Contact the Loudoun County Department of Social Services at 703-777-0353 for a listing of state licensed and voluntarily registered providers as well as for lists of state licensed and religiously exempt centers.

County and Town-Based Day Care Services

ADULT DAY CARE SERVICES

➤ **Loudoun County Respite Center**

16501 Meadowview Court
Leesburg, VA 20175
703-771-5334
703-771-5462 (FAX)

Monday through Friday, 7:30 AM to 5:30 PM.

Services Available To:

Loudoun County residents 55 years and older.

Program Description:

State licensed adult day care program providing quality care for seniors with special needs such as memory affliction and physical disability.

Cost:

Fee on a sliding scale.

Services Provided:

- Supervised activities.
- Respite for family members.
- Exercise.
- Field trips.
- Lunch program.
- Limited transportation.

CHILD CARE/DAY CARE SERVICES

➤ **County After School Activities Programs (CASA)**

Loudoun County Department of Parks, Recreation and Community Services
1 Harrison Street, 4th Floor
P.O. Box 7000
Leesburg, VA 20177
703-777-0343
703-777-5383 (FAX)

ELEMENTARY SCHOOL PROGRAMS

The **CASA** (County After School Activities) **Program** is for children in grades 1 through 5. The activities are supervised and are appropriate for children in each age group. CASA is available at Arcola, Douglass, Loudoun Valley, Lovettsville, Middleburg, Philomont and Sterling Annex Community Centers and at Algonkian, Ashburn, Balls Bluff, Cedar Lane, Cool Spring, Dominion Trail, Evergreen Mill, Hillside, Horizon, Little River, Lowes Island, Meadowland, Mill Run, Potowmack, Rolling Ridge, Round Hill, Sanders Corner, Sully and Sugarland Elementary Schools.

The **Before School Program** is offered at Arcola, Douglass, Loudoun Valley and the Lovettsville Community Centers and Little River Elementary School.

The **Kid's Club Program** (after school care) is available to students in morning kindergarten through 3rd grade for the nine and a half months school is in session. The program serves the following elementary schools: Emerick, Hamilton, Lincoln, Lovettsville and Round Hill.

The **Holiday Program** is offered on teacher workdays and some other school holidays at Douglass, Loudoun Valley and Sterling Annex Community Centers from 7:00 AM to 6:00 PM.

MIDDLE SCHOOL PROGRAM

Youth After School (YAS), see page #86. Registration is required for all of the above programs. PRCS reserves the right to cancel any program for which there is insufficient registration. Registration is on a first-come-first-served basis.

for children ages 3 months to 8 years old, while their parent(s) work out or attend one of the many classes offered at the center. The child care schedule is Monday through Friday, 9:00 AM to 12 noon; Monday through Thursday, 4:30 PM to 8:00 PM. Pre-registration is not necessary. The cost is \$1.00 per child per visit.

➤ Day Care Referrals

Loudoun County Department of Social Services
102 Heritage Way, NE, Suite 200
Leesburg, VA 20176
703-777-0353
703-771-5214 (FAX)

The Loudoun County Department of Social Services (DSS) provides financial day care assistance to eligible families in the community. DSS maintains a listing of state licensed and voluntarily registered providers as well as lists of state licensed and religiously exempt centers. The Day Care Unit also coordinates workshops for parents and providers in the community.

➤ Loudoun Child Care Network

Virginia Cooperative Extension, Loudoun Office
30B Catoclin Circle, SE
Leesburg, VA 20175
703-777-0373
703-771-5844 (FAX)

This network is a group of representatives from service agencies, home and center-based child care providers and parents. Its mission is to provide training and information in an effort to improve the quality of child care available in Loudoun County. You are invited to attend the meetings held on the 2nd Tuesday of each month at the Loudoun Extension Office in Leesburg.

➤ Ida Lee Recreation Center Day Care Programs

Ida Lee Recreation Center
50 Ida Lee Drive, NW
Leesburg, VA 20176
703-777-1368
703-731-7165 (FAX)

A Room to Grow Preschool is operated at the Ida Lee Recreation Center for children ages 3 to 5 years old. This preschool program provides a meaningful experience for students by emphasizing cognitive, social, gross and fine motor skills in a safe and fun environment. A 1/2 hour per week swim lesson is also included in the program. Swim lessons are for the 4 and 5 year olds, 3 year olds will have gym time. There are four classes that meet throughout the school year on a 2 or 3 day per week schedule.

Kids Corner is available at Ida Lee Recreation Center

➤ Loudoun County Community Center-Based Child Care

Loudoun County Department of Parks, Recreation and Community Services
1 Harrison Street, 4th Floor
Leesburg, VA 20175
703-777-0343
703-771-5354 (FAX)

Monday through Friday from 7:00 AM until 6:15 PM

PRCS provides day care services for children ages 2 1/2 to 5 years who are toilet trained. Day care is offered at the Arcola, Douglass, Loudoun Valley and Lovettsville Community Centers. The program operates year-round.

➤ **"Starting A Family Child Care Business"**

Virginia Cooperative Extension, Loudoun Office
30-B Catoclin Circle, SE
Leesburg, VA 20175
703-777-0373
703-771-5844 (FAX)

Virginia Cooperative Extension provides a quarterly seminar on "Starting A Family Child Care Business" to provide caregivers with the tools to develop a successful home based child care service. This program helps potential child care providers assess whether providing family child care is a viable option, and it provides tools to assist those who are in the beginning stage of establishing a family child care business.

PRIVATE DAY CARE CENTERS

Some day care centers listed below have a preschool component.

➤ **Ashburn Children's Center**

(day care and pre-school care)
20424 Ashburn Village Boulevard
Ashburn, VA 20147
703-729-9100
703-729-9101 (FAX)
www.childplay.com

➤ **Ashburn Village Country Day School**

(day care and preschool)
20108 Ashburn Village Boulevard
Ashburn, VA 20147
703-729-6000
703-728-8848 (FAX)

➤ **Chesterbrook Academy**

www.nobellearning.com
(day care and before/after-school care)

ASHBURN

- 43800 Clemens Terrace
Ashburn, VA 20147
703-858-0434
703-858-2336 (FAX)
CBA805@aol.com (e-mail)

STERLING – TWO LOCATIONS

- 20733 Great Falls Plaza
Sterling, VA 20165
703-404-1333
703-404-3949 (FAX)
Chester804@aol.com (e-mail)
- 46386 Logan Way
Sterling, VA 20165
703-444-3131
703-421-7431 (FAX)

➤ **Child Time Children's Center**

(day care and preschool)
45135 Waterpointe Terrace, #100
Ashburn, VA 20147
703-729-2224AX (FAX)
703-724-1632 (FAX)

➤ **Children's World Learning Center**

www.childrensworld.com
(preschool, day care, before/after school care – ages six weeks to 12 years)

BROADLANDS

- 43083 Waxpool Road
Ashburn, VA 20147
703-858-4787 (V & FAX – call before faxing)
www.childrensworld.com

(continued)

STERLING PARK

- 106 Free Court
Sterling, VA 20164
703-430-7373 (V & FAX – call before faxing)

SUGARLAND RUN

- 83 Sugarland Run Drive
Sterling, VA 20164
703-430-9494 (V & FAX – call before faxing)

➤ **Embassy School**

(extended day care, pre-school through 2nd grade)
3013 West Ox Road
Herndon, VA 20171
703-476-8667

➤ **Harding Hall, Inc.**

730 Jackson Street
Herndon, VA 20170
703-437-3615
703-352-7730 (FAX)

➤ **Infant/Toddler Family Daycare of Northern Virginia**

10560 Main Street, Suite 315
Fairfax, VA 22030
703-352-3449
703-352-7730 (FAX)

➤ **Kindercare Learning Center #1030**

(day care and pre-school care)
13288 Franklin Farm Road
Herndon, VA 20171
703-860-2800
703-860-9775 (FAX)

➤ **Kindercare Learning Center #926**

(day care and pre-school care)
60 Plaza Street
Leesburg, VA 20176
703-777-1998
703-771-4026 (FAX)

➤ **La Petite Academy**

(day care and preschool)

ASHBURN

- 20110 Ashburn Village Boulevard
Ashburn, VA 20147
703-729-0500

STERLING

- 211 Edds Lane
Sterling, VA 20165
703-450-5369

➤ **Paxton Child Development Center**

(day care & pre-school care)
420 Wildman Street, NE
Leesburg, VA 20176
703-777-3960
703-777-3984 (FAX)
paxtonchild@hotmail.com (e-mail)
www.paxtonpreschool.com

➤ **Piedmont Child Development Center**

(day care & before school care)
9121 John Mosby Highway
Upperville, VA 20185
540-592-3908
540-592-3174 (FAX)

➤ **Mulberry Child Care and Preschool**

www.mulberrychildcare.com

ASHBURN

- 43599 Golden Meadows Circle
Ashburn, VA 20147
703-729-9110
703-729-5631 (FAX)
2502@mulberrychildcare.com (e-mail)

RAILSTOP TERRACE

- 43323 Railstop Terrace
Ashburn, VA 20147
703-729-5680
703-729-4500 (FAX)
2504@mulberrychildcare.com (e-mail)

CASCADES

- 20655 Fernbank Court
Sterling, VA 20165
703-404-4060
703-404-4085 (FAX)
2503@mulberrychildcare.com (e-mail)

➤ **South Riding Children's Center**

(day care and before school care)
25400 South Riding Boulevard
South Riding, VA 20152
703-327-6618
703-327-3548 (FAX)
www.childplay.com

➤ **Wee Care Daycare**

(day care and before school care)
43454 Crossroads Drive
Ashburn, VA 20147
703-729-5100
703-729-9048 (FAX)

➤ **Wonders of Wisdom Children's Center**

(day care and before school care)
20890 Pidgeon Hill Drive
Sterling, VA 20165
703-450-8687
703-450-0972 (FAX)

education



➤ **Adult Basic Education**

(pre-GED – General Education Development)
Loudoun County Public Schools
703-771-6406
703-771-6409 (FAX)

For adults only: classes are offered at the Charles S. Monroe Technology Center on Tuesday and Thursday nights, 7:00 PM to 9:30 PM. Call for additional information.

➤ **Adult High School**

(credit classes)
Loudoun County Public Schools
703-771-6406
703-771-6409 (FAX)

For adults only: classes are offered at Loudoun County High School on Monday, Tuesday and Wednesday nights, 7:00 PM to 9:30 PM. Call for additional information.

➤ **American Red Cross**

See page # 73.

➤ **Bull Run Alcohol Safety Action Program**

See page #91.

➤ **Claude Moore Center for Family Literacy**

P.O. Box 1932
Leesburg, VA 20177
703-777-4733
703-777-7260 (FAX)
loudounlit@aol.com (e-mail)

Monday through Friday, 9:00 AM to 5:00 PM.

Services Available To:

Headstart and STEP (Starting Towards Excellence in Preschool) children and their families.

Program Description:

To foster strong school readiness skills for the children and their families.

Cost:

Free.

Services Provided:

- Preschool literacy.
- Intergenerational activities.
- Parenting skills.
- Adult literacy if identified.

**Colleges and Universities
Located in Loudoun County.**

➤ **George Washington University**

Virginia Campus
20101 Academic Way
Ashburn, VA 20147
703-726-8300
703-726-8308 (FAX)
www.gwu.edu

➤ **Marymount University**

Loudoun Center in Countryside
14 Pidgeon Hill Drive, Suite 400
Sterling, VA 20165
703-430-7122
703-430-8122 (FAX)
loudoun@marymount.edu (e-mail)

➤ **Northern Virginia Community College**

Loudoun Campus
1000 Harry Byrd Highway
Sterling, VA 20164
703-450-2500
703-450-2536 (FAX)
www.nv.cc.va.us/loudoun

➤ **Old Dominion University**

Northern Virginia Center
21335 Signal Hill Plaza
Suite 300
Sterling, VA 20164
703-948-2750
703-948-2762 (FAX)
nvc@odu.edu (e-mail)
www.odu.edu/nvc

➤ **Shenandoah University**

Loudoun Campus
224 Cornwall Street, NW
Leesburg, VA 20176
703-777-7414
703-777-4685 (FAX)
loudoun@su.edu (e-mail)
www.su.edu

➤ **Strayer University**

45150 Russell Branch Parkway,
Suite 200
Ashburn, VA 20147
703-729-8800
703-729-8820 (FAX)
www.strayer.edu

➤ **Counseling and Guidance
Program – Loudoun County
Public Schools**

See page #15.

➤ **English As A Second Language**

Loudoun County Public Schools
703-771-6406
703-771-6409 (FAX)

- **FOR YOUTH** – see Loudoun County Public Schools, page #39.
- **FOR ADULTS** – classes are offered at Parkview High School (Sterling) on Monday and Wednesday at 6:30 PM and at the Charles S. Monroe Technology Center (Leesburg) on Tuesday and Thursday at 7:00 PM.

Call for additional information.

➤ **GED (General Education
Development)**

Loudoun County Public Schools
703-771-6406
703-771-6409 (FAX)

FOR ADULTS ONLY: classes are offered at Charles S. Monroe Technology Center on Tuesday and Thursday nights, 7:00 PM to 9:30 PM

Call for additional information.

➤ **Grafton School**

P.O. Box 1300
Stephen City, VA 22655
540-869-0300, Ext. 117 (Admissions)
540-869-9099 (FAX)
www.grafton.org

SCHOOL LOCATIONS: Berryville, Winchester, Richmond, VA; and Rockville, MD.

RESIDENTIAL SCHOOL is open 24 hour, 7 days a week.

DAY SCHOOL is open 8:00 AM to 3:00 PM.

Services Available To:

Boys and girls, ages 3 to 22 years old, who experience autism, or who are mentally retarded/emotionally disturbed, learning disabled/mentally disturbed, or emotionally disturbed.

Program Description:

Provide special educational and vocational services to a broad array of consumers with challenging behaviors and broad range of cognitive abilities and specific disabilities.

Cost:

Youth are covered by CSA (Comprehensive Services Act). Medicaid waiver for adults.

Services Provided:

- Family, individual, speech and occupational therapy.
- Special education day program.
- Accredited high school program.
- Community based vocational instruction.
- Residential services.
- Specialized foster care.
- In-community services.
- Diagnostic and evaluation services.
- Cognitive services.
- Adult non-center based programs.

➤ **Graydon Manor Day School**

152 Enterprise Street
Sterling, VA 20164
703-430-0176
703-430-0651 (FAX)
www.graydonmanor.org

Students receive six and a half hours of academic instruction daily and follow the Loudoun County Public School's calendar.

Services Available To:

Youth, grades 1 to 12.

Program Description:

Therapeutic education for emotionally and learning disabled students who require a specialized learning environment.

Cost:

State funding approved. Private pay.

Services Provided:

- Comprehensive therapeutic/academic instruction
- Structured Learning Program including problem solving techniques, anger control training and social skills development.
- Multifamily, group counseling offered on weekly basis.

➤ **Head Start Program**

Loudoun County Public Schools
102 North Street, NW
Leesburg, VA 20176
703-771-6444
703-771-6409 (FAX)

Monday through Thursday classes for 4 year olds, approximately 8:30 AM to 12:30 PM.

Services Available To:

Low-income 4 year olds with birth dates on or before September 30. Children with disabilities are welcomed.

Program Description:

Head Start is a comprehensive preschool program designed to meet the social and emotional, health and nutritional, and psychological and educational needs of low-income four year olds and to provide assistance to their families.

Cost:

Free.

Services Provided:

- Transportation.
- Breakfast and lunch.
- Services of a nurse and a licensed clinical social worker as well as a certified education staff.

➤ **INOVA Juniper Program,
HIV Clinical and Education
Services**

2832 Juniper Street
Fairfax, VA 22031
703-204-3780

703-204-3769 (clinical training information)

703-204-3798 (FAX)

www.INOVA.org

Monday through Friday; 8:30 AM to 5:00 PM.

Services Available To:

Northern Virginia and surrounding area residents.

Program Description:

Provides client services, education and training and employer consultation.

Cost:

Varies.

Services Provided:

- Case management and medical management.
- Resource center offers education and clinical training, patient-centered consultation, library

services, resource referrals, program development and policy consultation.

- Consultation on HIV-related issues to local businesses.
- HIV Bulletin.
- Speakers bureau.
- Support groups.
- Patient care fund offering emergency financial assistance for HIV Center patients.

➤ **Loudoun County Nurturing
Program**

See LAWS Youth and Children's Services on page #18.

➤ **Loudoun County Public Libraries**

Library Administration
102 Heritage Way, NE
Suite 103
Leesburg, VA 20176
703-777-0368 (V/TTY)
703-771-5238 (FAX)
www.lcpl.lib.va.us

Call the library nearest you for hours of operation.

Services Available To:

Loudoun County residents.

Program Description:

A public library system which loans books, compact discs, magazines, audio and video cassettes free of charge for registered borrowers.

Cost:

Free.

Services Provided:

- Wide range of technological resources including dial-up from home capabilities, automatic renewal, full text magazine, databases, and public access to the Internet.
- Free library cards may be used at all Loudoun County libraries. Your library card entitles you to borrow

books and other materials from many libraries in the Washington metropolitan area.

- Programs scheduled at the libraries include, Storytime Program for Kids, annual Summer Reading Program, reading and discussion series, exhibits and programs for adults, teens and families.
- Audiovisual Department loans video tapes and audiovisual equipment.
- Inter-Branch Loan and Inter-Library Loan services are available.
- On-line Catalog with listing of all library materials in the system.
- Reference questions taken by phone, in person or web page.
- Copy machines in each branch.
- Meeting rooms free for non-profit groups; fee charged for businesses.
- Closed Caption Decoders, TTYs, Assistive Listening Devices loaned.
- Assistive Technology Equipment and software for citizens with disabilities located at the Eastern Regional Library and the Purcellville Library.
- Library Outreach Services provides Books-By-Mail and homebound delivery programs for county residents who cannot access branch libraries due to age or disabilities.

LIBRARY BRANCHES:

- **Eastern Loudoun Regional Library**
21030 Whitfield Place
Sterling, VA 20165
703-444-3228
703-444-2093 (TTY)
- **Lovettsville Library**
12 North Light Street
Lovettsville, VA 20180
540-822-5824 (V/TTY)
- **Middleburg Library**
101 Reed Street
Middleburg, VA 20117
540-687-5730 (V/TTY)

- **Purcellville Library**
220 East Main Street
Purcellville, VA 20132
540-338-7235 (V/TTY)

- **Rust Library**
380 Old Waterford Road
Leesburg, VA 20176
703-777-0323 (V/TTY)

- **Sterling Library**
120 Enterprise Street
Sterling, VA 20164
703-430-9500 (V/TTY)

LIBRARY OUTREACH SERVICES

703-771-5621

703-777-0323 (V/TTY)

DIAL-A-STORY FOR CHILDREN

703-777-7727

➤ **Loudoun County Public Schools**

Administration Offices
102 North Street, NW
Leesburg, VA 20176
703-771-6400
703-771-6409 (FAX)

Monday through Friday, 8:00 AM to 5:00 PM.

Services Available To:

Residents of Loudoun County between the ages of 5 and 20.

Program Description:

Forty-two public schools offering a comprehensive educational program, grades K-12. All schools fully accredited by the Virginia Department of Education.

Cost:

No charge.

Services Provided:

- Head Start, a preschool for at-risk four year olds, and a pre-school program for disabled youngsters (see page #37).
- Elementary education, grades K-5, in 30 community-oriented schools.
- Five regional middle schools, grades 6-8, offering expanded educational opportunities.
- Five regional comprehensive high schools serving grades 9-12.
- Special programs for disabled and gifted in all schools.
- Well-stocked libraries and media centers in all schools.
- Computers in all schools.
- Vocational-Technical Center for advanced study in 17 fields.
- Guidance and counseling services in elementary, middle and high schools.
- School bus transportation for students living beyond proscribed limits.
- School lunch and breakfast program.
- English As A Second Language (ESL) for new students from foreign countries needing intensive language development.
- Textbooks furnished free to all students.
- Starting Towards Excellence In Preschool (STEP), see page #51.
- Adult Education (tuition for some classes).
- English As A Second Language (ESL), see page #36.
- GED – General Education Development, see page #36.
- Adult Basic Education (pre-GED), see page #35.
- Adult High School, see page #35.

ELEMENTARY SCHOOLS

- **Aldie Elementary**
23269 Meetinghouse Lane
Aldie, VA 20105
703-444-7400
- **Algonkian Elementary**
20196 Carter Court
Sterling, VA 20165
703-444-7410

- **Arcola Elementary**
24328 Goshen Road
Arcola, VA 20107
703-444-7405
- **Ball's Bluff Elementary**
821 Battlefield Parkway, NE
Leesburg, VA 20176
703-779-8800
- **Banneker Elementary**
35321 Snake Hill Road
Middleburg, VA 20117
703-771-6780
- **Catoctin Elementary**
311 Catoctin Circle, SW
Leesburg, VA 20175
703-771-6770
- **Cedar Lane Elementary**
43700 Tolamac Drive
Ashburn, VA 20147
703-771-6515
- **Cool Spring Elementary**
501 Tavistock Drive, SE
Leesburg, VA 20175
703-771-6760
- **Dominion Trail Elementary**
44045 Bruceton Mills Circle
Ashburn, VA 20147
703-779-8812
- **Emerick Elementary**
440 South Nursery Avenue
Purcellville, VA 20132
540-338-6870

- **Evergreen Mill Elementary**
491 Evergreen Mill Road, SE
Leesburg, VA 20175
703-779-8834
- **Guilford Elementary**
600 West Poplar Avenue
Sterling, VA 20164
703-444-7420
- **Hamilton Elementary**
54 South Kerr Street
Hamilton, VA 20132
540-338-6880
- **Hillsboro Elementary**
37110 Charles Town Pike
Hillsboro, VA 21032
703-771-6730
- **Hillside Elementary**
43000 Ellzey Drive
Ashburn, VA 20148
703-779-8847
- **Horizon Elementary**
45665 Broadmore Drive
Sterling, VA 20165
703-444-7402
- **Leesburg Elementary**
323 Plaza Street, NE
Leesburg, VA 20176
703-771-6720
- **Lincoln Elementary**
18048 Lincoln Road
Purcellville, VA 20132
540-338-6860
- **Little River Elementary**
43464 Hyland Hills Street
South Riding, VA 20152
703-444-8000

- **Lovettsville Elementary**
49 South Loudoun Street
Lovettsville, VA 20180
703-771-6700
- **Lowes Island Elementary**
20755 Whitewater Drive
Sterling, VA 20165
703-444-7532
- **Lucketts Elementary**
14550 James Monroe Highway
Leesburg, VA 20176
703-771-6690
- **Meadowland Elementary**
729 South Sugarland Run Drive
Sterling, VA 20164
703-444-7430
- **Middleburg Elementary**
101 North Madison Street
Middleburg, VA 20118
703-771-6680
- **Mill Run Elementary**
42905 Waxpool Road
Ashburn, VA 20148
703-779-8927
- **Potowmack Elementary**
46465 Esterbrook Circle
Sterling, VA 20165
703-444-7522
- **Rolling Ridge Elementary**
500 East Frederick Drive
Sterling, VA 20164
703-444-7440
- **Round Hill Elementary**
17115 Evening Star Drive
Round Hill, VA 20141
540-338-6830

➤ **Sanders Corner Elementary**

43100 Ashburn Farm Parkway
Ashburn, VA 20147
703-771-6610

➤ **Sterling Elementary**

200 West Church Road
Sterling, VA 20164
703-444-7450

➤ **Sugarland Elementary**

65 Sugarland Run Drive
Sterling, VA 20164
703-444-7460

➤ **Sully Elementary**

300 Circle Drive
Sterling, VA 20164
703-444-7470

➤ **Waterford Elementary**

15513 Loyalty Road
Waterford, VA 20197
703-771-6660

MIDDLE SCHOOLS

➤ **Blue Ridge Middle School**

551 East A Street
Purcellville, VA 20132
540-338-6820

➤ **Eagle Ridge Middle School**

(opening 2001)
703-779-8970

➤ **Farmwell Station Middle School**

44281 Gloucester Parkway
Ashburn, VA 20147
703-771-6491

➤ **Harper Park Middle**

701 Potomac Station Drive, NE
Leesburg, VA 20176
703-779-8860

➤ **J. Lupton Simpson Middle School**

490 Evergreen Mill Road, SE
Leesburg, VA 20175
703-771-6640

➤ **Seneca Ridge Middle School**

98 Seneca Ridge Drive
Sterling, VA 20164
703-444-7480

➤ **Sterling Middle School**

201 West Holly Avenue
Sterling, VA 20164
703-444-7490

HIGH SCHOOLS

➤ **Broad Run High School**

21670 Ashburn Road
Ashburn, VA 20147
703-771-6620

➤ **Loudoun County High School**

415 Dry Mill Road, SW
Leesburg, VA 20175
703-771-6580

➤ **Loudoun Valley High School**

340 North Maple Avenue
Purcellville, VA 20132
540-338-6800

➤ **Park View High School**

400 West Laurel Avenue
Sterling, VA 20164
703-444-7500

➤ **Potomac Falls High School**

46400 Algonkian Parkway
Sterling, VA 20165
703-444-7542

➤ **Stone Bridge High School**

43100 Hay Road
Ashburn, VA 20147
703-779-8900

INSTRUCTIONAL CENTERS

➤ **Charles S. Monroe Technology Center**

715 Children's Center Road, SW
Leesburg, VA 20175
703-771-6560

703-771-6563 (FAX)

Monday through Friday, 8:00 AM to 4:30 PM.

Services Available To:

Anyone who is a junior or senior in one of the six county high schools.

Program Description:

Provides 19 various programs to teach students vocational and/or technical skills.

Cost:

Free for high school students.

Services Provided:

- Three hours per day of instruction by professionals in the following areas: bricklaying, culinary arts, horticulture, practical nursing, cosmetology, carpentry, television production, drafting, auto service technology, electricity, air conditioning, refrigeration and heating, welding, sheet metal, computer systems technology (software), computer systems technology (hardware), computer integrated engineering design, collision repair technology, nail design technology, certified network administrations, and graphic communications.
- An opportunity to learn a skill.
- Transportation to and from the local high schools including the Douglass Community School.
- A career center and trained counselors who help in locating a job.
- An Internship in the spring when qualified trained students may go to work rather than attend courses at the Technology Center.

ADULT EDUCATION

- General Interest night classes.
- English As A Second Language (ESL) for adults.
- GED (General Education Development) preparatory classes.
- Adults are accepted on a space available basis at the cost of \$150 per semester.

➤ **Douglass School**

407 East Market Street
Leesburg, VA 20176
703-771-6550
703-771-6555 (FAX)

Monday through Friday, 8:00 AM to 4:00 PM

Services Available To:

Loudoun County residents.

Program Description:

Various instructional programs are housed at Douglass School. Each of the programs has been designed for a specific target population.

Cost:

No charge.

Services Provided:

- Alternative Education (grades 6 through 12), full day. Designed for students who are in need of a different instructional program. These students have not been meeting with success in the traditional setting and are not eligible for other services. Enrollment is voluntary.
- Early Childhood Special Education (ages 2 through 5), half day. Designed for children with a 25% delay in one or more of the developmental domains (cognition, gross motor, fine motor, speech, language, hearing, vision, social, emotional). A continuum of services provided from home resource to class based. Enrollment voluntary.
- English As A Second Language (ESL)(grades K through 12), half day. For students who do not have functional use of the English language. This is an

English immersion program. Enrollment is expected for identified students.

- Starting Towards Excellence In Pre School (age 4), half day. For children who because of economic reasons may have difficulty during their first year in school. Enrollment is voluntary.
- Thirty-Day Substance Abuse Education Program (grades 6 through 12), full day. Designed for students who violate the Loudoun County Public School drug policy once. Assignment is involuntary.
- Three-Day Insight Class (grades 6 through 12), full day. Provides the student with an opportunity to explore the impact drugs have on their lives. Mandatory for students who violate the alcohol policy and voluntary enrollment for others.

PRIVATE SCHOOLS IN LOUDOUN COUNTY

➤ **Ashburn Children's Center**

(preschool)

20424 Ashburn Village Boulevard
Ashburn, VA 20147

703-729-9100

703-729-9101 (FAX)

www.childplay.com

➤ **Ashburn Village Country Day School**

(preschool)

20108 Ashburn Village Boulevard
Ashburn, VA 20147

703-729-6000

703-728-8848 (FAX)

➤ **A Child's Place Preschool**

Galilee United Methodist Church
Rt. 7 & Broad Run Farm Drive
Sterling, VA 20165

703-430-2203 or 703-430-9180

703-444-2125 (FAX)

➤ **Chesterbrook Academy**

www.nobellearning.com

(GRADES K THROUGH 6)

- 43800 Clemens Terrace
Ashburn, VA 20147

703-858-0434

703-858-2336 (FAX)

CBA805@aol.com (e-mail)

- 20733 Great Falls Plaza
Sterling, VA 20165

703-404-1333

703-404-3949 (FAX)

Chester804@aol.com (e-mail)

- 46386 Logan Way
Sterling, VA 20165

703-444-3131

703-421-7431 (FAX)

valerie.johnson@nlcinc.com (e-mail)

(GRADES 1ST THROUGH 8)

- 46120 Woodshire Drive
Sterling, VA 20164

703-444-6161

703-444-5376 (FAX)

CBA811@aol.com (e-mail)

➤ **Children's World Learning Centers**

www.childrensworld.com

(preschool, before/after school care – ages six weeks to 12 years)

BROADLANDS

43083 Waxpool Road
Ashburn, VA 20147

703-858-4787 (V & FAX – call first)

STERLING PARK

106 Free Court Sterling
Sterling, VA 20164

703-430-7373 (V & FAX – call first)

SUGARLAND RUN

83 Sugarland Run Drive
Sterling, VA 20164
703-430-9494 (V & FAX – call first)

➤ **A Kid's Place, Inc.**

(pre-school and K)
248 Loudoun Street, SW
Leesburg, VA 20175
703-777-9012

➤ **Child Enrichment Center**

(preschool)
835 Lee Avenue, SW
Leesburg, VA 20175
703-777-2292
703-779-2018 (FAX)

➤ **Christian Fellowship School**

(grades K through 6)
21673 Beaumeade Circle
Ashburn, VA 20147
703-729-5968
703-729-6306 (FAX)

➤ **Creative Kids Preschool**

38 Pidgeon Hill Drive
Sterling, VA 20165
703-444-6451

➤ **Dominion Academy**

(grades K through 8)
835 Lee Avenue, SW
Leesburg, VA 20175
703-737-0157
703-779-2018 (FAX)

➤ **Elijah Gate Learning Center**

115 Harrison Street, NE
Leesburg, VA 20176
703-777-1359
703-777-9407 (FAX)
info@elijahgate.org (e-mail)
www.elijahgate.org

➤ **Embassy School**

(pre-school through 2nd grade)
3013 West Ox Road
Herndon, VA 20171
703-476-8667

➤ **Faith Christian School**

(grades pre-K through 11)
21393 Potomac View Road, Suite 100
Sterling, VA 20164
703-430-0499
703-430-4235 (FAX)
info@fbcsterling.org (e-mail)
www.fbcsterling.org

➤ **Flint Ridge Child Development Center**

(preschool through grade 5)
6 Cardinal Park Drive, SE
Leesburg, VA 20175
703-777-7744
703-777-7318 (FAX)

➤ **Foxcroft School**

(grades 9 through 12)
Route 626, P.O. Box 5555
Middleburg, VA 20118
540-687-5555
540-687-3675 (FAX)
www.foxcroft.org

➤ **Harmony Methodist Church Preschool**

380 East Colonial Highway
Hamilton, VA 20158
540-338-2937
540-338-2938 (FAX)
Harmonyva@aol.com (e-mail)

➤ **Hill School of Middleburg, The**

(grades K through 8)
130 South Madison Street
Middleburg, VA 20118
540-687-5897
540-687-3132 (FAX)

(continued)

Hillschl@erols.com (e-mail)

www.thehillschool.org

➤ **Hillsboro Preschool**

Loudoun Valley Church of Nazarene

P.O. Box 32055

Hillsboro, VA 20134

540-668-6357 (V & FAX – call before faxing)

LVCNoffice@aol.com (e-mail)

➤ **Hope Preschool**

Ashburn United Methodist Church

43454 Crossroads Drive

Ashburn, VA 20147

703-729-4673

www.ashburnumc.org

➤ **Kids Under Construction Preschool**

304 East Church Road

Sterling, VA 20164

703-430-0088

➤ **Leesburg Christian School**

(grades pre-school through 12)

21336 Evergreen Mills Road

Leesburg, VA 20175

703-777-4220

703-771-1626 (FAX)

➤ **Leesburg Presbyterian Church Preschool**

207 West Market Street

Leesburg, VA 20176

703-771-1461

➤ **Leesburg United Methodist Preschool**

107 West Market Street

Leesburg, VA 20176

703-777-9859

➤ **Loudoun Christian School**

(grades pre-K through 2, before and after school care)

20747 Lowes Island

Sterling, VA 20165

703-430-9130

➤ **Loudoun Country Day School**

(grades pre-K through 8)

237 Fairview Street, NW

Leesburg, VA 20176

703-777-3841

703-771-1346 (FAX)

www.LCDS.org

➤ **Montessori Children's House**

(2 years to 6 years)

880 Church Road

Sterling, VA 20167

703-421-1112

703-421-9356 (FAX)

MCHL@erols.com (e-mail)

➤ **Montessori School of Leesburg**

(2 1/2 years to 8 years)

166 Ft. Evans Road, NE

Leesburg, VA 20176

703-779-7791

703-779-3711 (FAX)

➤ **Montessori School of Middleburg**

(preschool)

35330 Notre Dame Lane

Middleburg, VA 20117

540-687-5210

➤ **Mother's Day Out**

(preschool)

Sterling Park Baptist Church

501 West York Road

Sterling, VA 20164

703-430-6159

➤ **Munger Academy**

(preschool and grades K through 4)

624 West Church Road

Sterling, VA 20164

703-430-2781

703-430-5740 (FAX)

www.mungeracademy.com

- **Notre Dame Academy**
(grades 9 through 12)
35321 Notre Dame Lane
Middleburg, VA 20117
540-687-5581
540-687-3103 (FAX)
www.NDA@mnsinc.com
- **Piedmont Child Development Center**
(preschool)
9121 John Mosby Highway
Upperville, VA 20185
540-592-3908
540-592-3174 (FAX)
- **The Ark Academy**
(preschool and grades K through 2)
21370 Potomac View Road
Sterling, VA 21064
703-450-5196
703-430-2989 (FAX)
- **St. James Preschool**
14 Cornwall Street, NW
Leesburg, VA 20176
703-777-8439
- **St. John's Catholic Preschool**
101 Oakcrest Manor Drive, NE
Leesburg, VA 20176
703-777-1317
703-771-9016 (FAX)
saintjohn@anent.com (e-mail)
- **South Riding Children's Center**
(preschool)
25400 South Riding Boulevard
South Riding, VA 20152
703-327-6618
703-327-3548 (FAX)
www.childplay.com
- **Village Green Day School**
(preschool and K)
47728 Saulty Drive
Sterling, VA 20165
703-404-4200
- **Winnie-The Pooh Preschool**
Mt. Hope Baptist Church
42507 Mt. Hope Road
P.O. Box 387
Ashburn, VA 20146
703-724-0496
wtpschool@aol.com (e-mail)
- **Winwood Children's Center**
43246 Hay Road
Ashburn, VA 20147
703-729-2900
703-723-0645 (FAX)
winkids@winwood.com (e-mail)
www.winwood.com
- **Wonders of Wisdom - Sterling**
(preschool)
20890 Pidgeon Hill Drive
Sterling, VA 20165
703-450-8687
703-450-0972 (FAX)
- **Loudoun County Senior Center
at Cascades Marketplace**
See page #113.

➤ **Loudoun Literacy Council**

P.O. Box 1932
Leesburg, VA 20177
703-777-2205
703-777-7260 (FAX)

Monday through Friday, 9:00 AM to 5:00 PM.

Services Available To:

All adults in Loudoun County, 18 years old or head of household.

Program Description:

A volunteer, non-profit agency helping adults reach their educational goals.

Cost:

Free.

Services Provided:

- Tutors by arrangement.
- Basic reading and writing.
- English As A Second Language. (ESL).
- GED (General Education Development) preparation.
- Computer literacy.
- Claude Moore Center For Family Literacy
(see page #35).

➤ **Loudoun Museum**

14-16 Loudoun Street, SW
Leesburg, VA 20175
703-777-7427
703-737-3861 (FAX)

Monday through Saturday, 10:00 AM to 5:00 PM.

Sunday 1:00 PM to 5:00 PM.

Closed: Thanksgiving, Christmas Eve and Christmas,
and New Year's day. Times for special activities
announced.

Services Available To:

Everyone.

Program Description:

A historic resource facility providing exhibits and research materials of Loudoun County and related activities including living history events and guided tours.

Cost:

\$1 for adults and 50¢ for children. A small contribution is asked for school programs and lectures. Moderate fees are charged for some workshops and for all bus trips, based on overhead expenses.

Services Provided:

- Permanent and changing exhibits of local artifacts depicting Loudoun County history. Exhibits include some hands-on items.
- Educational programs for schools and youth-related organizations. Programs are offered at the museum or school site based on staff or volunteer availability.
- Small research library on Loudoun history, and reference guides on preservation techniques available for on-site research.
- Lectures.
- Bus trips to area historic sites and museums.
- Workshops and demonstrations.
- Volunteer opportunities for children: students age 12 and older are considered for volunteer jobs for museum guides, light office work, some aspects of exhibit work and some collections documentation.

➤ **Loudoun Volunteer Financial Council, Inc.**

Virginia Cooperative Extension, Loudoun Office
30-B Catoctin Circle, SE
Leesburg, VA 20175
703-777-0373
703-771-5844 (FAX)

Services Available To:

Families and individuals who reside or work in Loudoun County.

Program Description:

The Loudoun Volunteer Financial Council provides education in personal finances with the objective of helping families obtain financial stability.

Services Provided:

- One-on-one counseling with a volunteer financial counselor.
- Educational community workshops on topics such as Cash Management Systems, Developing A Spending Plan, Setting Financial Goals, Credit Repair, and Debt Reduction.
- That Makes Cents newsletter containing timely financial topics and useful information is provided for participants in counseling and workshops.

➤ **National League of Junior Cotillions**

P.O. Box 3529
Warrenton, VA 20188
540-349-1478 (V & FAX)
ely5@erols.com (e-mail)

Runs concurrently with the school year, September through March. Five classes on one Saturday a month and two Balls Spring and Christmas for Junior Cotillions.

Services Available To:

Kindergarten through 8th grade youth.

Program Description:

Teaches etiquette, builds self-confidence, character and helps set boundaries of behavior. Also develops and teaches social dancing skills.

Cost:

Junior Cotillions: 2 year program: \$230 for the first year; \$260 for second year which includes a 5 course instructional dinner.

Services Provided:

- Pre-cotillions: Age appropriate instruction includes basic manners in the home, appearances, introductions, sports manners, basic table manners, birthday party etiquette, making and keeping friends, writing correspondence, school manners, fast food and restaurant etiquette, building character, r.s.v.p.'s, telephone etiquette, manners in public places, basic line dance steps.
- Junior cotillions: Everyday manners– first impressions, introductions, greeting and shaking hands, paying and receiving compliments, correspondence, telephone manners, family dining, table manners, polite conversation, when to rise, doors and coats, sports etiquette. Formal manners –instructional dinners, formal dining, party courtesies, hosting a party, receiving lines, eating unusual foods, Character education – honesty, integrity, promise keeping, fidelity, caring, respect, citizenship, excellence, accountability, handling peer pressure. Dance – music appreciation, teamwork, timing, coordination, basic steps for the Waltz, Fox Trot, Cha Cha Cha, Shag/Swing, Rumba and Tango.

➤ **Naturalist Center, The**

(of the Smithsonian Institution's National Museum of Natural History)
741 Miller Drive, SE
Suite G-2
Leesburg, VA 20175
703-779-9712
703-779-9715 (FAX)

Tuesday through Saturday, 10:30 AM to 4:00 PM.
Closed Sunday, Monday and federal holidays.

(continued)

Services Available To:

The Center's main study gallery is open to visitors 10 years of age and older. A smaller exhibit with some hands-on activities is available where families with younger children can wait while older family members use the main study gallery.

Program Description:

Visitors can examine collections of objects such as plants, fossils, vertebrates and invertebrates, rocks and minerals, insects as well as anthropological artifacts; use a wide range of scientific equipment; and browse through books and references. It is designed especially for students, collectors, teachers, artists and others who have a serious interest in natural history.

Cost:

Free

Services Provided:

- Over 30,000 objects available for close-up, hands-on study.
- Non-circulating reference library of over 2,500 volumes.
- Microscopes, balances, measuring tools, audiovisual equipment and more are available.
- Microscope with a camera lucida, a petrographic microscope, and osteometric tools are also available for use under the guidance of Center staff.
- Knowledgeable staff.

➤ **Northern Virginia Family Services (Youth Programs)**

See page #20.

➤ **Parent Information Education (PIE)**

See Loudoun County Mental Retardation Services on page #82.

➤ **Parent Resource Center**

Loudoun County Public Schools
(located at Balls Bluff Elementary School)
821 Battlefield Parkway, NE
Leesburg, VA 20176

703-771-6765

703-779-8804 (FAX)

Monday through Thursday, 9:00 AM to 3:00 PM –
other hours by appointment. September through June.
Services Available To: Families of school age children.

Program Description:

The Parent Resource Center is a place where parents and professionals can come to learn about different disabilities, the special education process and resources available to special needs students and their families or families whose children are experiencing learning difficulties.

Cost:

Free.

Services Provided:

- The Center promotes a working relationship between parents, educators and the community.
- Parent training promoting an understanding of the special education process in Loudoun schools.
- Information and consultations with parent to provide direction related to educational issues and community services.
- Emotional support through parent to parent sharing and support groups.
- Lending library of current educational resources.

➤ **Positive Experiences in Educational Relationships (PEER)**

See page #100.

➤ **Prevention and Community
Education Services, Loudoun
County Mental Health Services**

See page #101.

➤ **S.T.A.M.P. (Senior Training
and Mentor Program)**

See Loudoun County Housing Services on page #128.

➤ **Starting Towards Excellence In
Preschool (STEP)**

Loudoun County Public Schools
102 North Street, NW
Leesburg, VA 20176
703-771-6444
703-771-5238 (FAX)

Monday through Friday, 3 hour sessions.

Services Available To:

Children who are four-year old by September 30 of every year and who are eligible to qualify for the free and reduced lunch program offered by Loudoun County Public Schools.

Program Description:

This program is designed to meet the social and developmental needs of children before they enter kindergarten.

Cost:

Free

Services Provided:

- Transportation by the school system.
- Snack.
- Certified education staff.

➤ **Thomas Balch Library**

208 West Market Street
Leesburg, VA 20176
703-737-7195

A special library for local history and genealogy. Open to the public and operated by the Town of Leesburg.

➤ **Women's Resource Center**

See page #23.

➤ **Young Adults Project**

See page #85.

employment



➤ **Department of Rehabilitative Services**

9309 Center Street
Suite 304
Manassas, VA 22110
703-335-5550

1-800-552-5019 (for services in your area)

Monday through Friday, 8:15 AM to 5:00 PM.

Services Available To:

Anyone 16 years old and older who has a physical, mental or emotional disability.

Program Description:

Through the provision of comprehensive rehabilitative services, individuals are appropriately prepared and trained for suitable jobs and placed in gainful employment.

Cost:

There is no fee for applying to DRS for services. Persons may be asked to contribute to the cost of certain services, depending on their financial status.

Services Provided:

- A physical and/or psychological examination to determine the extent of disability and the potential for improvement.
- A vocational evaluation to identify skills and abilities for an appropriate occupation to ensure a person reaches his/her maximum potential.
- Guidance and counseling to assist an individual in achieving reasonable expectations.
- Physical and mental restoration services such as medical, surgical and hospital care.
- Vocational training to provide the knowledge and skills necessary for appropriate employment, as well as work adjustment training as needed.
- Maintenance and transportation if necessary while an individual is in training.
- Interpreter and note-taking services for the deaf.
- Telecommunications, sensory and other technological aids and devices.

- Occupational licenses, tools, equipment, stocks and supplies.
- Supported employment services to assist in job placement, job site training, and follow through.
- Other goods and services necessary toward obtaining employment.
- Job placement services to assist an individual in securing suitable employment.
- Job follow-up services to assure that predetermined objectives have been satisfactorily achieved.

➤ **Every Citizen Has Opportunities, Inc. (ECHO)**

P.O. Box 2277
Leesburg, VA 20177
703-779-2100
703-779-2708 (FAX)

Monday through Friday, 8:30 AM to 5:00 PM (office hours); 9:00 AM to 4:00 PM (service hours).

Services Available To:

Persons with severe disabilities 18 years and older.

Program Description:

Vocational and day support services provided within the community.

Cost:

Local, state and federal funding available.

Services Provided:

- Vocational evaluation and training.
- Placement in enclaves in the community.
- Transportation to the ECHO facility minimal fee.
- Coordination with other agencies to insure supplemental services, such as case management, DRS, Social Services, etc.
- Training in interpersonal, functional and social skills.
- Paid training and employment.

➤ **Human Resources Division,
Loudoun County Department of
Management Services**

1 Harrison Street, SE, 4th Floor

P.O. Box 7000

Leesburg, VA 20177

703-777-0213

703-777-0536 (24-hour job information line)

703-777-0107 (TDD for hearing impaired)

703-771-5525 (FAX)

Monday through Friday, 8:30 AM to 5:00 PM.

Services Available To:

Loudoun County residents.

Cost:

Free.

Program Description:

The Human Resources Division is available to assist County residents with getting jobs in the Loudoun County government.

Services Provided:

- Places announcements of available County jobs in local newspapers.
- Recruits and assists in selection of County employees.

➤ **JOBLINK**

See Loudoun County Mental Retardation Services, page #82.

➤ **Northern Virginia Family
Services (Employment Services)**

71 Lawson Road, SE

P.O. Box 2277

Leesburg, VA 20177

703-771-2595

Monday through Friday, 9:00 AM to 5:00 PM.

Services Available To:

Adults age 18 or over; income eligibility.

Program Description:

Employment training program, office skills.

Cost:

No charge.

Services Provided:

- 16-week training program
- Internships
- Mentoring

➤ **Refugee Resettlement Program,
Virginia Council of Churches**

8800 Sudley Road

Manassas, VA 20110

703-369-6101

703-335-6782 (FAX)

vccrrpmans@aol.com (e-mail)

Monday through Friday, 9:00 AM to 5:00 PM. Later appointments available with advance notification.

Services Available To:

Refugees 16 years and older who have been in the U.S. less than two years.

Program Description:

Provides ESL (English As A Second Language), employment and support services.

Cost:

Free.

Services Provided:

- Tutoring, one-to-one.
- Employment search and assistance in solving basic problems associated with resettlement in Loudoun County.
- Sponsorship program.

- Youth employment assistance.
- Unemployment insurance benefits.
- Monthly calendar of events includes timing of workshops, typing tests, partnership availability for the Workforce Investment Act.
- Professional Resource Center.

➤ **Virginia Employment Commission**

13135 Lee Jackson Highway, Suite 340
Fairfax, VA 22033
703-803-0000
703-803-0042 (FAX)

Monday, Tuesday, Thursday and Friday: 8:30 AM to 4:30 PM; Wednesday: 9:00 AM to 4:30 PM. Every Thursday, a representative from the Virginia Employment Commission is at the office of the Loudoun County Department of Social Services (DSS), 102 Heritage Way, NE, Leesburg, VA, 22075. DSS phone number: 703-777-0353.

Services Available To:

Anyone.

Program Description:

Provides full range of services to job seekers and employers who need to recruit qualified applicants.

Cost:

Free.

Services Provided:**IN THE FAIRFAX OFFICE ONLY**

- Referral to job openings in public and private sector throughout the state and across the nation.
- Employment counseling.
- Seminars/workshops to prepare for job search.
- Typing tests.
- Trade Act assistance.
- Labor market information.
- Federal contractor job listings.
- Special help for companies and persons due to layoffs.

➤ **Workforce Resource Center**

Loudoun County Department of Social Services
102 Heritage Way, NE, Suite 200
Leesburg, VA 20176
703-777-0353
703-771-5214 (FAX)

Monday through Friday, 9:00 AM to 4:30 PM.

Services Available To:

Loudoun County community.

Program Description:

To assist people with job searches by providing want ads, job announcements and equipment necessary to conduct a job search.

Cost:

Free.

Services Provided:

- Local job leads.
- Internet service.
- Newspaper for Northern Virginia area.
- Telephones for calling employers.
- Fax and copy machines for job search.
- Computers for word processing.
- Resume resource materials.
- VCR for viewing employment related videos.

Health care



➤ **Adult Dental Clinic**

See page #73.

➤ **Al-Anon/Alateen Service Center of Northern Virginia**

See page #135.

➤ **Alzheimer's Association – Northern Virginia Chapter**

See page #135.

➤ **American Cancer Society**

See page #135.

➤ **American Red Cross**

See page #73.

➤ **Arthritis Foundation**

See page #136.

➤ **Birthright of Loudoun County, Inc.**

18 Loudoun Street, SE

Leesburg, VA 20175

703-777-7272

1-800-550-4900

703-777-5810 (FAX)

Monday through Friday, 9:30 AM to 12:30 PM; Tuesday evenings, 7:00 PM to 8:30 PM and by appointment.

Services Available To:

Anyone who is pregnant.

Program Description:

Emergency pregnancy assistance services.

Cost:

Free.

Services Provided:

- Confidential assistance, referrals and friendship.
- Pregnancy testing and medical exam referrals.
- Information on child development and child care.
- Maternity clothes and baby clothes through size 2.

➤ **Blue Ridge Speech and Hearing Center, Inc.**

602 South King Street, Suite #102

Leesburg, VA 20175

703-777-5050 (V/TTY)

703-777-4123 (FAX)

brshcenter@aol.com (e-mail)

www.speech.hearing.org

Monday through Friday, 8:30 AM to 5:30 PM.

Tuesday, 8:30 AM to 7:00 PM.

Services Available To:

Anyone

Program Description:

Provides you with an evaluation, therapy or rehabilitation if you have a speech, language or hearing problem.

Cost:

Fees are charged for the services provided and can be adjusted based on ability to pay.

Services Provided:

- Hearing, speech and language evaluation.
- Accent reduction.
- Speech therapy.
- Assistive hearing devices.
- Hearing aid evaluations, fittings and sales.
- Hearing protection services.
- Counseling for coping with hearing deficits.
- Public speaking (services, education and awareness).
- Otoacoustic emissions testing.

➤ **Center for Sickle Cell Disease**

Howard University Center for Sickle Cell Disease
2121 Georgia Avenue, NW
Washington, DC 20059
202-806-7930
202-806-4517 (FAX)

The Center offers education and information about sickle cell disease, provides research on Sickle Cell Anemia and offers screening, counseling and patient care.

➤ **Diabetes Management Program**

See Loudoun Hospital Center, page #136.

➤ **Expectant Family Series**

See Loudoun Healthcare, page #66.

➤ **Feingold Association of the United States**

P.O. Box 6550
Alexandria, VA 22306
703-768-3287
1-800-321-3287
www.adhd-diet.com

24 hours a day.

Services Available To:

Everyone.

Program Description:

Assists children who have hyperactivity, short attention span, headaches, or frequent ear infections and attention deficit disorder.

Cost:

Membership fee and educational materials are \$69 plus handling and shipping.

Services Provided:

- Helps implement a dietary management program that eliminates certain artificial colors, flavors and preservatives from the diet in an effort to improve health, behavior, and learning.

➤ **Hemophilia Association of the Capital Area**

See page #138.

➤ **Heritage Hall Nursing and Rehabilitation Center**

122 Morven Park Road, NW
Leesburg, VA 20176
703-777-8700
703-777-8704 (resident line)
703-777-1532 (FAX)

24 hours a day, 7 days a week.

Services Available To:

Anyone needing nursing home placement or short term rehabilitation.

Program Description:

24-hour nursing care, Medicare and Medicaid certified.

Cost:

Varies. Insurance may cover many services.

Services Provided:

- 24-hour skilled and personal nursing care.
Complete rehabilitation program: physical, occupational, speech and respiratory.
- IV therapy.
 - Wound and skin care.
 - Secure Alzheimer's unit.
 - Private and semi-private accommodations.

➤ **Hospice of Northern Virginia**

209 Gibson Street, NW
Suite 202
Leesburg, VA 20176
703-777-7866
703-771-8904 (FAX)

Monday through Friday, 8:30 AM to 5:00 PM.

Services Available To:

Everyone, without regard to ability to pay.

Program Description:

A non-profit hospital, home care agency and hospice, Medicare certified, JCAHO accredited, to serve patients with a limited life expectancy and their loved ones.

Cost:

Covered by most insurance plans.

Services Provided:

- Provides medical and nursing care; emotional and spiritual support to patients and their families.
- Staff includes physicians, RNs, social workers, chaplains, dietitian, home health aides, physical, occupational, speech and art therapists (for children) and volunteers.

➤ **Huntington's Disease Society of America**

See page #139.

➤ **INOVA Juniper Program, HIV Clinical and Education Services**

See page #38.

➤ **Inova VNA Home Health**

8003 Forbes Place
Springfield, VA 22151

703-321-6000

703-321-9168 (FAX)

24 hours a day, 7 days a week.

Services Available To:

Residents of Arlington, Falls Church, Fairfax, Alexandria, Prince William, Loudoun and Stafford counties; DC and Maryland (limited service area).

Program Description:

A private not-for-profit agency providing a full range of

in-home nursing, rehab (physical, occupational/ speech therapy), social work and home health aide services.

Cost:

Medicare and Medicaid certified. Contracts with many insurance plans. Fees vary according to services provided.

Services Provided:

- Nursing.
- Physical, occupational and speech therapy.
- Living With AIDS program.
- End of Life Care.
- Pediatric services.
- Psychiatric/mental health nursing.

➤ **Intergroup of Northern Virginia**

See page #139.

➤ **Jeremiah House**

P. O. Box 177

Paeonian Springs, VA 20129

540-338-2676 or 703-581-1550

540-338-2404 (FAX)

We answer the phone whenever it rings – we are available. Shelter, 24 hours

Services Available To:

Pregnant women in danger of abortion.

Program Description:

Provides housing and counseling during pregnancy and up to 4 months after birth of child.

Cost:

- Free to residents. Services Provided:
- Food, clothing and shelter.
- Personal counseling and decision making education.
- Child birth and life skills education.
- Adoption referral.

➤ **Life Line**

15-B Catoctin Circle, SE, Suite 207
Leesburg, VA 20175
703-771-3030
703-771-3989 (FAX)
www.pregnancylifeline.org

Monday, Tuesday and Thursday, noon to 6:00 PM;
Saturday, 10:00 AM to 12:00 noon.

Services Available To:

Everyone.

Program Description:

A pregnancy care center for women and their unborn children.

Cost:

Free.

Services Provided:

- Free pregnancy testing.
- Supportive counseling in a confidential setting.
- Pregnancy options education.
- Practical care (maternity and baby items).
- Post-abortion counseling.
- Earn while you learn program. Come in and watch videos or attend counseling sessions on baby care/pregnancy/car seat safety, etc. and earn "Mommy Dollars" to spend on baby items and maternity wear in our store.

➤ **Lions Club**

Chapters in Loudoun County are located in the towns of Leesburg, Lovettsville, Purcellville and Sterling.

Services Available To:

Qualified applicants.

Program Description:

Provides funding for eye exams and/or eye glasses for people who can't afford the cost of these services. Person requesting service must go to the Loudoun County Public Health Department and fill out the

necessary qualifying forms. Upon acceptance, vouchers to cover the cost of services will be provided.

Cost:

Free.

Services Provided:

- Eye exams.
- Eye glasses.

➤ **Loudoun Cancer Care Center**

14 Pidgeon Hill Drive, Suite 130
Sterling, VA 20165

703-444-4460

703-444-4461 (emergencies)

703-858-6800 (after-hour emergencies)

703-444-3019 (chemo staff)

703-444-9326 (FAX – chemo)

703-444-4468 (FAX – radiation)

Monday through Friday, 8:00 AM to 4:30 PM.

Services Available To:

Anyone.

Program Description:

An affiliate of Loudoun Hospital Center providing full service to cancer patients.

Cost:

Insurance covers many services.

Services Provided:

- Radiation therapy.
- Infusion therapy.
- Combined modality treatment.
- Social worker.
- Community education programs.
- Total support for the cancer patient.
- Support groups for patients and families.

➤ **Loudoun County Area Agency on Aging (AAA)**

102 Heritage Way, NE, Suite 102
P.O. Box 7000
Leesburg, VA 20177
703-777-0257 (V/TTY)
703-771-5161 (FAX)

Monday through Friday, 8:30 am to 5:00 pm

Services Available To:

Loudoun senior citizens, their families and caregivers. AAA operates as a division of the Department of Parks, Recreation and Community Services. AAA is your link to information, assistance, activities and services for senior citizens

Program Description:

AAA offers programs to help senior citizens and their families make choices that maintain independence and enhance quality of life. AAA strives to ensure that needed services are available and accessible to those who seek them.

Services Provided:

- Senior C.A.F.E.s: lunch, social and wellness activities each weekday. Transportation available.
- Home delivered meals: lunches delivered to homebound seniors weekdays. Non-perishable meals available for weekends. Frozen meals available for seniors outside the delivery area.
- Elder Choices: a self-help service offering information, referral and care planning to seniors and their families. A Home Care Aide-Registry is available.
- The Respite Center: licensed adult day care center for seniors with memory loss or other disabilities. Limited transportation.
- Senior Opportunities: volunteer opportunities for persons age 55 and older, health insurance counseling, income tax assistance, and senior employment information.
- Transportation Information: referrals for special transportation needs.

- Publications and Education: Golden Grapevine, Senior Discount Directory, speakers on topics of interest to senior citizens, their families and the community, video and print library.
- Senior Leisure Programs: recreational, educational and cultural activities throughout the County for individuals age 55 and older. Day and overnight trips are also offered.
- Elder Legal Services: Call 703-777-7450.
- Long Term Care Ombudsman: Complaint resolution and information for persons receiving residential or in-home care. Call 703-324-5422.
- Loudoun County Senior Center at Cascades Marketplace: The Senior Center offers daily classes, programs, activities and a noon meal for seniors 55 and over. Call for schedules.

➤ **Loudoun County Public Health Department**

HEADQUARTERS:

1 Harrison Street, SE
P.O. Box 7000
Leesburg, VA 20177
703-777-0234
703-771-5393 (FAX)

Monday through Friday, 8:30 AM to 5:00 PM.

COMMUNITY HEALTH CENTER

(all direct health care services are located in the Shenandoah Building).
102 Heritage Way, NE
Leesburg, VA 20176
703-777-0234

Monday, Wednesday, Thursday and Friday, 8:30 AM to 5:00 PM; Tuesday, 11:00 AM to 7:00 PM.

(continued)

Services Available To:

Loudoun County residents.

Program Description:

Provide you with preventive health services.

Cost:

Varies by service.

Services Provided:**HEADQUARTERS:**

- Management of birth and death records.

COMMUNITY HEALTH CENTER

- Immunizations.
- Blood pressure,
- HIV (AIDS) and tuberculosis testing.
- Nutritional education and counseling (WIC).
- Health education and counseling.
- Pediatric/well child care.
- Dental education, restorative and emergency services.
- Sexually transmitted disease testing and treatment.
- Family planning.
- Prenatal and postnatal care.
- Communicable disease control and investigations.

➤ Loudoun County Respite Center

See page #27.

➤ Loudoun County Volunteer Fire and Rescue System

Dial 911 for emergencies (24 hour).

Services Available To:

Loudoun County citizens and visitors.

Program Description:

Provides emergency fire suppression and pre-hospital basic/advanced life support medical care to the community.

Cost:

Free. The volunteer fire and rescue companies depend greatly on citizen donations for ongoing operational

expenses and to purchase vehicles, equipment and supplies.

Services Provided:

- The volunteer fire and rescue companies are independent organizations with their own by-laws, policies and procedures and depend on volunteer membership. Membership consists of ages 15 and older.
- The volunteer fire and rescue companies provide other services such as first aid and CPR courses, public education, fire safety inspections, blood pressure checks, room rentals and a host of other various activities to the community. For a complete listing of fire and rescue companies, see #150, Transportation And Other Services Section.
- Volunteers are needed and welcome. Volunteers are needed to assist in maintaining the volunteer fire and rescue system in Loudoun County, which saves the citizens of Loudoun County millions of tax dollars. For more information on becoming a volunteer, call your local fire and/or rescue company or the Loudoun County Department of Fire and Rescue Services at 703-777-0333. Call today and learn about the benefits you will receive as a volunteer.

➤ Loudoun Healthcare, Inc.

(Loudoun Hospital Center)
44045 Riverside Parkway
Leesburg, VA 20176
703-858-6000

24 hours a day, 7 days a week.

Services Available To:

Anyone.

Program Description:

A progressive, not-for-profit community health care system, featuring a new state-of-the-art acute care hospital.

Cost:

Standard charges, most insurance plans accepted.

Services Provided:

- A full range of medical services offered, including acute care hospitalization; emergency services; surgery; cardiopulmonary; cancer treatment; diagnostic; laboratory; pharmacy; rehabilitation including aquatic therapy and pediatric rehabilitation; outpatient surgery; urology; maternal and child health including neonatal and pediatrics, Expectant Family Series; long term care and mental health and counseling services.
- Business Health Services works with Loudoun business community to assist in controlling health care costs.
- Loudoun Long Term Care Center offers creative resident care and services.
- Loudoun Cancer Care Center offers comprehensive cancer treatment in Countryside. See page #64.
- Country Side Ambulatory Surgery Center offers outpatient surgery.
- Sterling/Dulles Imaging and MRI Center offers complete diagnostic facilities in Country Side.

➤ **Loudoun Hospital Health Resource Center**

224 Cornwall Street
Leesburg, VA 20176

703-771-2980

1-888-LHI-VIPS (1-888-544-8477)

703-779-4040 (FAX)

7 days a week, 24 hours a day.

Services Available To:

General public and Loudoun County community.

Cost:

Free.

Services Provided:

- 24 hours per day to speak to a registered nurse or trained professional about your health concerns. We're in when your doctor is out! The nurses follow guidelines approved by the Loudoun Hospital medical staff.
- Centralized class registration for Hospital programs and community health education programs and events. We can tell you about all the hospital programs, services, support groups and sign you up for: Homecoming, expectant family classes (childbirth prep or refresher, infant or pediatric CPR, breast feeding, newborn care, and sibling classes), CPR, first aid, safe sitter, health fairs and screenings and special events.

➤ **Loudoun Therapeutic Riding Foundation, Inc.**

at Morven Park International Equestrian Center
41793 Tutt Lane

Leesburg, VA 20176

703-771-2689

703-771-9653 (FAX)

www.cadcol.com/equitherapy

ltrf@195.com (e-mail)

Monday through Friday. Hours vary.

Services Available To:

Anyone with a disability. Medical doctor referral required.

Program Description:

Lessons provided weekly in spring, summer and fall sessions.

Cost:

\$200 per session to cover insurance costs.

(continued)

Services Provided:

- NARHA Certified riding instructors.
- Schooled/trained ponies.
- Individual and group lessons.
- As many as 3 volunteers per rider available.
- Games and therapy on horseback.
- Develops flexibility, coordination, self-esteem, strength and attention span.

➤ Loudoun Volunteer Caregivers

14 Cornwall Street, NW
Leesburg, VA 20176
703-779-8617

703-779-8616 (FAX)

brlvcg@aol.com

Monday through Friday, 9:00 AM to 4:00 PM.

Services Available To:

Loudoun County residents who are 18 or older.

Program Description:

Coordinate volunteers from area churches and service organizations to assist people with their care-giving needs.

Cost:

Free.

Services Provided:

- Grocery shopping.
- Assisted transportation.
- Household chores.
- Visiting.
- Telephone reassurance.
- Meal preparation.
- Respite sitting.
- Volunteers are needed and welcome. Please call for additional information.

➤ Lupus Foundation of Greater Washington

See page #140.

➤ Medics USA Urgent Care Center

17336 Pickwick Drive
Purcellville, VA 20132

540-338-3360

540-338-1975 (FAX)

Monday through Friday, 11:00 AM to
7:00 PM; Saturday, 9:00 AM to 4:00 PM.

Services Available To:

Everyone.

Program Description:

For individuals seeking medical assistance for minor injuries or illnesses.

Cost:

Accept most major insurances.

Services: Provided:

- Treatment of general illnesses.
- Treatment of minor injuries.
- Preventative services.
- Workers' compensation treatment.
- Lab services.
- School and sport physicals.
- Allergy treatments.
- Mole removal.
- Urine drug screens.

➤ Multiple Sclerosis Support Group

See page #141

➤ **NAMI Loudoun, VA**

See page #141.

➤ **Narcotics Anonymous**

See page #142.

➤ **National Parkinson Foundation,
Capitol Chapter of The**

See page #142.

➤ **Northern Virginia AIDS Ministry**

See page #143.

➤ **Northern Virginia Regional
Sickle Cell Center**

3300 Gallows Road
Falls Church, VA 22042
703-208-2004
703-208-2024 (FAX)
www.inova.com

Monday through Friday, 8:00 AM to 4:30 PM.

Services Available To:

Families with children from birth to 18 years old with sickle cell disease.

Program Description:

NVSCC has a dual purpose: to increase medical support services for children from birth to 18 years of age with sickle cell disease in the Northern Virginia area; and, to provide medical education to health care professionals, teachers, and community leaders.

Cost:

Free.

Services Provided:

- Coordinated care.
- Educational programs for parents and for older children affected with sickle cell disease.
- Community awareness programs.
- Medical support services.

➤ **Planned Parenthood**

370 South Washington Street
3rd Floor
Falls Church, VA 22046
703-533-5651
703-533-2064 (FAX)

CLINIC HOURS:

Monday and Friday, 9:00 AM to 4:30 PM;
Tuesday & Thursday, 9:00 AM to 3:30 PM;
Saturday, 9:00 AM to 3:00 PM.

Services Available To:

Anyone.

Program Description:

Provides family planning services.

Cost:

Fees are set on a sliding fee scale, payment is expected at the time services are rendered.

A complete exam ranges from \$81 to \$115. Virginia Medicaid participants accepted.

Services Provided:

- Preventive Health Care: annual exams, Pap tests, HIV testing and counseling, STD screening and treatment and hormone replacement therapy.
- Birth control: the Pill, Depo-Provera, Norplant, IUD, diaphragm, condom, natural family planning and emergency contraception.
- Pregnancy related services: pregnancy options counseling, pregnancy testing, abortion, referrals and emergency contraception. Hablamos Espanol. We speak Spanish.

➤ **SIDS (Sudden Infant Death Syndrome) Alliance**

See page #144.

➤ **Substance Abuse Treatment Program, Loudoun County Mental Health Services**

MENTAL HEALTH CENTER LOCATIONS:

102 Heritage Way, Suite 302
Leesburg, VA 20176
703-771-5100
703-777-0170 (FAX)

45299 Research Place
Ashburn, VA 20147
703-729-1970
703-729-1978 (FAX)

Monday through Friday, 8:30 AM to 5:00 PM.
Evening appointments available.

Services Available To:

Substance abusing and/or addicted children, adolescents and adults and their effected family members who reside in Loudoun County. Intensive out patient services for adolescents and adults; supported living services for adults.

Program Description:

The program focuses on the disease concept of addiction and supports the philosophy of family recovery.

Cost:

Fees are based on a sliding fee scale. County residents will not be refused service due to inability to pay.

Services Provided:

- Assessment.
- Referral.
- Case management.
- Psychiatric and psychotherapy services.

➤ **Whitman-Walker Clinic**

(main site in Washington, D.C.)
5232 Lee Highway
Arlington, VA 22207
703-237-4900

703-237-5757 (FAX)
wwcnova@wwc.org (e-mail)
www.wwc.org

Monday through Friday, 9:00 AM to 5:00 PM.

Services Available To:

Anyone who has tested positive with HIV.

Program Description:

Local area clinics in Arlington, DC, and suburban Maryland for gay and lesbian and HIV positive people.

Cost:

Most services are free. Mental health services are based on a sliding-fee scale.

Services Available:

- Case management.
- Legal services.
- Mental health services.
- Education and prevention programs.
- Housing.
- Support groups, both youth and adult (not all groups are HIV related).
- Body Works Program (massage).
- Volunteer department.
- Outpatient medical care two-times per week.
- SMILE (sexual minority youth assistance league) support group for youth. Can come ask questions about pertinent issues.
- Home health parties.
- Testing site in Washington, D.C.
- Speakers bureau (outreach program).

human services



➤ **Adult Dental Clinic**

Catoctin Foundation
310 Oakcrest Manor Drive, NE
Leesburg, VA 20176

DENTAL CLINIC LOCATION:

102 Heritage Way, NE,
Suite 101
Leesburg, VA 20176
703-771-5203 (FAX)

HOURS:

Tuesday evenings from 5:45 PM to 9:00 PM.

CONTACT: 703-777-0353

(phone number of coordinating agency – Department of Social Services. DSS hours are Monday through Friday, 8:30 AM to 5:00 PM.)

Services Available To:

Loudoun County residents (21 years or older) who qualify as income eligible for these services.

Program Description:

Staffed by volunteer dentists, this Clinic primarily does fillings for adults; tooth cleaning is up to the dentist at the time dental work is being performed. Referrals to this clinic are made by workers from the Department of Social Services, Mental Health/Mental Retardation Services, Housing Services, Public Health Department and more. Qualified adults may also self-refer for consideration. Coordination of appointments to this Clinic is provided by the Department of Social Services.

Cost:

There is a \$10 fee, per visit/appointment.

Services Provided:

- Primarily fillings.
- Some cleaning depending on dentist.

➤ **American Cancer Society**

See page #135.

➤ **American Red Cross**

604 South King Street, Suite 006
Leesburg, VA 20175
703-777-7171
703-779-8046 (FAX)

Monday through Friday, 9:00 AM to 3:30 PM. There is 24 hour phone coverage for emergencies.

Services Available To:

Loudoun County residents.

Program Description:

Various programs which provide services to the community.

Cost:

Call for health and safety class fees.

Services Provided:

- Blood Services: i.e., the Blood Mobile and blood drives.
- Health and Safety Education Services: classes in CPR, water safety, first aid, babysitting, and pet first aid; preparedness for emergencies; and HIV educational resources.
- Armed Forces Emergency Services (AFES): services for military families and veterans.
- Disaster Services: multiple services in time of disaster.
- Senior Transportation Services: services for persons over the age of 55 to medical and dental appointment; and grocery shopping.
- Vehicle donation program.

➤ **Big Friends**

Loudoun County YMCA
6 Fairfax Street, SE
Leesburg, VA 20175
703-777-9622
703-779-2275 (FAX)

Monday through Friday, 9:00 AM to 5:00 PM.
Evenings and weekends as required.

Services Available To:

Loudoun County youth (ages 7-15) from single parent families and adults (18 and up).

Program Description:

The Big Friends Program provides adult companionship for local youth who want and need additional adult friendship. The program is based on the principle of positive growth through an ongoing one-to-one relationship between child and adult. Matches occur after both the adult volunteer (Big Friend) and child (Little Friend) have been screened and interviewed to determine mutual interests and compatibility.

Cost:

Free.

Services Provided:

- A one-to-one friendship relationship for several hours per week for a period of one year between an adult volunteer and a child.
- Match monitoring, training and intervention as needed.
- An opportunity to make a difference supporting positive development of local youth.

➤ **Brain Injury Services**

521-D East Market Street
Leesburg, VA 20176
703-737-0368
703-737-0240 (Fax)

Services Available To:

Western Fairfax County residents, Northern Prince William County residents, and Loudoun County residents

Program Description:

Provides comprehensive community-based case management and life skills training to assist persons with acquired brain injuries to reach their maximum level of independence.

Cost:

There is no cost for case management or community support services. If the case manager purchases services on behalf of a consumer, the consumer is asked to contribute to the cost of each service based on a sliding fee scale.

Services Provided:

Areas of need which are frequently the focus of case management include:

- Self Care.
- Family.
- Socialization.
- Vocation.
- Mental Health.
- Transportation.
- Communication.
- Recreation.
- Mobility.
- Education.
- Independent Living.
- Housing.
- Legal.

➤ **Community Support Services, Loudoun County Mental Health Services**

102 Heritage Way, Suite 302
Leesburg, VA 20176
703-771-5100
703-777-0170 (FAX)

Services Available To:
Loudoun County Residents.

Program Description:

Provides mental health services to Loudoun County residents whose daily lives and functioning are impaired by severe symptoms of mental illness, but who can be maintained within the community.

Cost:

Fees are based on a sliding fee scale. County residents will not be refused service due to inability to pay.

Services Provided:

- Medication evaluation and management.
- Counseling and psychotherapy.
- Crisis intervention.
- Case management.
- Psychoeducation.
- Discharge planning.

➤ **Comprehensive Services Act (CSA)**

CSA support services for this multi-agency program are located within the Loudoun County Department of Social Services.

102 Heritage Way, NE, Suite 200
Leesburg, VA 20176
703-771-5385
703-771-5214 (FAX)

Monday through Friday, 8:30 AM to 5:00 PM.

Services Available To:

Services occur through public interagency referral process only. At-risk youth meeting specific state and local criteria are eligible for referral when individual agency services are unable to meet identified needs.

Program Description:

The Comprehensive Services Act (CSA) focuses on at-risk youth. It is a Virginia law, in effect since July 1, 1993 and it is designed to help youth and their families. It is a collaborative system of services and funding that is child-centered, family-focused and community-based. The public agencies involved with CSA in Loudoun County are: the Department of Social Services, the Department of Mental Health/Mental Retardation Services, the Juvenile Court Services Unit, Loudoun County Public Schools and the Department of Health. The Community Policy and Management Team (CPMT) manages the CSA process, with representatives from each of the public agencies, private service providers and community parents.

Cost:

Costs depend on CSA eligibility. When possible, existing local services are recommended and encouraged so that the least restrictive environment for youth, with the greatest amount of appropriate family involvement prevails.

Services Provided:

After referral through one of the participating agencies, eligible youth, their families and their case managers meet with Family Assessment and Planning Teams (FAPT) to develop service plans. The case manager continues to be the family contact to assist with follow-up requirements of the service plan.

➤ **Daily Bread**

213 South King Street
Leesburg, VA 20175
703-777-5911
(Interfaith Relief – call for information.)

7 days a week, 6:15 PM to 7:30 PM.

Services Available To:

Anyone in need.

Program Description:

In cooperation with Interfaith Relief, provides a hot meal every night to those in need. See Interfaith Relief on page #77.

Cost:

None.

Services Provided:

- A free dinner every night.

➤ **Emergency Homeless Shelter**

See Loudoun County Housing Services, page #128.

➤ **Emergency And Supportive Services**

See Loudoun County Department of Social Service, page #79.

➤ **Family Support Program**

See Loudoun County Mental Retardation Services, Page #82.

➤ **Family Visitation Center**

See LAWS Youth and Children's Services, page #18.

➤ **Foster Care and Adoption**

See Loudoun County Department of Social Services, page #79.

➤ **Friendship House**

16480 Meadowview Court
Leesburg, VA 20175
703-771-5710
703-771-5729 (FAX)

Monday, Wednesday, Thursday, and Friday, 9:00 AM to 3:00 PM; Tuesday, 12 noon to 3:00 PM.

Services Available To:

Adults with serious mental illness who need structure and support to function in the community.

Program Description:

Psycho-social rehabilitation program for adults with serious mental illness which provides structured activities, groups, work units in a therapeutic milieu to increase client's functioning in the community.

Cost:

Fees are based on a sliding fee scale. No one will be refused service due to inability to pay.

Services Provided:

- Case management.
- Psychotherapy (individual and group).
- Rehabilitation counseling (psychiatric rehabilitation).
- Prevocational activities and work units.
- Socialization activities.
- Community integration and living skills training.
- Medication management.

➤ **Good Shepherd Alliance Homeless Shelters of Loudoun County**

See page #127.

➤ **Good Shepherd Thrift Store**

See page #153.

➤ **Graydon Manor Treatment
Foster Care**

801 Children's Center Road, SW
Leesburg, VA 20175

703-777-3485, Ext. 408

703-777-4887 (FAX)

24 hours a day, 7 days a week.

Services Available To:

Youth, ages birth to 18.

Program Descriptions:

Providing specialized foster homes for special needs youth.

Cost:

Medicaid approved.

Services Provided:

- Placement of youngsters with appropriately trained foster families.
- Ongoing support, supervision and training to treatment foster families.
- Intensive support and counseling to birth families to encourage family reunification.
- Respite care.

➤ **INOVA Juniper Program, HIV
Clinical and Education Services**

See page #38.

➤ **Interfaith Relief**

224-F South King Street
Leesburg, VA 20175
703-777-5911

Monday, Wednesday, Thursday, Friday and Saturday,
10:00 AM to 1:00 PM; Monday, Tuesday and
Thursday, 6:00 PM to 8:00 PM.

Services Available To:

Loudoun County residents.

Program Description:

A community project that provides free emergency food to anyone in need.

Cost:

Free. Donations of time, money and food are welcomed.

Services Provided:

- Twice a month, a three-day supply of nutritious food is provided based on the size of the family. If the need is more frequent, the person making the request must have a referral from the Loudoun County Department of Social Service, the Salvation Army, or a church.
- Distribution point for USDA Commodity Foods to income eligible families.

➤ **Intergroup of Northern Virginia**

See page #139.

➤ **LAWS Sexual Assault Services**

See page #17.

➤ **LAWS Youth and Children's
Services**

See page #18.

➤ **Link, Inc.**

P.O. Box 443
Sterling, VA 20167
703-437-1776 (answering machine)

Calls are usually returned Monday through Friday.
Calls for food are usually returned between 10:00 AM and 4:00 PM or as requested by caller. Food is usually delivered on a next-day basis Tuesday through Saturday. Calls for furniture are usually returned in the evening. Furniture is picked up and delivered, by appointment, usually on designated Saturdays.

Services Available To:

Those in need in the Herndon/Sterling area.

Program Description:

LINK is a group of churches in the Herndon/Sterling area whose volunteers and donors provide food, furniture, and clothing on an emergency basis to people in need.

Cost:

All services are free.

Services Provided:

- Volunteers deliver food to families in need.
- Volunteers pick up and deliver usable furniture.
- LINK provides volunteers regularly to The Closet in Herndon and Good Shepherd Clothes House in Sterling and follows their guidelines in providing free clothing when clients are unable to pay.
- As funds are available, LINK provides financial assistance for rents, prescriptions and utility bills only by referral from a social worker or clergy.

➤ **Loudoun Abused Women's Shelter (LAWS)**

See page #128.

➤ **Loudoun Association for Retarded Citizens (LARC)**

71 Lawson Road, SE
P.O. Box 243
Leesburg, VA 20178
703-777-1939
703-779-2708 (FAX)

Monday through Friday, 9:00 AM to 3:00 PM.

Services Available To:

Persons with disabilities and their families residing in Loudoun County.

Program Description:

A private, nonprofit agency serving persons with mental retardation and related developmental disabilities and their families and caregivers.

Cost:

Free (except minimal fees may be charged for educational workshops and Kids On The Block puppet program)

Services Provided:

- Citizen advocacy at local, state & federal levels.
- Information and referral services.
- Kids-On-The-Block puppet show reinforcing educational awareness of disabilities.
- Educational Workshop Series.
- IEP assistance.
- Scholarship fund for summer camp & summer school activities.
- Family support programs.
- "People First of Loudoun" – self-advocacy group.
- PATHWAYS To The Community, an integrated social group for adults with mental retardation.

➤ **Loudoun County Community Services Board**

102 Heritage Way, NE, Suite 305
Leesburg, VA 20176
703-777-0377
703-771-5367 (FAX)

Monday through Friday, 8:30 AM to 5:00 PM.

Services Available To:

Loudoun County residents.

Program Description:

Prevent or minimize the effects of mental illness/ mental retardation and substance abuse and to enhance the functioning of individuals in Loudoun County who experience these conditions. The Loudoun County Community Services Board is an administrative policy board established by the Loudoun County Board of Supervisors in 1973. It is comprised of fifteen citizen volunteer members appointed by and responsible to the Board of Supervisors. Members of the CSB develop and implement policy and are accountable for the programs and services provided through the County's Department of Mental Health and Mental Retardation.

Cost:

Participates in Medicare, Medicaid and most major insurance plans. Fees based on a sliding scale. County residents will not be refused services due to an inability to pay.

Service Provided:

- Mental health outpatient treatment services (see page #18).
- Mental retardation community intervention and integration services (see page #82).
- Substance abuse treatment program (see page #70).
- Mental health 24-hour emergency services (see page #18).
- Prevention and community education services (see page #101).
- Parent Infant Education (PIE) (see page #82).
- JOBLINK (see pages #82)

- Loudoun County Supported Living Services, mental health and mental retardation (see page #131).
- Friendship House (see page #76.)
- Elderly Services (see page #18).
- Community Support Services (see page #75).
- Forensic/Court Services Program (see page #19).
- Employee Assistance Program (EAP—see page #19).

➤ **Loudoun County Department of Social Services**

102 Heritage Way, NE, Suite 200
Leesburg, VA 20176
703-777-0353
703-771-5214 (FAX)

Monday through Friday, 8:30 AM to 5:00 PM. For after-hour emergencies call the Sheriff's Department at 703-777-0445 and ask for the social worker on call.

Services Available To:

Loudoun County residents.

Program Description:

A variety of services for youth and families as well as specific programs for low-income families, such as financial assistance, food stamps, medical assistance and day care. The general mission of the Department is to assist County residents to become self-sufficient, self-supporting, and contributing members of their families and communities.

Cost:

Free. For many programs, applicants must meet financial guidelines.

Services Provided:

TEMPORARY ASSISTANCE PROGRAMS

- TANF (Temporary Assistance to Needy Families) provides cash payments to needy families with children under the age of 18. Children born in the U.S. are eligible for benefits regardless of the legal status of the parent(s).

- Food Stamps are coupons that can be used as cash to buy food. This program is for low-income people who may or may not be employed.
- General Relief provides cash payments and limited medical assistance to adults who are temporarily unable to work because of illness, injury or disability.
- Medicaid provides payment for medical care for low-income families and elderly/disabled persons. NOTE: persons who do not have a legal status are eligible for limited emergency Medicaid coverage if they meet the other income guidelines.
- State and Local Hospitalization (SLH) provides payments for hospital charges only. Application must be made within 30 days after discharge. Applicants must meet financial guidelines.
- Refugee Assistance Program provides cash and/or medical benefits to legal refugees.
- Fuel Assistance helps low-income persons and families pay a portion of their utility bills during the winter months.

SERVICE PROGRAMS

- Foster Care Services are available to children who need protection and are placed in the custody of the agency by the Juvenile Court. The program provides children with a temporary place to live in a foster home or other appropriate living arrangement. Provides counseling for children's families with the goal of permanency for the child. NOTE: Persons interested in becoming foster parents should call 703-777-0353; training is provided.
- Adoption Services are available for children who need permanent homes. Offers foster care for children prior to adoption. Services include counseling for unintended pregnancies, court reports for stepparent adoptions and search assistance for adult adoptees. NOTE: Persons interested in adopting a child with special needs should call 703-777-0353; training is provided.
- Adult Protective Services receives and investigates reports of suspected abuse, neglect or exploitation of disabled adults 18 years or older and persons who are 60 years of age or older on a 24-hour basis. Program also provides additional services to elderly and disabled adults such as pre-admission screenings for nursing home and adult care residential placement, in-home Medicaid personal care services, home-based care services, case management, counseling, advocacy, information and referral services. After hours call Loudoun County Sheriff's Department, 703-777-0445.
- Child Protective Services receives and investigates allegations of child abuse or neglect on a 24-hour basis. Provides follow-up services to families at risk of abuse or neglect. Provides information on child abuse, advocacy and referral services. During the day call: 703-771-KIDS. After hours call Loudoun County Sheriff's Department 703-777-0445, or call the State Child Abuse Toll-Free Hotline 1-800-552-7096.
- Young Adults Project offers life and job skills training, on-the-job training and counseling to promote self-sufficiency for youth at risk of dropping out of high school. Students spend part of the day at high school (see page # 86.)
- Young Parent Network offers support groups/ education, counseling and some child care assistance to pregnant teens and young mothers (see page #86).
- Child Care Training offers training and continuing education for individual daycare providers and child care centers. Parent education is also offered to assist in the selection of quality childcare. Books and Beyond, a lending library for regulated childcare providers in Loudoun county, provides a variety of developmental resources, educational materials and learning tools.
- Day Care offers subsidized day care assistance to families who meet income guidelines, receive public assistance while working, teen parents in high school, homeless individuals who are working or seeking employment and living in an emergency shelter, and working parents in the community. Care can be provided in family day homes or centers. Also, a current listing of all regulated childcare providers in Loudoun County is maintained and distributed free of charge.
- Virginia Initiative for Employment not Welfare (VIEW) offers supportive services, such as day care, transportation and tuition for educational and vocational

(continued)

programs; employment counseling and referrals to job training for TANF (Temporary Assistance to Needy Families) recipients. Programs designed to assist individuals toward sustained employment and self-sufficiency. See Employment Section (see page #3).

- Emergency and Supportive Services provides services to clients who are in crisis situations, as well as ongoing family support services. Emergency Services provides assistance to clients needing help with shelter, fuel, medical, food, transportation and other emergency needs. All assistance is based on eligibility guidelines and availability of funds and resources.
- Volunteer Services provides transportation, translation, tutoring and mentoring services to clients. Interested volunteers should call 703-771-5718 for more information.
- Employment and Training Services provides a variety of employment and training programs to assist persons seeking and gaining employment. Services include occupational skills training; on-the-job training; remedial education; GED preparation; assessment; skills enhancement; employment preparation; mentoring services and a Workforce Resource Center open 35 hours per week. (See Workforce Resource Center, page #57.)
- On-Demand Transportation provides transportation to individuals eligible for services through the Department of Social Services, Loudoun County Area Agency on Aging, Loudoun County Mental Health/Mental Retardation Services and the Loudoun County Public Health Department. Rides are provided for medical and other necessary appointments at no charge. Individual workers make referrals for eligible clients.
- Juvenile Detention Center provides a safe and secure setting for juveniles who have been ordered into a secured setting by the court. The facility runs a highly structured program which includes school, recreation and physical activities and educational groups (drug and alcohol, alternatives to violence, street law and life skills).
- Comprehensive Services Act (CSA) for At-Risk Youth and Families – the CSA office coordinates the activities and services provided under the Comprehensive Services Act for at-risk youth and their families. An inter-

agency family assessment and planning team works with the family to develop an individual service plan for each eligible youth referred to the team. Referrals are made through human service agency case workers.

REFERRAL SERVICES

- Child Care Referral provides current listing of day care centers and voluntarily registered and licensed family day care providers.
- Social Security provides information on Social Security benefits, applications, Medicare and other questions. Service workers available on the 2nd and 4th Thursday from 9:00 AM to 1:00 PM. Appointments are not necessary.
- Adult Dental Clinic is held on Tuesday evenings at the Loudoun County Public Health Department and is staffed by volunteer dentists. There is a \$10 fee for services and referrals are made by workers from the Department of Social Services, Mental Health/Mental Retardation, LAWS, Housing Services, and the Health Department. The only procedures performed at this time are exams, x-rays and fillings (no cleanings, extractions, partials, dentures, etc.)
- Child Support Enforcement Services provides information about child support enforcement for single parents with children and is available by calling 703-722-3490 or 1-800-486-6440. Service workers are available on Thursday from 9:00 AM to 3:00 PM. Call for appointments.
- Information and Referral provides information on public and private human services in Loudoun County and Northern Virginia. Assists callers in selecting services appropriate to their needs. Part of the Northern Virginia Information and Referral Network. Call 703-771-5400 or the toll-free State Information Number 1-800-230-6977.

➤ Loudoun County Housing Services

See page #128.

➤ **Loudoun County Mental Health Services**

See page #18.

➤ **Loudoun County Mental Retardation Services**

102 Heritage Way, NE, Suite 305

Leesburg, VA 20176

703-777-0377

703-771-5367 (FAX)

Monday through Friday, 8:30 AM to 5:00 PM.

Services Available To:

Anyone who has any degree of mental retardation.

Program Description:

Ensures that retarded citizens receive available services.

Cost:

Services are based on the ability to pay.

Services Provided:

- Case Management: A Case Manager who finds and coordinates appropriate services/supports.
- Family Support Program: A program which provides assistance and support to families with a mentally retarded family member in the home. The financial assistance to families is done on a reimbursement basis. Respite, behavioral intervention, medical and equipment expenses are examples of what might be accessed through this program. Other financial resources are explored as well.
- PIE (Parent-Infant Education): (1) An assessment of children up to 30 months of age to determine if there are developmental delay problems. (2) Training for parents who have a child from birth to 2 1/2 years of age with actual or suspected developmental delay. (3) Special teachers and therapists who provide children with additional stimulation.

- Residential-group home and supported living and in-home support services for mentally retarded adults.
- JOBLINK provides supported-work (job coaching) services to adults (over age 18) with disabilities. Referrals to JOBLINK are accepted anytime. Call the JOBLINK office for a referral packet. JOBLINK counselors seek jobs for clients, do on-the-job training and provide follow-along services.
- Community Access Program (CAP) provides individualized day-support services.

➤ **Loudoun County Nurturing Program**

See LAWS Youth and Children's Services, page #18.

➤ **Loudoun County Office on Youth**

See page #99.

➤ **Loudoun County Special Recreation Program**

Department of Parks, Recreation and Community Services

1 Harrison Street, SE, 4th Floor

P.O. Box 7000

Leesburg, VA 20177

703-771-5013

Call for dates and times.

Services Available To:

Children and adults with mental/physical disabilities.

Program Description:

Programs of arts, crafts, fitness, games, sports, nature, music and travel are planned for individuals with special needs.

Cost:

Call for free information. Monthly registration booklets available by mail.

Services Provided:

- Special Olympics.
- Sport activities.
- Very Special Arts.
- Summer day camp.
- Trips and activities for youth and adults.
- Clubs.
- Socials.

➤ **Loudoun County Youth Shelter/
NAFI**

See page #132.

➤ **Loudoun Volunteer Caregivers**

See page #68.

➤ **MotherNet/Healthy Families
Loudoun**

A Program of INMED
45449 Severn Way, Suite 161
Sterling, VA 20166
703-444-4477

703-444-4471 (FAX)

www.inmed.org

Monday through Friday, 8:30 AM to 5:30 PM.

Services Available To:

First time pregnant women and teenagers.

Program Description:

MotherNet/Healthy Families Loudoun is a community outreach and mentoring program that helps pregnant women and teens stay healthy and have healthy babies.

Cost:

Free.

Services Provided:

- Each woman who participates in MotherNet is paired with a home visitor who has received special MotherNet training as a community health advisor. The home visitors link their clients to appropriate medical, social and educational services and provide practical and emotional support.
- Transportation available as needed.
- Translation for Spanish-speaking clients.

➤ **Northern Virginia Resource
Center for Deaf and Hard of
Hearing Persons**

10363 Democracy Lane
Fairfax, VA 22030

703-352-9055

703-352-9056 (TTY)

703-352-9058 (FAX)

NVRCinfo@aol.com (e-mail)

www.nvrc.org

Monday through Thursday, 9:00 AM to 5:00 PM
(closing for lunch 12 noon to 1:00 PM), Friday 9:00
AM to 1:00 PM.

Services Available To:

NVRC serves the counties of Fairfax, Arlington, Loudoun, Prince William, and Fauquier, as well as the cities of Alexandria, Fairfax, Falls Church, Manassas, and Manassas Park.

Program Description:

NVRC is a non-profit corporation focusing on the needs of the deaf and hard of hearing. NVRC's primary service is Information and Referral.

Cost:

Fee for some services; NVRC members receive discounts.

(continued)

Services Provided:

- A library of books and videotapes contain information on such topics as American Sign Language, Cued Speech, assistive devices, demographics, hearing logs and travel. Items from the library not available for loan, but anyone may come in during office hours to view tapes or to read. It is best to call in advance.
- NVRC Update – newsletter contains a calendar of events, information about products and services, useful tips and articles written by readers and staff.
- TAPLoan program – NVRC participates in this program administered by the Virginia Department for the Deaf and Hard of Hearing. TTYs, amplifiers, visual and amplified signalers and other devices are available for loan to people who want to test equipment before buying it, or whose equipment needs to be sent for repair.
- Web site for information on community activities, technology updates and links to a variety of resources.
- Friends of NVRC e-mail news – if you have access to e-mail, get timely updates on current issues such as captioning, legislation, upcoming workshops and events and community information.
- Community Center – NVRC's meeting rooms are a popular setting for activities of many organizations and support groups. Several bulletin boards hold information on activities in the community, job openings and Silent Suppers.
- Advocacy – NVRC staff, board members and volunteers serve on many boards, commissions and task force committees. NVRC frequently provides testimony at public hearings and submits input when police and regulations are being developed or revised to ensure that the needs of people who are deaf and hard of hearing are not overlooked.
- Public Awareness and Outreach – includes programs offered to school libraries, civic groups, senior citizens' group hospitals, government and social agencies, businesses, churches and synagogues and recreational centers.
- Education – provides workshops, seminars and classes to help deaf and hard of hearing people gain the skills and information necessary to become more independent.
- Technical Assistance – provides technical assistance to

businesses, conference planners, government agencies, and various organizations to help them improve their services for deaf and hard of hearing consumers.

- Sales – sells replacement paper for TTYs with printers, as well as copies of the book *Seeds of Disquiet* and the Northern Virginia Directory of Interpreters and Interpreter Service Agencies. Proceeds support
- NVRC programs. Also available is a Parenting Package designed to assist in teaching parenting skills to deaf parents who are native American Sign Language users and have hearing children. The package contains two 90-minute videotapes and a manual.
- NVRC's computer data base has resource information.

➤ **Parent Infant Education (PIE)**

See Loudoun County Mental Retardation Services, Page #82.

➤ **Refugee Resettlement Program, Virginia Council Of Churches**

See page #56.

➤ **Salvation Army Church and Social Service Office**

64-B and C Plaza Street

P.O. Box 47

Leesburg, VA 20176

703-771-3371

703-771-0164 (FAX)

Monday through Friday, 8:30 AM to 4:30 PM.

Program Description:

The Salvation Army is a part of the Christian church. Our mission is to preach the gospel and meet human needs without discrimination.

CHURCH SERVICES: available to anyone.

- Sunday school, 10:00 AM.
- Sunday morning worship, 11:00 AM.
- Youth programs, summer camps, and adult programs are available. Please call for information.

PROGRAM SERVICES: available to Loudoun County residents only who are income eligible.

- Free clothing and furniture.
- Limited funding available to help with utility bills, water, rent, prescriptions and food
- Thanksgiving/Christmas assistance.
- Prescription Medication Assistance: accessible medication program for underinsured or uninsured individuals who need assistance with prescription medications.

➤ **Senior C.A.F.E.s**

See Loudoun County Area Agency on Aging,
Page #65.

➤ **Substance Abuse Treatment Program, Loudoun County Mental Health Services**

See page #70.

➤ **Virginia Cooperative Extension, Loudoun Office**

30-B Catoclin Circle, SE
Leesburg, VA 20175

703-777-0373

703-771-5844 (FAX)

Monday through Friday, 8:30 AM to 5:00 PM.

Services Available To:

Loudoun County residents.

Program Description:

A variety of services for youth and families through Virginia's Land Grant University, Virginia Tech.

Cost:

Free.

Services Provided:

- Family and Consumer Science Programs: Financial Counseling, MONEY 2000, Financial Management, Change of Heart newsletter focusing on lowering cholesterol, Food Sanitation Certification, Occasional Quantity Cooks for food vendors, Child Care Provider training and Nutrition Education.
- 4-H Program: open to youth ages 4 to 19 years old to gain knowledge, life skills and positive attitudes.
- Agriculture/Horticulture: information on horticulture/agriculture, diagnosis of plant and insect problems.

➤ **Women's Resource Center**

See page #23.

➤ **Young Adults Project (YAP)**

52 Sycolin Road, SE

Leesburg, VA 20175

703-771-5375

703-771-5374 (FAX)

Monday through Friday, 8:30 AM to 4:30 PM

Services Available To:

14 to 21 year olds who are connected to public or private schools, probation, mental health and/or social services in the State of Virginia. On exception, 13 year olds are accepted into the program.

Program Description:

YAP, a Loudoun Youth Program, consists of an independent Living Program and Independent Learning Program. The Living Program is committed to assist at-risk populations with basic living and coping skills to improve their ability to accept responsibility for their lives and become an asset to their community. The Learning Program offers both remedial and high school credit courses in a self-paced setting.

Cost:

(continued)

\$25 per hour for Loudoun and out-of-county agencies usually through CSA (Comprehensive Services Act) funding, placing agency or other resources.

Services Provided:

- Community service involvement.
- Individual/group sessions: to assist with changing negative habits that are creating significant problems and to build positive self-esteem, motivation and interpersonal growth.
- Daily supervision.
- Parenting classes.
- Crisis intervention.
- Life skills training.
- Vocational classes.
- GED preparation.
- Tutoring.
- Job skills assessment/training.
- Networking/job references.
- Leisure activities.
- Referrals to other services.
- Living allowance (money).
- High school and remedial education job placement.

help individuals achieve high school or equivalent education; to decrease teen pregnancy in Loudoun County.

Cost

Free.

Services Provided:

- Support groups in four of five high schools.
- Community support/education groups (Leesburg, Tuesday 6:00 PM to 7:30 PM).
- Individual information regarding pregnancy and parenting.
- Individual and family counseling.
- Individual programs tailored to client needs regarding education, prenatal care, child care, parenting, employment and community resources.
- Teen Pregnancy Prevention Council: The Council is committed to reducing the incidents of teen pregnancy in Loudoun County through community-wide awareness and educational activities. Meetings are held at the Loudoun County Department of Social Services on the second Thursday of each month. Membership is open to agency representatives and private citizens. Please call for time and other details.

➤ **Young Parents Network**

102 Heritage Way, Suite 200
Leesburg, VA 20176
703-771-5186

703-771-5203 (FAX)

KBECK@co.loudoun.va.us (e-mail)

www.co.loudoun.va.us

Monday through Friday, 8:30 AM to 5:00 PM.
Limited evening hours available by appointment.

Services Available To:

Pregnant and parenting individuals under age 21, male and female, Loudoun County residents.

Program Description:

A program serving the needs of pregnant and parenting individuals in Loudoun County with the following goals: to postpone second pregnancies with YPN clients; to

Notes

legal services



➤ **Adult Detention Center,
Loudoun County**

Adults 18 and older are housed in this secure facility.
Operated by the Loudoun County Sheriff's Office.
703-777-0405 (V);
703-771-5648 (FAX)

➤ **Bull Run Alcohol Safety Action
Program (ASAP)**

4 Royal Street, SE
Leesburg, VA 20175
703-771-4702
703-771-4713 (FAX)

Monday through Friday, 8:30 AM to 5:00 PM.

Services Available To:

Court referrals for alcohol and drug services; general public for Driver Improvement Classes.

Program Description:

One of 24 statewide ASAP programs primarily dedicated to reducing the threat of people driving under the influence of alcohol and other drugs. Serves as a probation agency to insure alcohol/drug offenders meet the requirements of the referring court and receive the education or treatment needed. Other services and programs provided for Habitual Offenders, Drug Offenders and Young Offenders (under age 21).

Cost:

Probation: 12 months - \$300, 6 months - \$150.
Alcohol/drug education classes: \$50. Driver Improvement Class: \$75. Evaluations: \$100 to \$150.

Services Provided:

- Probation monitoring and reporting.
- Alcohol/drug education classes, treatment referral.
- Pre-court, assessment and Habitual Offender evaluation.
- Underage alcohol/drug classes.
- Driver improvement classes.
- Drug screens.

➤ **Community Corrections
Program, Loudoun County**

116-E Edwards Ferry Road
P.O. Box 348
Leesburg, VA 20178
703-777-0207
703-777-0110 (FAX)

Monday through Friday, 8:30 AM to 5:00 PM.

Service Available To:

Anyone referred by the court system.

Program Description:

Supervises offenders in pre-trial and post-trial phases of criminal proceedings.

Cost:

Free.

Services Provided:

- Pre-trial service such as supervision in lieu of incarceration, weekly contact, drug testing, substance abuse counseling.
- Alternative sentencing other than incarceration for people convicted of non-violent crimes.
- Supplies Court with information.
- Monitors court costs, restitution and fine payments.
- Monitors any special conditions imposed by the Court.

➤ **Juvenile Detention Center,
Loudoun County**

Placed by the Loudoun County Court Service Unit, youth between 13 and 18 years of age are housed in this secure facility.
703-771-5200
703-771-5234 (FAX)

➤ **LAWS Legal Services**

Elizabeth Pendzich, Esq.
9 Loudoun Street, SE
Leesburg, VA 20175
703-771-3397
703-771-7865 (FAX)

Monday through Thursday, 9:00 AM to 5:00 PM.

Services Available To:

Loudoun County residents who are survivors of domestic violence and sexual assault.

Program Description:

Legal consultation and representation for victims of physical abuse in matters pertaining to Protective Orders, custody, child support, spousal support and stalking.

Cost:

Free.

Services Provided:

- Information and referral.
- Legal representation.
- Consultation with staff attorney, court accompaniment.

guidelines differ for persons who are elderly, HIV positive or have disabilities.)

Program Description:

Legal Services of Northern Virginia, Inc. (LSNV) is a non-profit law firm which provides civil legal services. LSNV's mission is to serve individuals who, without legal assistance, will lose a critical human need – food, shelter, income, medical care, or personal safety. LSNV serves disadvantaged individuals in Loudoun County and other Northern Virginia Counties of Arlington, Fairfax, Prince William, and the cities of Alexandria, Fairfax, Falls Church, Manassas, and Manassas Park.

Cost:

Free.

Services Provided:

LSNV handles the following kinds of cases:

- Family Law/Child Advocacy.
- Employment Law.tinued)
- Public Benefits.
- Elder Law Services.
- Housing.
- Consumer.
- Other legal services via LSNV Hotline, Pro Bono projects and community legal education.

➤ **Legal Services of Northern Virginia, Inc. (LSNV)**

Loudoun Legal Aid Branch
204 Wirt Street, SW
2nd Floor
Leesburg, VA 20175
703-777-7450
703-771-7066 (FAX)

Monday through Friday 9:00 AM to 5:00 PM.

Services Available To:

Residents of Northern Virginia whose household income and assets are within LSNV's financial guidelines, and who have a legal problem that LSNV handles. (Eligibility

➤ **Loudoun County Court Service Unit**

18 North King Street, 2nd floor
Leesburg, VA 20176
703-777-0303
703-771-5210 (FAX)

Monday through Friday, 8:30 AM
to 5:00 PM.

Services Available To:

Anyone.

Program Description:

- Help is available to youth who have been in trouble with the law and who have been placed on probation.

- Help is available to persons who wish to file petitions regarding custody, visitation support or domestic abuse.
- Help is available for persons who have questions about certain family issues or who want to file charges against juveniles who have broken the law.

Cost:

Free.

Services Provided:

- Work closely with youth and their family to help resolve problems.
- Individual counseling and guidance.
- Help youth to understand and obey the rules of probation.
- Make regular reports to the judge as to youth's progress and improvement.
- Refer youth to other needed services.
- Advice available for youth with serious family problems or who need to go to Court.
- Assist persons representing themselves in filing petitions.
- Give specialized advice and information regarding juvenile delinquency.
- Provide crisis intervention.
- Provide an array of parenting help.

➤ Loudoun County Sheriff's Department

106 Edwards Ferry Road, NE

Leesburg, VA 20176

911 – emergency (V/TTY)

703-771-5470 (FAX)

703-777-0445 – non-emergency number

703-777-1021 – non-emergency number

703-777-0407 – Leesburg Administrative Office

703-729-0621 – Ashburn Substation

540-338-5555 – Round Hill Substation

703-777-0475 – Criminal Investigations Division

703-858-9540 – Juvenile Investigations & School

Resource Officer

703-777-0494 – Narcotics Office

703-435-1230 – Narcotics Tip Line

Administrative & Records Offices – Monday through Friday, 8:30 AM to 5:00 PM. Crime Prevention: by appointment.

Services Available To:

Loudoun County residents.

Program Description:

The Sheriff's Office is a full service law enforcement agency which provides law enforcement, criminal investigations, correctional/court/civil process services, and in addition provides crime prevention/community relations services.

Cost:

Most services are free to County residents.

Services Provided:

- Fingerprinting: (1) Services available for those requiring fingerprints for job applications, etc. (2) Available for parents desiring identification for their children, etc.
- Crime Prevention Program: Provides techniques and procedures for homeowners and others to reduce opportunities for criminal activity, including home "burglar-proofing" and "Neighborhood Watch" activities.
- School Presentations: Provides students with information about drug awareness, safety tips, as well as acquaints preschoolers with policemen and their equipment.
- DARE (Drug Abuse Resistance Education.) See page #99.
- McGruff Summer Safety Camp: See page #100.
- Women's Self Defense Program. Provides women ages 12 and up with self- defense techniques. This is a 3-hour course on safety for women. Held at the Northern Virginia Police Academy.

(continued)

- Citizen's Police Academy. 12-week course that provides citizens with an extensive overview of the agency's programs and services. Open to all Loudoun County Citizens.

➤ **Office of the Commonwealth's Attorney for Loudoun County**

20 East Market Street
Leesburg, VA 20176
703-777-0242
703-777-0160 (FAX)

Monday through Friday, 8:30 AM to 5:00 PM.

Services Available To:

Anyone who is a victim of or witness to a crime, or who has information relating to a crime; or who believes they may be a victim or a witness to a crime.

Program Description:

Prosecutes violations of criminal and traffic law, and in conjunction with other law enforcement agencies, investigates crimes.

Cost:

Free.

Services Provided:

- Answers questions you may have about what will happen in court.
- A separate waiting room in the court house.
- An escort to sit with you while you are actually in the court room.
- Information on available services if you were a victim of a crime.
- A place to report a crime that you have witnessed.

➤ **Victim Witness Program**

20 East Market Street, NE
First Floor
Leesburg, VA 20176
703-777-0417

703-478-8422 (metro)

703-777-0160 (FAX)

VW@co.loudoun.va.us (e-mail)

www.co.loudoun.va.us\vwp

Monday through Friday, 8:30 AM to 5:00 PM.

Nights and weekends call the emergency number at 703-777-1021 or 911.

Services Available To:

Anyone who is a victim of a crime or is a witness to a crime. A crime victim is defined by the Code of Virginia as anyone suffering physical, psychological, or economic harm as a direct result of a felony or of assault and battery, stalking, sexual battery, attempted sexual battery or driving while intoxicated.

Program Description:

Provides victims and witnesses of crime with support, information and advocacy within the criminal justice systems.

Cost:

Free.

Services Provided:

- A crime victim in Virginia has the right to: Wait in a separate waiting area from the defendant; have property promptly returned; employer intercession services; advance notice of judicial proceedings by the Commonwealth Attorney's Office (if name, current address and current phone number(s) are provided); notice of defendant release by the Adult Detention Center of Loudoun County (if name, current address, and current phone number(s) are provided); defendant release information from the penitentiary by the Department of Corrections (if requested and name, current address and current phone number(s) are provided); prepare a victim impact statement, remain in the courtroom (unless required as a necessary

witness); confidentiality of phone numbers and addresses (upon request); an interpreter during court proceedings (if necessary).

- A crime victim in Virginia may be eligible for: witness protection from the Virginia State Police; financial assistance and social services; crime victims' compensation; restitution; a closed preliminary hearing; testimony via closed circuit television.
- Provides information to victims and witnesses as to court procedures and trials.
- Provides assistance and information to possible victims of a crime.
- Makes referrals to other agencies as appropriate.
- Intercedes with employer to enable court appearance during working hours.
- A place to apply and get your medical bills paid if you have been a victim of crime.
- Arrangements for safety/shelter to all victims or witnesses where necessary.
- Crisis intervention.
- Specialized services for victims of sexual assault and domestic violence to include hospital accompaniment.
- "Call to Protect" cellular telephones for victims of domestic violence.
- Courtroom tours provided.
- Provides courtroom accompaniment.

given community service hours by the courts. The WORK Program is a supervised Community Service Program that develops work sites in and around the county parks, playgrounds and community centers.

Cost:

Free

Services Provided:

- Supervised community service.
- Pick up and Drop off sites.
- Community Service monitoring and reporting.
- Post-court, assessment and evaluation.

➤ **Work Ordered Repayment by Kids (WORK)**

1 Harrison Street, SE
4th Floor
P.O. Box 7000
Leesburg, VA 20177
703-737-8709
703-771-5383 (FAX)

Services Available To:

Youth ordered by the courts to complete Community Service Hours.

Program Description:

The WORK Program provides an additional step in the graduated sanctions available for youth who are

⑩①④⑩

prevention & community education services



➤ **DARE (Drug Abuse Resistance Education)**

Loudoun County Sheriff's Office
39 Catoctin Circle, SE
Leesburg, VA 20175
703-777-0408
703-771-5744 (FAX)

Monday through Friday, during school hours.

Services Available To:

5th and 6th grade students in Loudoun County elementary and middle schools.

Program Description:

DARE (Drug Abuse Resistance Education) classes are taught by a uniformed Deputy Sheriff. Program focus is on drugs and their effects, how to build self-esteem, how to deal with peer pressure, decision making skills, consequences, problem-solving techniques without using violence, gang awareness and where to seek help in difficult situations.

Cost:

Free. Provided by a Federal Grant through the Department of Criminal Justice Services.

Services provided:

- School education program about drugs and their effects.
- Provides an opportunity for youth to get to know law enforcement personnel in a positive setting. Allows interaction between the youth and a deputy in a structured classroom setting as well as in a more casual manner because the deputy stays with the classes during lunches and special programs.

➤ **Loudoun County Office on Youth**

Department of Parks, Recreation and Community Services
1 Harrison Street, SE, 4th Floor
P.O. Box 7000
Leesburg, VA 20177
703-777-0358 or 703-777-0392
703-771-5383 (FAX)
www.co.loudoun.va.us

Monday through Friday, 9:00 AM to 5:00 PM.

Services Available To:

Loudoun County youth and their families; all citizens interested in youth issues.

Program Description:

With the Loudoun County Advisory Commission on Youth, the Office works to promote positive youth development and to prevent juvenile delinquency.

Cost:

Free.

Services Provided:

- Information and referral on youth issues and resources.
- Advocacy for youth through the Advisory Commission on Youth, a citizen board including adult, youth and agency representatives.
- Community education on prevention of teen pregnancy, child abuse, substance abuse and AIDS. Speakers, videos and other materials available.
- Research, analysis and planning for service coordination to youth and families.
- Coordination, development and evaluation of community service work assignments and educational components for court-ordered youth.
- Youth focused activities including Youth Speakout, Youth In Government Day, Inter-generational Conference (Vintage Voices).

➤ **Loudoun Suicide Prevention Coalition**

see page #140.

➤ **MADD (Mothers Against Drunk Driving)**

see page #141.

➤ **McGruff Safety Camp for Kids**

Loudoun County Sheriff's Office
39 Catoctin Circle, SE
Leesburg, VA 20175
703-777-0407
703-771-5744 (FAX)

Monday through Friday, three, one-week sessions only during the month of July, 9:00 AM to 12:00 noon.

Services Available To:

Children, ages 5 through 7.

Program Description:

A five-day program sponsored by the Loudoun County Sheriff's Office and the Loudoun County Fire and Rescue Services. Held each summer in July to educate children to be safety smart. Pre-registration is required and limited to 60 children per one-week camp session.

Cost:

Free

Services Provided:

- Safety learning lab.
- Hands-on-safety skill exercises.
- Finger printing.
- Fire house tour.
- McGruff Theatre/McGruffville experiences.
- Public safety day.

➤ **Neighborhood Watch Program**

See Loudoun County Sheriff's Department, 93.

➤ **Positive Choices**

Community Advocates for Loudoun Youth
P.O. Box 202
Leesburg, VA 20178
703-777-7650

Monday through Friday, 9:00 AM to 5:00 PM.
Call 703-777-0358 for monthly meeting place and time.

Services Available To:

Loudoun County youth and families.

Program Description:

A coalition of community volunteers dedicated to helping solve problems associated with alcohol, tobacco and other drug use among Loudoun County youth.

Cost:

Free.

Services Provided:

- Workshops for parents on contemporary family life topics including peer pressure, teenage sexuality, substance abuse and substance abuse prevention, and parent/teen communication.
- Establishing parent networking across Loudoun County.
- Speakers bureau.
- Community education.
- Advocacy on youth issues.
- Interagency collaboration.
- Free rental of the locally produced video Parental Empowerment In Loudoun County.
- Serves as an Advisory Board for the Loudoun County Public Schools Substance Abuse Prevention Program.

➤ **Positive Experiences in Educational Relationships (PEER)**

Loudoun County Public Schools/Pupil Services
55 Plaza Street, NE
Leesburg, VA 20175
703-771-6430
703-771-6479 (FAX)

Monday through Friday, 8:00 AM to 4:00 PM during the school year.

Services Available To:

Students in Loudoun County public schools and the community.

Program Description:

At all high schools, a group of students is trained in listening and communication skills. They are then available to provide a variety of services for other students in order to help prevent crises and channel students needing help to the appropriate adults.

Cost:

Free.

Services Provided:

- One-on-one assistance and referrals.
- School-wide presentations to promote awareness on high risk topics or motivate the student body in a positive way.
- Education on peer pressure and other topics to elementary and middle school students.
- Mentoring and assisting new students.
- Classroom presentations on various topics of interest to teens.

➤ **Prevention and Community Education Services, Loudoun County Mental Health Services**

102 Heritage Way, NE, Suite 302
Leesburg, VA 20176
703-771-5100
703-777-0170 (FAX)

Monday through Friday, 9:00 AM to 5:00 PM.

Services Available To:

Loudoun County residents.

Program Description:

Prevention and Community Education Services provides programs aimed at reducing the incidents of mental illness and substance abuse in the community by providing education to the general public and by developing and implementing programs that meet the needs of the community.

Cost:

Negotiable/sliding scale.

Services Provided:

- Presentations and workshops to community organizations, schools, businesses, civic groups and public agencies. The range of topics is broad and includes: self-esteem, stress management, substance abuse, addictions, communication skills, anger management, grief and loss, conflict resolution and mediation.
- School and center-based programs for children and youth at risk. These programs include: children of alcoholics, anger management, coping with loss and grief, coping with divorce and separation, conflict resolution and mediation. Staff provide co-leadership of groups, training for school administrators, guidance counselors, social workers, other staff, students, and co-sponsorship of the county's PEER Helper program.
- Community-based services include the neighborhood Prevention Initiative in the northeast quadrant of Leesburg. The program provides services for at-risk youth and their families. Activities include: support for multiple sports programs; conflict resolution and

(continued)

mediation training; transportation; and special sports camps such as tennis and soccer.

- Participation in public awareness events and community coalitions dedicated to the prevention of mental illness and substance abuse prevention. Staff are active in the Loudoun Advisory Commission on Youth/CTC, the North East Coalition, the Loudoun County Positive Choices, the Council of Governments' Prevention, Education and Intervention Committee, the Loudoun Abused Women's Shelter, the Retired Senior Volunteer Program, Loudoun Suicide Prevention Coalition, YMCA teen advisory committees, and elementary school at-risk committees.

➤ **Substance Abuse Prevention Program, Loudoun County Public Schools**

55 Plaza Street
Leesburg, VA 20175
703-771-6430
703-771-6479 (FAX)

Monday through Friday, 8:30 AM to 4:30 PM.

Services Available To:

All Loudoun County students.

Program Description:

Support groups for students from alcoholic or drug using families and for students at risk or recovering from substance abuse. A 3-day intervention/prevention class for policy violators or students at risk from substance abuse. Classroom presentations on alcohol and other drugs.

Cost:

Free.

Services Provided:

- Assessment, referral and psycho-educational groups for students with potential alcohol/drug problems.

➤ **Teen Pregnancy Prevention Council**

See Young Parents Network, page #86.

➤ **Teen Violence Prevention Program**

See LAWS Sexual Assault Services, page #17.

➤ **WORK (Work Ordered Repayment by Kids)**

See page #95.

recreational resources



➤ **Adult Sports**

703-777-0343
703-771-5354 (FAX)

For adult sports (baseball, softball, basketball, flag football and volleyball) call Steve Trimble, Adult Sports Coordinator, Loudoun County Parks, Recreation and Community Services.

➤ **Ashburn Sports Pavilion**

20585 Ashburn Village Boulevard
Ashburn, VA 20147
703-729-0581
703-589-1110 (FAX)

Monday through Friday, 5:00 AM to 10:00 PM; Saturday and Sunday, 8:00 AM to 8:00 PM.

Services Available To:

Residents of Ashburn Village (membership) and guests.

Program Description:

Offers after school activities program, sports summer camp, swim lessons, karate, indoor soccer, social activities, racquet sports clinics and lessons.

Cost:

Varies.

Services Provided:

- Membership includes use of facility, including two racquetball, one squash, six tennis courts, full-size gymnasium, fitness area, aerobic studio, 25 meter indoor and outdoor pools. All programs listed above are open to members and to guests.

➤ **Big Friends**

See page #74.

➤ **Bluemont Concert Series**

P.O. Box 208
Leesburg, VA 20178
703-777-6306
703-777-0574 (FAX)

Office hours are Monday through Friday, 9:00 AM to 5:00 PM. Programs by arrangement.

Services Available To:

Everyone in the community.

Program Description:

The goal of the Bluemont Concert Series is to enrich the cultural life of the community by providing high quality, family focused entertainment at affordable prices to all members of our community.

Cost:

Varies with the program provided.

Services Provided:

- Bluemont Summer Concert: summer series of concerts Sunday evenings on the Courthouse lawn in downtown Leesburg and nine other sites in the region.
- Artist-In-Education Program: brings high quality performing artists to Loudoun County schools.
- Monthly Country Dances: 3rd Saturday of the month, 8:00 PM. October through May at the Bluemont Community Center.
- Concerts at various Loudoun locations throughout the year.
- Community Outreach Program: benefit performances at local hospitals and nursing homes.
- Provides entertainment at other community events such as First Night Leesburg and Home Grown Loudoun.

➤ **Boy Scouts of America**

Dan Mullin
National Capital Area Council
9190 Rockville Pike
Bethesda, MD 20814
301-214-9123 (work)
703-627-2004 (home)
301-564-3648 (FAX)
Dmullin@boyscouts-ncac.org (e-mail)
www.boyscouts-ncac.org

Monday through Friday, 8:30 AM to 5:00 PM.

Services Available To:

Boys ages 1st grade through age 17; co-ed ages 14 through 20.

Program Description:

The mission of the Boy Scouts is to prepare young people to make ethical choices over their lifetimes by instilling in them the values of the Scout Oath and Law.

Cost:

\$7 registration plus unit costs.

Services provided:

- Cub Scouts: Boys in 1st grade through 5th grade may be Cub Scouts.
- Boy Scouts: Boys who have completed 5th grade through age 17 may be Boy Scouts.
- Venturing program: For young men and women age 14 (who have completed 8th grade) through age 20. Emphasizes team leadership, life skill development, outdoor and high adventure activity.
- Exploring program: For young men and women age 14 (who have completed 8th grade) through age 20. This is part of the Learning for Life Career Education Program: to provide structure and resources needed for the youth of America to learn about career opportunities to make ethical choices and to achieve their full potential as individuals.
- Scout units are chartered to local community religious and civic organizations.

Adult volunteers needed.

➤ **Easter Seals Summer Camp**

EASTER SEAL SOCIETY OF VIRGINIA (HEADQUARTERS)

201 East Main Street
Salem, VA 24153
1-800-365-1656

EASTER SEAL CAMP – WEST

Rt. 2, Box 534
New Castle, VA 24127
540-864-5750
540-864-6797 (FAX)

EASTER SEAL CAMP – EAST

20500 Easter Seal Drive
Milford, VA 22514
804-633-9855
804-633-6203 (FAX)

Services Available To:

Physically disabled or mentally retarded people.

Program Description:

Two camps are available for ages 5 and up. Sessions are based on age. Youth camps are for 5 to 17 year olds; adult camps are for 18 years and older. Sessions are usually 6 or 12 days. A 24-day speech therapy camp is available in July for 8 to 17 year old youth.

Cost:

Generally \$490 for 6 day camp and \$980 for 12 day camp, based on family information. Financial assistance available.

➤ **4-H**

Virginia Cooperative Extension,
Loudoun Office
30-B Catoctin Circle, SE
Leesburg, VA 20175
703-777-0373
703-771-5844 (FAX)

Monday through Friday, 8:30 AM to 5:00 PM.

Services Available To:

Anyone between the ages of 5 and 19.

Program Description:

An educational program using adult volunteers to help young people develop into productive citizens.

Cost:

Free.

Services Provided:

- An opportunity to learn life and social skills through projects such as computers, woodworking, public speaking, photography, electricity, foods and nutrition, horticulture, bicycle, science, a variety of animal projects, and more.
- An opportunity to develop leadership skills.
- Educational programs in clubs and special interest groups.
- Competitive activities to exhibit your skills.
- An opportunity to develop leisure skills through activities like camp.
- An opportunity to make new friends.

➤ **Girl Scouts of the Nation's Capital**

Tammy Worcester & Lorrie Caudle
107-G Loudoun Street, SW
Leesburg, VA 20175
703-777-5644
703-777-5489 (FAX)

tworcest@gsnc.org (E-mail/Worcester)

lcaudle@gsnc.org (E-mail/Caudle)

Services Available To:

All girls, kindergarten through seniors in high school.

Program Description:

Educational and recreational program for girls.

Cost:

\$7 per year plus troop dues.

Services Provided:

- Instills positive moral values.
- Provides good citizenship training.
- Increases social skills.
- Offers participation in community services.
- Develops outdoor skills such as cooking, hiking and camping.
- Having fun!

Adult volunteers needed.

➤ **Ida Lee Recreation Center**

50 Ida Lee Drive, NW
Leesburg, VA 20176
703-777-1368
703-737-7165 (FAX)

Monday through Friday, 6:00 AM to 10:00 PM.

Saturday, 8:00 AM to 6:00 PM. Sunday, 10:00 AM to 6:00 PM.

Pool closes at 9:30 PM Monday through Friday. Pool closed Saturdays 9:00 AM to 12:00 noon.

Services Available To:

Anyone.

Program Description:

Ida Lee is a fully-equipped fitness and recreation center.

Cost:

Daily admission: adults \$4; youth 15 and under \$3; seniors \$2. Call for long-term pass rates.

(continued)

Services Provided:

- A 25 meter x 25 yard indoor pool with two one-meter diving boards.
- Poolside spa and sundeck.
- Full size gymnasium; weight room.
- Fully equipped locker room.
- Multi-purpose room.
- Child Care (available to parents using the Center, Monday through Friday, 9:00 AM to 12 Noon; Monday through Thursday, 4:30 PM to 8:00 PM.)
- Meeting space.

➤ **Leesburg Parks and Recreation Department**

60 Ida Lee Drive, NW
Leesburg, VA 20176
703-777-1262
703-737-7148 (FAX)

Services Provided To:

Anyone.

Program Description:

Offers a variety of programs in sports, arts and crafts, aquatics, special interests, such as wellness and drama and special events for all ages.

Cost:

Varies.

Services Provided:

- Parks located throughout Leesburg.
- Organized events, activities and classes.
- Scholarship program for Leesburg residents.
- Employment opportunities.

PARKS**• Ida Lee Park**

138 acres, located off North King Street next to historic Union Cemetery. Recreation Center (indoor pool, gymnasium, fitness, meeting rooms), soccer/lacrosse fields, concession/restaurants, 7-court tennis complex, playground, picnic shelter, tables, bandstand, trails. Future recreation center expansion

to include: expanded fitness room, leisure pool, racquetball courts, aerobic/dance, child-care, preschool, arts/crafts, meeting rooms, and social hall.

• Balls Bluff Park Site

One hundred-forty-one acres located along the Potomac River adjacent to Northern Virginia Regional Park Authority's Balls Bluff Park north of the Potomac Crossing development. Permanent access to be provided in the future. A master plan is being developed for proposed uses of the park, which may include active and passive uses as well as a public boat launch.

• Brandon Park

Three-acres located on South Harrison Street behind the F&M Bank. Open space and picnic tables.

• Carrvale Park

Four acres located at the end of Marshall Street, NE. Open space.

• Catoctin Skate Park

One-half acre located on Catoctin Circle next to the Rescue Station. Street skate park with half pipes, quarter pipes, rails, ramps and fun boxes.

• Edwards Landing Park

Thirty-two acres located in the proposed Edwards Landing development. Access will be from future road in Edwards Landing development. Future facilities to be built include picnic shelter, tables, nature trails, Potomac Heritage Trail access.

• Foxridge Park

Nine acres located on the west end of Catoctin Circle next to Charles S. Monroe Technology Center. Picnic shelter, restrooms, tables, youth softball/soccer field, basketball court, playground and W&OD Trail access.

• Georgetown Park

One-half acre located in the historic district on South King Street at the South Street intersection. Picnic tables, benches, W&OD Trail access.

• Greenway Park

4 acres located in Greenway Farms residential development. Playground, basketball court, tables and nature trail.

- **Izaak Walton Park Site**

Twenty-one acres located on the east end of Davis Avenue adjacent to Food Lion. The park, once owned by Izaak Walton League includes a 3 – acre pond, stream and 7500 square foot building. A master plan is being developed for proposed uses of the park, which may include passive uses such as a nature center, fishing pier, picnic facilities, playground and trails.

- **Raflo Park**

Formerly South Harrison Street Park. Three acres located on South Harrison Street next to Market Station. Picnic tables, gazebo, W&OD Trail access.

- **Robinson Park**

Ten acres located on Plaza Street next to Leesburg Elementary. Baseball field, multi-purpose field, trail.

- **Rotary Park**

One acre located at the North and Church Street intersection. Basketball court, playground, picnic tables, and benches.

- **Tuscarora Creek Park**

Thirty-two acres located on Solitude Court in the Kincaid Farms Development. Playground, basketball court, tables and nature trail and W&OD Trail access.

FUTURE PARKS

- Plans for the development of future public parks are in place and include the following:

- **Potomac Crossing Park**

20 acres access will be from future road in Potomac Crossing Development. Picnic shelter, tables, playground, restrooms, tennis courts, ball field, basketball courts.

- **Route 621 Park Site**

20 acres located at the intersection of Evergreen Mill Road and Tolbert Lane adjacent to the Simpson Middle School. The park was acquired in spring 1999 and a development plan is being designed for proposed uses to include four baseball fields, football field, pavilion with concessions and a playground.

➤ Loudoun County Adult Sports Advisory Council

Loudoun County Parks, Recreation and Community Services (PRCS)

703-777-0343

Meets the 1st Wednesday of every month at 7:00 PM at the PRCS office. Please call for more information.

This Council is composed of participants from the adult sports community. The purpose of the council is to address issues that are of common interest to all adult sports programs. The Council has expanded its role in terms of league involvement and is now responsible for contacting officials in the various sports and also reimbursing the County for the direct costs of league activities. The Council is also responsible for the promulgation of league rules and must have input from participants to effectively perform this vital function.

➤ Loudoun County Parks, Recreation and Community Services

1 Harrison Street, SE

4th Floor

P.O. Box 7000

Leesburg, VA 20177

703-777-0343

703-771-5354 (FAX)

Hours vary by location.

Services Available To:

All age groups.

Program Description:

Provides public recreational services and facilities which are fully responsive to the expressed needs of all County residents.

Cost:

Nominal fees for some programs.

(continued)

Services Provided:

- Community centers (see page #112).
- Day care, before and after school programs, holiday programs, summer day camp and summer specialty camps.
- Parks.
- Outdoor maintenance and athletic facilities.
- Office on Youth (see page #99).
- Middle School Activities (YAS) Program (see page #115)
- Youth and adult sports programs.
- Loudoun County Special Recreation Program (for the mentally/physically challenged – see page #82).
- Senior adult programs.
- Loudoun County Area Agency on Aging (AAA) (see page #65).
- WORK (Work Ordered Repayment by Kids) (see page #95).

PAVILIONS

Pavilions at Ashburn Park, Briar Patch Park in Sterling, Franklin Park in Purcellville, and Mickie Gordon Memorial Park in Middleburg are available for reservations during the year. The fees for pavilion reservations are \$40 for a half-day and \$60 for a full day. To reserve a pavilion, call 703-777-0343. Unless reserved, pavilions are available on a first-come-first-served basis.

BALL FIELDS

Ball fields may be reserved. Reservations are subject to availability. Unless reserved, ball fields are available on a first-come-first-served basis. To reserve a ball field, call 703-777-0343. The fees for ball field reservations are: unlighted ball field, \$30/hour; lighted ball field, \$40/hour.

PARKS

Facility rentals: payment of rental fees is for guaranteed use.

• Ashburn Park

Ashburn, VA

This 16-acre park offers three beautiful playground areas for children, nature trails, picnic pavilion and picnic tables.

• Banshee Reeks Park

Rt. 771

Leesburg, VA

Consisting of 695-acres of beautiful park land, Banshee Reeks Park, located along Goose Creek, is open for organized groups on a scheduled basis. Reservations are being accepted for The Manor House Meeting Center located at Banshee Reeks Park. For more information or to reserve a date call 703-777-0343.

• Barns At Franklin Park

See Franklin Park listed below.

• Briar Patch Park

Sterling Boulevard

Sterling, VA

This 5-acre park contains several playground areas, a picnic pavilion, volleyball court, basketball court, two tennis courts and a walking trail.

• Claude Moore Park

21544 Cascades Parkway

Sterling, VA

This 357-acre park has undisturbed woodlands, two fishing ponds, nature trails, nature center and picnic facilities. The youth sportsplex includes two football fields (one lighted, one unlighted), seven lighted softball/baseball/Little League fields and a sports kiosk. The park also includes the Lanesville Heritage area.

• Countryside Park

Located in Countryside. This one-acre park includes a basketball court.

- **E. E. Lake General Store**

Bluemont, VA
Historic country general store.

- **Franklin Park**

Between Purcellville and Round Hill off old Rt. 7. This 203-acre park has two baseball fields, two football fields, two soccer fields, three Little League/softball fields, two tennis courts, leisure/lap pool, pond, two picnic pavilions, playground, horseshoes and lawn bowling and a three mile long trail for walking or horseback riding. Franklin Park Performing and Visual Arts Center will, when completed, feature a 304-seat theater, an observatory/ astronomy lab, a visual arts exhibit area, and full accessibility for the disabled (both performers and audience members). The Center will be the first venue of its kind in the United States.

- **Greg Crittendon Memorial Park**

Ashburn Farm, VA. This 16-acre park offers three softball/baseball fields and a kiosk.

- **Harper Park**

Rt. 7 (just east of Leesburg), Leesburg, VA. 1-acre park includes the historic site of the Stone House.

- **Keep Loudoun Beautiful Park**

Off Rt. 7 near Goose Creek Golf Course
Leesburg, VA

This 3-acre park offers a pleasant picnic area and canoe access to the creek.

- **Lucketts Community Park**

Rt. 15 (north of Leesburg)
Lucketts, VA

10-acre park includes soccer field, lighted softball field and trails network.

- **Manor House Meeting Center,**

The See Banshee Reeks Park.

- **Mickie Gordon Memorial Park**

Route 50 (just east of town)
Middleburg, VA

This 49-acre park includes a lighted baseball field, a Little League field, five soccer fields, two tennis courts, two kiosks, a picnic pavilion, a small pond for fishing.

- **Mt. Zion Church**

Rt. 50 (just east of Gilbert's Corner)
Aldie, VA
Historic civil war site and church.

- **Nell Boone Park**

Neersville, VA
This 3-acre park offers a softball/little league field, playground, basketball court and a tennis court.

- **Potomac Lakes Sportsplex**

Cascades Parkway
Sterling, VA
This 47-acre adult sport complex features four lighted adult softball fields, six soccer fields, playground and a sports kiosk.

- **Purcellville Fireman's Field**

Nursery Avenue
Purcellville, VA
This 12-acre park includes a lighted baseball/ football field, batting cages and two sports kiosks.

- **Trailside Park**

Ashburn Farm
Ashburn, VA
This 20-acre park includes in-line hockey, lighted baseball/softball field, two lighted Little League/softball fields and a sports kiosk and play ground.

- **Woodgrove Park**

Round Hill, VA (park located northeast of town) 30-acre park includes baseball field, Little League field, soccer field and softball field.

COMMUNITY CENTERS

➤ **Arcola Community Center**

P.O. Box 23A
24244 Gum Spring Road
Arcola, VA 20107
703-327-3111
703-327-4002 (FAX)

Facilities:

Indoor: Gymnasium/auditorium with stage, game room, dance room, weight room, kitchen, library, pottery kiln, rock climbing wall, and three meeting/classrooms.

Outdoor: Soccer field, baseball/softball field, tennis court, two multi-use basketball courts, volleyball court, picnic area with grills and tables, playground and a pavilion.

➤ **Bluemont Community Center**

33846 Snickersville Turnpike
Bluemont, VA 20135
540-554-8643
540-554-2405 (FAX)

Facilities:

Indoor: Auditorium/multi-purpose room with stage, and three meeting/classrooms.

Outdoor: B-B-Q shelter with enclosed serving area, basketball court, large playing field and a playground.

➤ **Douglass Community Center**

407 East Market Street
Leesburg, VA 20176
703-771-5913
703-771-5914
703-771-5926 (FAX)

Facilities:

Indoor: Gymnasium, lounge and four meeting/classrooms.

Outdoor: Softball field, in-line hockey rink, basketball

court, playground, volleyball court and two picnic pavilions. Access to W&OD trail.

➤ **Loudoun Valley Community Center**

320 West School Street
Purcellville, VA 20132
540-338-4122
540-338-6325 (FAX)

Facilities:

Indoor: gymnasium/auditorium with stage, fitness room, four meeting/classrooms, multi-purpose room, cafeteria and kitchen.

Outdoor: Baseball field, basketball court, tennis court, volleyball court, picnic pavilion and two playgrounds.

➤ **Lovettsville Community Center**

57 East Broadway
Lovettsville, VA 20180
540-822-5284
540-822-4082 (FAX)

Facilities:

Indoor: Gymnasium, kitchen and seven meeting/classrooms.

Outdoor: Swimming pool, baseball field, two lighted tennis courts, basketball court, picnic area, playground and two small picnic shelters.

➤ **Lucketts Community Center**

42361 Lucketts Road
Leesburg, VA 20176
703-771-5281
703-771-5280 (FAX)

Facilities:

Indoor: Gymnasium/auditorium with stage, multi-purpose room, three meeting/classrooms, kitchen and

fitness room.

Outdoor: Playground, ball field, picnic tables and grill, tennis court, basketball court, pavilion, gazebo and flower garden.

➤ **Middleburg Community Center**

300 West Washington Street
P.O. Box 888
Middleburg, VA 20118
540-687-6375
540-687-5326 (FAX)

Facilities:

Indoor: Kitchen, auditorium with stage, meeting/classroom, and multi-purpose room.

Outdoor: Swimming pool, softball field, horseshoe pits, amphitheater, volleyball court, two playgrounds and picnic area.

➤ **Philomont Community Center**

36592 Jeb Stuart Road
P.O. Box 268
Philomont, VA 20131
540-338-5882
540-338-6502 (FAX)

Facilities:

Indoor: Large multi-purpose room, two meeting/classrooms, game room and kitchen.

Outdoor: Basketball court, playground, grills, picnic tables and pavilion.

120 Enterprise Street
Sterling, VA 20164
703-430-9480 or 703-450-5495
703-421-3118 (FAX)

Facilities:

Indoor: Full court gymnasium, game room, one multi-purpose room, fitness room and kitchen.

Outdoor: Large park with play equipment, grills, picnic tables, benches, open play area and pavilion.

➤ **Sterling Annex Community Center**

1115 West Church Road
Sterling, VA 20164
703-430-6673
703-430-4375 (FAX)

Facilities:

Indoor: Large multi-purpose room with stage, six meeting/classrooms and kitchen.

Outdoor: Lighted softball field (outfield accommodates soccer), small park with lighted playground, picnic tables and benches.

➤ **Loudoun County Senior Center At Cascades Marketplace**

21060 Whitfield Place
Sterling, VA 20165
703-430-2397

Monday, Wednesday and Friday, 9:00 AM to 5:00 PM.
Tuesday, 9:00 AM to 9:00 PM.

Services Available To:

All citizens 55 years of age and older.

Program Description:

➤ **Sterling Community Center**

(CONTINUED)

The Senior Center offers daily classes, programs, activities and a noon meal for seniors 55 and over. Call for schedules.

Cost:

Annual membership fee through June 30, 2001 is \$10 per person for Loudoun County residents and \$15 per person for non-county residents. In lieu of annual membership, senior citizens may pay a daily drop-in fee of \$1.

Services Provided:

- CAFE (noon meal Monday through Friday, \$3.75 for ages 55 through 59; donation for those over 60 years of age).
- Ceramic room (introduction class required).
- Club Room offers coffee, along with local newspapers and various magazines.
- Computer lab is available unless a class is scheduled. Check your e-mail, play a computer game, write a letter. Printing is also available.
- Weekly program at the Senior Center offers a wide variety of programs which are free, and require no registration. Watch for information in the Senior Center Review about weekly programs.
- There are also many classes and some special events programs organized.

➤ **Loudoun County Special Olympics**

See Loudoun County Special Recreation Program, page #82.

➤ **Loudoun County Special Recreation Program**

See page #82.

➤ **Loudoun County YMCA**

6 Fairfax Street, SE
Leesburg, VA 20175
703-777-YMCA
703-779-2275 FAX)

Monday through Friday, 8:30 AM to 5:00 PM (office hours). Classes: Monday through Thursday, 9:00 AM to 8:30 PM; Saturday, 9:00 AM to 1:00 PM.

Services Available To:

Membership is open to all persons who wish to support the purposes of the YMCA.

Program Description:

Provides programs and services which advance the following goals: developing values for living; strengthening family structures; working for interracial and intergroup understanding; strengthening physical and mental health; changing conditions that foster alienation, delinquency and crime; contributing to international understanding and world peace.

Cost:

Fees vary based on the services provided. Financial assistance is available to those who qualify.

Services Provided:

- Swimming (children and adults).
- Leadership development.
- Day camping.
- Fitness classes.
- Youth sports.
- Big Friends.
- Youth outreach.
- Child care.

➤ **Loudoun Museum**

See page #48.

➤ **McGruff Summer Safety Camp**

(Loudoun County Sheriff's Department). See page #100.

➤ **Naturalist Center, The**

(of the Smithsonian Institute's National Museum of Natural History)
See page #49.

➤ **Northern Virginia Regional Park Authority**

5400 Ox Road
Fairfax Station, VA 22039
703-352-5900
703-273-0905 (FAX)

Monday through Friday, 8:00 AM to 4:30 PM
(headquarters' office hours.)

Services Available To:

Anyone.

Program Description:

Provides recreational activities and facilities.

Cost:

Free. Fees for golf, swimming pools, mini-golf, boat launching, boat and recreational vehicle storage.

Services Provided (Loudoun County):

- Algonkian Regional Park
703-450-4655. Route 637, Sterling, VA Swimming pool, 18-hole golf course, miniature golf, snack bar, picnic, fishing, trail, 12 vacation cottages open year-round, meeting and reception rooms, boat launch and ramp, boat and recreational vehicle storage.
- Red Rock Regional Park
703-779-9372. Edwards Ferry Road, Leesburg. Trails, hiking and nature sanctuary.
- W&OD Regional Park
703-729-0596. A 45-mile paved park extending from I-395 in Arlington to Purcellville. Parallel equestrian trail from Vienna to Purcellville (32.5 miles). Jogging, bicycling and bridle trail.

- Ball's Bluff Regional Park

703-779-9372. Ball's Bluff Road, NE of Leesburg. 223-acre park surrounding Ball's Bluff National Cemetery. Encompasses most of the site of Civil War Battle of Ball's Bluff. Trail, parking and interpretive signs.

- Temple Hall Farm Regional Park

703-779-9372. Leesburg. Working farm with interpretive programs for pre-arranged group tours. Children help feed and care for animals and tend garden. Open for scheduled tours only. Fee will be charged.

➤ **Senior C.A.F.Es**

Lunch, social and wellness activities each weekday. Transportation available. See Loudoun County Area Agency on Aging, page #65.

➤ **Storytime Program for Kids**

See Loudoun County Public Libraries, page #38.

➤ **Youth After School Program (YAS)**

Middle School Activities Program
Loudoun County Department of Parks, Recreation, and Community Services
1 Harrison Street, SE, 4th Floor
P.O. Box 7000
Leesburg, VA 20177
703-771-5602
703-771-5383 (FAX)

Services Available To:

Any student who is enrolled in 6 – 8 grade in one of the schools being served by the Youth After School (YAS) Program is eligible for the program. YAS will be held after school at various middle schools throughout the county. The types, times and locations of the Youth After School (YAS) Program, Youth Instructional Sessions (YIS) Classes, YAS Intramural Sports, YAS Parent Programs, and YAS Special Events will depend

(continued)

on the season, the school at which the activities are held and the facilities that are available.

Program Description:

YAS is designed to provide structured, supervised after school recreational activities for general and special education middle school students. The school year will be divided into ten, one-month sessions. During each session YAS will be held for those students who want to participate in varied recreational activities on a daily basis. In addition, various Youth Instructional Sessions (YIS) Classes may be offered as well. The key to YAS is that the students will have time to participate in physical and non-physical recreational activities of their choosing with guidance and supervision from the staff members.

Cost:

\$30 first-time registration fee (once per school year).
YAS: \$80 per month; YIS: costs vary depending on activity. For income eligible families, reduced fees are available.

Services Provided:

Activities may include, but are not limited to:

- Sports.
- Games.
- Arts and crafts.
- Music.
- Drama.
- Quiet time for reading and homework.
- Special events.
- Instructional classes.

➤ **OTHER RECREATIONAL OPPORTUNITIES – not County operated.**

BASKETBALL

Call Loudoun County Parks, Recreation and Community Services, 703-777-0193, for information about places to play throughout the County. Also see **Organized League Sports** on page #119 in this section of the *Resource Guide*.

BOWLING

- **Bowl America**
46940 Woodson Drive
Sterling, VA 20164
703-430-1350
- **Village Lanes Bowling Center**
49 Catoctin Circle, SE
Leesburg, VA 20175
703-777-1864 or 703-777-1865

EQUESTRIAN ORGANIZATIONS AND ACTIVITIES

Look in your local telephone directory for boarding facilities and riding instructors. Many of the following activities are for both spectators and participants.

- **Combined Training Events**
Two spring and two fall events are sponsored by the Loudoun Hunt Pony Club. For information, call Margaret Goode, 703-777-8776 (day), 703-777-8776 (evening).
- **Commonwealth Dressage Combined Training Association (CDCTA).** Call Nicola Hales, 540-349-2020 for information.
- **Franklin Park**
Located in Purcellville, this park has equestrian trails. See Loudoun County Parks, Recreation and Community Services' listing in this section.
- **Horse Trials, U.S.C.T.A.**(recognized).
Occur in Loudoun and nearby counties on weekends in the fall and spring. For event secretaries and dates of horse trails occurring elsewhere in Virginia and Maryland, call the U.S.C.T.A., 703-779-0440.

Blue Ridge Horse Trials: September in White Post, VA. Organizer: Mary Ellen B. McMillen, 540-837-2904.

CDCTA Two-Day Horse Trials; Spring at Great Meadow, VA. Organizer: Colleen Keenam Hersson, 540-829-6733. Fall at Great Meadows, VA. Organizer: Emmett Turner, 540-937-7990

Difficult Run Horse Trials; Spring in Herndon, VA. Organizer: Rene Freedman, 202-885-4500. Fall in Herndon, VA. Organizer: Steve Symansky, 703-938-4426.

Elysian Hills Horse Trials; June and October in Marshall, VA. Organizer: Cynthia Brickley, 540-364-1502.

Fair Hill at Plantation Field Horse Trials; Spring and Fall in Unionville, PA. Organizer: Denis Glaccum, 610-347-2024.

Loudoun Hunt Pony Club Horse Trials, Spring at Morven Park, Leesburg, VA. Fall at Oatlands, Leesburg, VA. Organizer: Margaret Goode, 703-777-8776.

Menfelt Horse Trials; Spring, Summer and Fall in Frederick, MD. Organizer: Mrs. Clabaugh, 301-898-9560.

Middleburg Horse Trials; September at Glenwood Park, Middleburg, VA; Organizer: Halina Hapworth, 540-687-5449.

Morven Park Horse Trials; Spring and Fall in Leesburg, VA. Organizer: Margaret Goode, 703-777-8776.

Virginia Horse Trials; November in Lexington, VA. Organizer: Brian Ross, 540-348-1152.

• **Hunt Clubs**

Fairfax Hunt – Randy Rouse, 703-532-2257 or 703-327-6282

Loudoun Hunt – Harry Wright, 703-777-8480. Schedule, 540-338-4495.

Loudoun Hunt West – Jim Gable, 703-777-6700.

Middleburg Hunt – Penny Denegre, 540-687-6069 (V) or 540-687-3728 (FAX).

Orange County Hunt – Jimmy Young, 540-364-1831.

Piedmont Hunt – Randy Waterman, 540-592-3484.

Snickersville Hounds – Mike Turner, 540-554-2019.

• **Loudoun Hunt Pony Club**

Horse management, riding instruction, and competition opportunities for youth 21 and under. Call Margaret Goode, 703-777-8776 for information.

• **Loudoun Therapeutic Riding Foundation**

See page #67.

• **Middleburg-Orange Hunt Pony Club**

Horse management, riding instruction and competition opportunities for youth 21 and under. Call Kate Shields, 540-554-8671, for information.

• **Point to Point Races**

Held at Glenwood (Middleburg), Morven Park (Leesburg) and Oatlands (Leesburg). Check community calendars in the local newspapers for dates and times.

• **U.S. Combined Training Association**

(U.S.C.T.A.). Promotes sport of eventing for youth and adults. Sponsors activities. Call Holly MacKenzie, 703-779-0440 for information.

• **U.S. Trail Ride, Inc.**

Provides monthly trail rides, occasionally sponsors judged trail ride, organizes annual Memorial Day distance ride (10 miles) for charity. Call Meredith Hilt at 703-430-2789.

• **W&OD Regional Park**

Equestrian trail from Vienna to Purcellville (32.5 miles). See Recreation Resources section/Northern Virginia Regional Park Authority.

FISHING SPOTS

- **Keep Loudoun Beautiful Park**
See the Loudoun County Department of Parks, Recreation, and Community Services listing in this section.
- **Mickie Gordon Memorial Park**
See the Loudoun County Department of Parks, Recreation, and Community Services listing in this section.

GOLF COURSES

- **Algonkian Regional Park** (open to the public)
47001 Fairway Drive
Sterling, VA 20165
703-450-4655
703-450-2806 (FAX)
www.NVRPA.org
- **Goose Creek Golf Club** (open to the public)
43001 Golf Club Road
Leesburg, VA 20175
703-729-2500
703-729-9364 (FAX)
www.goosecreekgolf.com
- **Lansdowne Golf Club** (semi-private golf resort)
44050 Woodridge Parkway
Leesburg, VA 20176
703-729-4071
www.lansdowneresort.com
- **Loudoun Golf and Country Club** (private)
P.O. Box 189
36967 West Main Street
Purcellville, VA 20132
540-338-7679
www.loudoungcc.com
- **Raspberry Falls Golf Club** (open to the public)
41601 Raspberry Drive
Leesburg, VA 20176
703-779-2555
www.raspberryfalls.com

- **Sterling Park Golf, Swim and Tennis** (private club)
333 South Sterling Boulevard
Sterling, VA 20164
703-430-1400
- **Stoneleigh Golf Club** (semi-private course)
35271 Prestwick Court
Round Hill, VA 20141
540-338-4653
stoneleigh@erols.com (e-mail)
www.stoneleighgolf.com
- **Westpark Golf Club** (open to the public)
59 Club House Drive, SW
Leesburg, VA 20175
703-777-7023

GYMNASTICS

Most of the following gymnasiums offer both recreational and competitive curriculums, with some offering aerobic classes and programs designed for handicapped participants.

- **Apex Gymnasium**, Leesburg – 703-777-5344.
- **Gymnastics Is Fun**, Ashburn – 703-724-4072.
- **Little Gym**, Sterling – 703-404-8543
- **Northern Virginia Gymnastics Academy**, Sterling
703-430-5434.

MOVIE THEATERS, LOUDOUN COUNTY

- **Regal's Cinemas at Countryside**
45980 Regal Plaza
Sterling, VA 20164
703-404-8600
- **Town Center \$1.50 Cinemas**
21800 Town Center Plaza, Suite 260
Sterling, VA 20164
703-444-1117

ORGANIZED LEAGUE YOUTH SPORTS, LOUDOUN COUNTY

The following list of organized league youth sports are offered through the Loudoun County Youth Sports Programs. For more information call 703-777-0343 (local) or 703-478-8407 (metro). Contact information under individual sport listings is subject to change.

BASEBALL

- **American Legion Post 34**
Carl Watkins
703-444-1625
- **American Legion Post 150**
John Murphy
703-450-6024
- **American Legion Post 293**
Larry Burk
540-338-0496
- **Central Loudoun Little League Baseball**
Walter McCloud
703-777-3897 (info line)
www.clll.org
- **Central Loudoun Pee Wee Baseball**
Scott Fox
703-771-8429
www.50megs.com/clpeewee
- **Dulles Little League Baseball**
Ken Diviney
703-729-1139 (info line)
www.dulleslittleleague.org
- **Greater Loudoun Babe Ruth**
Buddy Painter
540-338-7083
- **Lower Loudoun Little League Baseball**
Deb Newgaard
703-430-0160
703-406-8211 (FAX)
www.llbaseball.com

- **Upper Loudoun Little League Baseball**
John Lanham
540-687-4128

ULLL TOWNSHIP CONTACTS

- **Hamilton**
Jeff Nesbitt, 540-882-3601
- **Hillsboro**
Chris Jenkins, 540-668-6137
- **Lovettsville**
Vince Santmeyer, 540-882-3177
- **Middleburg**
Margaret Von Gersdorff, 540-338-3155
- **Purcellville**
Norris Beavers, 540-687-5681
- **Round Hill**
David Kaseman, 540-338-6393

BASKETBALL

Commissioner of Travel League
Ron Yopp
Parks, Recreation and Community Services
P.O. Box 7000
Leesburg, VA 20177
703-777-0343

- **Central Loudoun Basketball**
Chester Jourdan
703-443-0038
www.youthsports.com/member/clbl
- **Farmwell Station Basketball**
Brad Compton
703-724-0446
www.fsbl.org
- **Harper Park Basketball**
(contact to be announced)
- **Seneca Ridge Basketball**
Ken Whitlow
703-444-9072

- **Eastern Loudoun Basketball**
Lorraine Kitchen
703-724-9151
- **Western Loudoun Basketball League**
Don Rose
540-338-9199
- **Western Loudoun Basketball League**
Senior Division
Robert J. Schonder
540-554-8582

CHEERLEADING COORDINATORS

- **Eastern Loudoun**
Jamie Johnson
703-430-5833
- **Central Loudoun**
Carolyn Browne
703-777-1217
- **Upper Loudoun**
Libby Stickman
540-338-9408

FOOTBALL

- **Central Loudoun Youth Football**
Paul Cadwell
703-443-2028
cadwellp@psinet (e-mail)
- **Lower Loudoun Boys Football**
Gary Kidwell
703-435-5873
- **Upper Loudoun Midget Football**
Judy Cox
540-668-6568

IN-LINE HOCKEY

- **Ashburn In-Line Hockey Association**
Rob Eisenberg
703-404-7754 (H)
703-749-5025 (W)
703-430-4650 (info line)

- **Loudoun Roller Hockey League**
Steve Foster
540-338-9397 (info line)
www.LRHL.com

LACROSSE

- **Loudoun Youth Lacrosse**
Cory Thompson
540-822-4401
540-882-3348 (info line)
- **Loudoun High School Lacrosse, Inc.**
Ed Cutshall
540-668-7700
540-668-6563
- **Old Dominion Lacrosse**
Joe Phisterer
703-430-1360

SOCCER

- **Loudoun Youth Soccer Association**
Lee Coogle
703-777-9977 (info line)
www.lysa.net
- **Sterling Youth Soccer Association**
Bill Maykrantz 703-430-8114
703-729-8728 (info line)
www.sysa.net

SOFTBALL

- **Ashburn Girls' Softball**
Chris Souther
703-729-2294
www.netsurfersclub.com/ags1
- **Lower Loudoun Girls' Softball**
Mary Lou Bertola
703-421-9200
- **Upper Loudoun Girls' Softball**
Please call Loudoun County Parks, Recreation and Community Services, 703-777-0343 for name and telephone number for specific contact.

ULGS TOWNSHIP CONTACTS

- **Hamilton**
Debbie Pappas, 540-882-3426
- **Leesburg**
David McCandless, 703-779-7557
- **Lovettsville**
J. P. Athey, 540-822-5330
- **Luckets**
Jackie Athey, 703-777-6628
- **Purcellville**
Meg Adams, 540-338-9649
- **Round Hill**
Robin and Burt Bartok, 540-338-5252

SWIMMING

- **Loudoun County Swim League Association**
Call Loudoun County Parks, Recreation and Community Services, 703-777-0343, for information.

TENNIS

- **Loudoun County U.S.T.A.**
Vickie Norman, 703-777-2079.
- **All Loudoun High Schools**
Courts available when not being used by school classes or teams.

WRESTLING

- **Loudoun Valley Youth Wrestling**
Mike Hardy
540-338-5524
- **Sterling Youth Wrestling Association**
Mark Evans
703-437-0885

NOT LEAGUE SPONSORED ACTIVITIES

TENNIS

Check listings of individual parks managed by the Loudoun County Department of Parks, Recreation and Community Services in this section. Several of these parks have tennis facilities.

- **Ashburn Sports Pavilion**
Call 703-729-0581 for information. Ashburn residents only.
- **Lansdowne Resort Tennis**
703-729-4095. Semi-private resort.
- **Lowes Island Club**
703-444-4801. Private club.
- **Loudoun Racquet and Fitness Club**
Call 703-777-7505 for information. Open to the public.
- **Middleburg Tennis Club**
Call 540-687-6388 for information. Private club.
- **Sterling Park Golf, Swim and Tennis**
703-430-1400, Private club.

PERFORMING ARTS ORGANIZATIONS

- **Academy of Dance and Movement**
703-444-7361
- **Bluemont Concert Series**
703-777-6306
www.bluemont.org
bluemontCS@aol.com (E-mail)
- **Dance Academy of Loudoun**
703-443-1093
- **Fairfax Ballet and the Russell School of Ballet**
703-803-1055
www.erols.com/ffxballet
- **Franklin Park Performing and Visual Arts Center**
See page #111.

(continued)

- **Growing Stage**
540-338-5367
www.growingstage.org
grostage@erols.coms
- **In Motion Dance Studio and Boutique (Warrenton)**
540-349-2439
- **Loudoun Arts Council**
703-777-7838
- **Loudoun Ballet Company**
703-771-1522
- **Loudoun School of Ballet**
703-771-3200
- **Loudoun Symphony**
703-771-8287
www.loudoun-symphony.org
- **Russell School of Ballet (Chantilly)**
703-803-1055

PERFORMING ARTS THEATRES – VA

- **George Mason University Center for the Arts**
703-993-8888
- **Gunston Arts Center**
703-228-6960
www.arlingtonarts.org
arts@co.arlington.va.us (e-mail)
- **Nissan Pavilion at Stone Ridge**
703-754-6400
www.cellardoor.com
- **Northern Virginia Community Cultural Center Theatre**
703-323-3159
- **Signature Theatre**
703-820-9771
www.sig-online.org

- **Thomas Jefferson Community Theatre**
703-228-6960
www.arlingtonarts.org
arts@co.arlington.va.us (e-mail)
- **Wolf Trap Foundation**
703-255-1900 (information) and
703-855-1849 (TTY).
www.wolftrap.org
wolftrap@wolftrap.org (e-mail)

SKATING FACILITIES

- **Ice House**
703-858-0300
- **Purcellville Skating Rink**
540-338-5025

STADIUMS – VIRGINIA, MARYLAND, AND D.C.

- **Fedex Field**
(Washington Redskin football)
Landover, MD 20785
301-276-6050
- **Nissan Pavilion at Stone Ridge**
(music and entertainment)
Bristow, VA
CONCERT LINE
703-754-1288
- **Robert E. Kennedy Stadium**
Washington, DC
STADIUM BOX OFFICE
202-547-9077 Ext. 719
- **Oriole Park at Camden Yards**
(Baltimore Orioles baseball)
Baltimore, MD
INFORMATION
410-685-9800
TICKETMASTER
888-848-2473

- **Patriot Center**

(music and entertainment)
George Mason University
Fairfax, VA
www.patriotcenter.com

EVENT INFORMATION
703-993-3000

SPORTS INFORMATION
703-993-3260

TICKET INFORMATION
703-573-SEAT

- **Prince William County Stadium**

Prince William Cannons, VA
TICKETLINE AND SCHEDULE
703-590-2311

- **Ravens Stadium at Camden Yard**

(Baltimore Ravens football)
1-888-919-9797

- **Show Place Arena**

Upper Marlboro, MD
GENERAL INFORMATION
301-952-7900

EVENT LINE
301-952-7999

TICKETMASTERS
202-432-SEAT

- **USAir Arena**

Landover, MD

TICKETMASTER
410-481-SEAT

WASHINGTON BULLETS SEASON TICKETS
301-NBA-DUNK

WASHINGTON CAPITALS INFORMATION
301-336-7000

INDOOR SOCCER WARTHOGS INFORMATION AND TICKET SALES
301-499-3000

SWIMMING POOLS AND CLUBS

See listings under individual Loudoun County Community Centers in this section. Also see Ida Lee Recreation Center in this section.

VOLLEYBALL

Drop-in games for adults at the Douglass Community Center, 703-771-5913, and Ida Lee Recreation Center, 703-777-1368. Call for dates and times.

For adult volleyball call Steve Trimble, Adult Sports Coordinator, Loudoun County Parks, Recreation and Community Services at 703-777-0193 (V); 703-771-5354 (FAX).

shelter & residential care



➤ **Alternative House**

2100 Gallows Road
Vienna, VA 22182
703-356-6360
1-800-SAY-TEEN (Hot Line)
703-442-0146 (FAX)

Shelter 24 hours. Counseling: flexible appointment times, no waiting list.

Services Available To:

Adolescents 13 to 17 years of age. Families in need of counseling.

Program Description:

Safe and caring temporary shelter – up to a two week stay. Family counseling program.

Cost:

Shelter free; however, residents must be willing to share in the responsibilities of the house. There is a fee for residents in the custody of the County.

Services Provided:

- A place to stay for youth who have run away or who need help with family problems.
- Counseling for adolescents and their families.
- 24-hour hotline.
- Information and referral.
- Walk-in counseling.

➤ **Emergency Homeless Shelter**

See Loudoun County Housing Services, page #128.

➤ **Emergency And Supportive Services Housing**

See Loudoun County Department of Social Services, page #79.

➤ **Good Shepherd Alliance, Homeless Shelters of Loudoun County**

P.O. Box 650399
Sterling, VA 20165
703-433-2631

703-433-2632 (FAX)

703-660-4058 – for emergency shelter, page the Shelter Director.

Monday through Friday, 10:00 AM to 6:00 PM.

Services Available To:

Anyone in need.

Program Description:

Emergency homeless shelters.

Cost:

Free.

Services Provided:

- Emergency shelter.
- Food and clothing.
- Referral to other service providers as needed.

➤ **Graydon Manor Psychiatric Residential Treatment Center**

801 Children's Center Road, SW
Leesburg, VA 20175
703-777-3485

www.graydonmanor.org

24 hours, 7 days a week.

Services Available To:

Boys ages 7 to 17 and girls ages 13 to 17.

Program Description:

Intensive psychiatric treatment in an open setting, utilizing a residential treatment model.

(continued)

Cost:

- Fees are charged for the services provided. Private insurance and state funding approved.

Services Provided:

- 24-hour psychiatric treatment.
- Individual, group, family, substance abuse, recreational and art therapy.
- Clinically directed group living and therapeutic recreation.
- Special and individually designed education.
- Structured Learning Program including problem solving techniques, anger control training and social skills development.

➤ **Link, Inc.**

See page #78.

➤ **Loudoun Abused Women's Shelter (LAWS)**

9 Loudoun Street, SE
Leesburg, VA 20175

703-777-6552, Shelter and 24-hour crisis line

703-771-3398, Administrative Office

703-771-7865 (FAX)

703-771-3397, Legal Services

703-771-9020, Sexual Assault Services

703-771-3973, Youth and Children's Services,
Family Visitation Center, Loudoun
County Nurturing Program

703-771-9020, Teen Violence Prevention Program

703-771-7845, Women's Resource Center

703-771-8173, Resourceful Woman's Thrift Shop 24
hours, seven days a week.

Services Available To:

Loudoun County residents who are survivors of domestic violence, sexual assault and/or child abuse. Limited referrals are accepted from other areas on a space available basis.

Program Description:

Crisis intervention, support and advocacy including emergency shelter for victims of domestic violence and sexual assault.

Cost:

None.

Services Provided:

- Temporary emergency shelter.
- 24-hour crisis line.
- LAWS Legal Services (see page #92).
- LAWS Youth and Children's Services (see page #18).
- LAWS Sexual Assault Services (see page #17).
- Peer support groups.
- Community education.
- Teen Violence Prevention Program (see page #17).
- Volunteer program.
- Information and referral.
- Resourceful Woman Thrift Shop (see page #153).
- Women's Resource Center (see page #23).

➤ **Loudoun County Housing Services**

102 Heritage Way, Suite 202
Leesburg, VA 20176

703-777-0389 (V/TTY)

703-777-0109 (FAX)

Monday through Friday, 8:30 AM to 5:00 PM.

Services Available To:

Low income families, elderly and disabled persons.

Cost:

Free.

Services Provided:**HOMELESS SHELTERS/PREVENTION SERVICES**

- Emergency Homeless Shelters. This program offers 24 secure emergency shelter beds for a 30 day stay with possible renewals. Referrals made through Housing Services (703-777-0389 V/TTY), Dept. of Social Services (703-777-0353), or Good Shepherd Alliance (703-737-3000).

- Transitional Housing Center. This program offers housing and support services to six homeless families (or single parents with children) and eight single persons while they upgrade their independent living skills and find employment. Participants in the program must make a commitment toward self-improvement and independence. Referrals may be made through the Department of Social Services (703-777-0353), Division of Mental Health Services (703-771-5100), Loudoun County Housing Services (703-777-0389 V/TTY) or by directly contacting the Center at 703-771-5429.
- Transitional Opportunities Program. This program provides transitional supportive housing and supportive services at scattered apartment sites for 7 homeless households (i.e. single men, single parent, head of households, seriously mentally ill) to include outreach eligibility, leasing assistance case management and other resources. Participants in the program must make a commitment toward self-improvement and independence. Referrals may be made through the Department of Social Services (703-777-0353), Division of Mental Health Services (703-771-5100), Loudoun County Housing Services (703-777-0389 V/TTY) or by directly contacting the center at 703-771-5429.
- Homeless Intervention Program (HIP). HIP is a local program funded through the Virginia Department of Housing and Community Development Partnership funds. Applicants who are eligible and are accepted into the program receive financial assistance and/or case management services. The goal is to prevent eviction or foreclosure resulting from family's temporary loss of income. Those who receive financial assistance are put on a repayment schedule for 1 to 4 years. Failure to repay could result in garnished tax returns through the Virginia Debt Offset Office. Consistent repayment can result in a partial loan forgiveness for applicants who rent. Loudoun County residents who meet state income and fair market rent guidelines and are in arrears in their rent or mortgage are eligible for HIP assistance. Security and utility deposit assistance is also available. Applicants to HIP are people who have previously

been able to pay their bills, but through some temporary difficulty have fallen behind or become homeless. If you are someone who can prove the following, then you are a good candidate for the program:

- proof that your situation is not your fault;
- proof that your situation is temporary; and
- proof that you can sustain your monthly payments after assistance is withdrawn.

Applications are taken by the Department of Social Services. Ask to speak to the Emergency Services and Support intake worker. For more information, please contact Ellen White at Housing Services (703-777-0389 V/TTY).

RENTAL AND HOMEOWNERSHIP OPPORTUNITIES

- Section 8 Rental Assistance – Certificates and Vouchers. The Section 8 Rental Certificate/Voucher Housing Assistance Payments Program, funded by the U.S. Department of Housing and Urban Development (HUD), is intended to provide low income families with decent, safe and sanitary housing at prices which they can afford. These are rental assistance subsidies for eligible low-income families and handicapped or elderly persons. All types of housing are available (i.e. single family homes, duplexes, condominiums and apartments) providing they meet HUD Quality Standards. Applications and waiting list status checks are taken every third Wednesday of the month between the hours of 9:00 AM and 4:30 PM. You may apply in person or by phone on this day.

In addition to the Section 8 Rental Assistance Program, there is low-income housing for the elderly at the William Waters House in Sterling Park and Madison House in Leesburg. These are operated independently and information can be obtained by calling 703-406-0611 for William Waters and 703-777-5510 for Madison House. There may be waiting lists for one or both complexes.

(continued)

- Family Self-Sufficiency (FSS). FSS is a voluntary program that provides Section 8 Rental Assistance participants the opportunity to achieve economic independence over a five year period. This is achieved through the close assistance of a case manager who supports, mentors and links up FSS families to public and private resources in the community.

The FSS Program gives families, that have been struggling, the opportunity to become economically independent. FSS is an innovative program designed to improve the quality of life to families caught in the cycle of poverty. Families that participate in the FSS program gain skills that last a lifetime. This is a program that addresses the long term needs of individuals living in poverty. Families have access to the supportive services they need to become self-sufficient, including:

- Employment Training
- Life Skills Classes
- Education
- Counseling
- Child Care
- Transportation
- Support Groups
- Financial Guidance
- Opportunity to save for home ownership through an escrow account

Each participating family must sign a Contract of Participation that spells out their responsibilities and specific services to be provided through the program. The contract is for five years.

An Action Plan is developed that documents the responsibilities the family must fulfill and sets specific, individual goals that the family works toward to become self-sufficient. The designated head of the household must participate in appropriate job training, attend school and/or be employed during the term of the contract.

At the end of the five years in order to receive the monies held in an escrow savings account, the family must successfully complete their contract and

withdraw from public assistance programs.

- S.T.A.M.P. (Senior Training and Mentor Program). A support and mentoring program designed to match experienced volunteers from the Area Agency on Aging (AAA) RSVP program with rent assisted clients in need of learning basic living skills. For information, please call this office at 703-777-0389 (V/TTY) or AAA at 703-771-0257 (V/TTY).
- Affordable Dwelling Unit Program. This program is designed to provide affordable rental and for-sale housing (homeownership opportunities). Services available to all citizens with priority given to income eligible residents who live or work in the County. Household income must exceed 30% but be less than 70% of median income for the area. To apply for the program(s) call and ask to be pre-qualified for either the Rental or For-Sale Program.
- Down Payment/Closing Cost Assistance Program. First time homebuyers wanting to purchase a new or resale/existing home can borrow up to \$5,000 at 3% simple interest, to be used towards the down payment and closing costs. The loan is in the form of a second trust and is paid back over a five year period. The loan is limited to first-time homebuyers or those who have not owned a home within the last three years.
- Christmas in April – Loudoun County. A non-profit program that rehabilitates homes of low income, elderly and/or disabled persons. Information may be obtained by calling this office at 703-777-0389 (V/TTY), the Area Agency on Aging (AAA) at 703-777-0257 (V/TTY) or Christmas in April (Loudoun County) at 703-777-7186.
- Goal Homeownership. Goal Homeownership is a low-to-moderate income limits program which provides homebuyer education and financial resources to households interested in purchasing their first home. Funding is provided by the Single Family Regional Loan Fund, a statewide resource to assist households who would not be able to qualify for financing by conventional lending sources. The fund provides low interest first and second trust financing and grants to qualified purchasers. (Note: Funding is very limited and not always available on a daily basis. In addition, there are only a limited number of lenders who are

qualified to participate.

- Operation Match (*temporarily closed*). This home-sharing program matches persons who have housing with seekers in need of housing to share expenses. Occasionally a homeowner will reduce the rent in exchange for services (i.e. yard work or house-sitting).

SEWER AND SEPTIC REPAIR PROGRAMS

- Elk Lick Comprehensive Community Project. This is a special project which, when completed, will provide connections to public water and sewer to citizens living in the Elk Lick Community, located in the Mercer District or Dulles South Planning Area. In addition, indoor plumbing and/or rehabilitation will be completed on up to 16 houses in the community. A portion of the financing is being provided through a Community Development Block Grant through the Virginia Small Cities Program.
- On-site Waste-Water Repair Program. This program provides an opportunity for homeowners who have failing on-site wastewater systems (i.e. septic systems) to obtain low interest loans to repair or replace these systems. Interest rates are based on applicants' income and can range from 0 percent to 3.5 percent. The program received financing from the Virginia Department of Environmental Quality for this pilot program and is currently targeting 7 communities to receive assistance: Unison, Willisville, Lucketts, Hillsboro, Bluemont, Lincoln and Paeonian Springs. This is a collaborative effort between Housing Services and the County Environmental Health Department. Residents in the specified areas will be directly contacted for their interest in participation.

➤ Loudoun County Supported Living Services

Loudoun County Mental Health and Mental Retardation Services

102 Heritage Way, NE, Suite 302

Leesburg, VA 20176

703-771-5100 (mental health)

703-777-0377 (mental retardation)

Monday through Friday, 8:30 AM to 5:00 PM.

Services Available To:

People 18 years and older who have mental health or mental retardation diagnosis.

Program Description:

The Department of Mental Health and Mental Retardation provides an array of residential support which offers clients the opportunity to lead productive lives in their community. The provision of services is individualized based upon client needs. Available programs are: Group Homes for persons with mental retardation; and Supported Living Services for persons with serious mental illness and/or mental retardation.

Cost:

Fees are based on ability to pay.

Services Provided:

- Group Home for persons with mental retardation: support to promote independent living, socialization and community integration skills. Counselors work with residents individually and in small groups to teach daily living skills, personal hygiene and social skills.
- Supported Living Services include: assertive case management; training in activities of daily living; crisis assessment, intervention and stabilization; medication management; medical/healthy living support and education; psycho-education and supportive counseling for clients/families; vocational development; housing assistance; financial management; assistance with entitlements and benefits; training for independence and

(continued)

empowerment in the community. Counselors provide in-home services, which range from 24-hour/day to daily to weekly. A 24-hour on-call counselor is available to help with problems.

➤ **Loudoun County Youth Shelter/NAFI**

16450 Meadowview Court

Leesburg, VA 20175

703-771-5300

24 hours a day, 7 days a week.

Services Available To:

Male and female youth 12 to 17 years of age either by referral from a county agency, or by self-referral. Must be a Loudoun County resident.

Program Description:

The Loudoun County Youth Shelter is funded by the Department of Social Services and operated by North American Family Institute. The shelter provides a staffed, secure, stabilizing, protective and nurturing environment for up to twelve youth. While the Shelter is designed as a short-term program, the length of stay is determined on a case by case basis, depending on the youth's individual needs and circumstances.

Cost:

Free.

Services Provided:

- Residential programming specifically tailored to adolescents in need of short-term shelter care and stabilization.
- Group and individual counseling and behavior management.
- A high ratio of well-trained staff for intensive programming.
- 24 hours per day, seven days per week staff supervision.
- Medical services.
- On-site educational services.
- Substance use assessment, as needed.

- Recreation and physical fitness.
- Case planning in support of referring agency case managers.
- Community service opportunities.
- Family support, if applicable.
- Life skills training.
- Referrals to other services.
- Outdoor learning experiences and wilderness trips.

➤ **Piedmont Behavioral Health Center, LLC**

See page #22.

➤ **Transitional Housing Center**

See Loudoun County Housing Services, page #128.

support, self-help & advocacy



➤ **Al-Anon/Alateen Service Center of Northern Virginia**

9401 Mathy Drive, Suite 270
Fairfax, VA 22031
703-764-0476
877-339-8350 (toll free)

Monday through Friday, 9:30 AM to 4:30 PM. 24 hour answering service.

Services Available To:

Relatives and friends of alcoholics. Anyone who has been affected by someone else's drinking.

Program Description:

Al-anon: Adults meet to learn to cope with the troubles brought about by problem drinking in the home, workplace, etc.

Alateen: Young people, ages 12 to 18 years old, also meet for the same purpose.

Cost:

Free.

Services Provided:

- Self-help group meetings to help change attitudes of family members which may aid in the recovery of the alcoholic.
- 24-hour telephone line.
- Conference approved literature in Fairfax office.

➤ **Alzheimer's Association**

Northern Virginia Chapter
10201 Lee Highway, Suite 210
Fairfax, VA 22030
1-800-207-8679 (Help Line)
703-359-4440
703-359-4441 (FAX)

Monday through Friday, 9:00 AM to 5:00 PM.

Services Available To:

The entire community.

Program Description:

To provide counseling, support and education to patients, family members and caregivers touched by Alzheimer's Disease

Cost:

Free to the public

Services Provided:

- Support groups and programs for patients and families.
- Telephone counseling, information and referral line.
- Educational programs and conferences for family and professional caregivers.
- Training programs to increase skill level of caregivers.
- Advocacy and public policy programs.

➤ **American Cancer Society**

124 Park Street, SE
Vienna, VA. 22180
703-938-5550
703-938-6779 (FAX)
www.cancer.org.

8:00 AM to 5:00 PM, Monday through Friday.

Services Available To:

Cancer patients and their families.

Program Description:

Provides information about and services relating to cancer.

Cost:

Free.

Services Provided:

CALL 1-888-227-6333 FOR THE FOLLOWING SERVICES:

- Transportation to treatment.
- Financial assistance.
- Reach to Recovery program.
- Look Good. . .Feel Better program.

(continued)

CALL 703-938-5550 FOR INFORMATION ABOUT:

- New Voice Club
- Ostomy Association
- Support groups.

➤ **Arthritis Foundation -
Virginia Chapter**

3805 Cutshaw Avenue, Suite 200
Richmond, VA 23230

1-800-456-4687 (Information Line)

804-359-1700

804-359-4900 (FAX)

Monday through Friday, 9:00 AM to 5:00 PM.
Answering service at other times.

Services Available To:

Anyone.

Program Description:

Patient education programs and services

Cost:

Free for most services.

Services Provided:

- Promotes arthritis research.
- Organizes support groups for individuals with arthritis.
- Water exercise program at Ida Lee Park.
- PACE (People With Arthritis Can Exercise) Program through the Loudoun County Parks, Recreation and Community Services Department.
- Self Help Education program, 6-week course.

➤ **Center for Sickle Cell Disease**

See page #62.

➤ **Compassionate Friends**

A self-help organization offering mutual support and understanding to parents who have suffered the loss of a child, or the loss of a baby through miscarriage, stillbirth, or infant death.

Child loss – 540-338-4076 (Phyllis Sloyan)
or 703-771-1580 (Flo Focer)

Baby loss – 703-777-5373 (Davia Lynch)
or 703-777-2067 (Meg McKenna)

Sibling loss – 703-771-1580 (Faith Focer)

➤ **Diabetes Management Program**

Loudoun Hospital Center
44045 Riverside Parkway
Leesburg, VA 20176
703-858-6358
703-858-6610 (FAX)

Monday through Friday, 8:00 AM to 5:00 PM.

Services Available To:

Individuals with diabetes or wanting information about diabetes.

Program Description:

Educational and support program.

Cost:

Usually covered by insurance with co-pay from patient; fee may also be on a sliding scale.

Services Provided:

- Diabetes management program.
- Education.
- Support for individuals with diabetes.

➤ **Friends of Loudoun Mental Health**

P.O. Box 4452
Leesburg, VA 20177
703-443-1380
703-443-0827 (FAX)

Meetings are held the second Tuesday of each month.
Call for times and locations. Friends is a member of the Loudoun United Way.

Services Available To:

Some financial assistance available to qualified applicants who experience debilitating mental illnesses. Educational and advocacy programs are available to the general community.

Program Description:

Friends is an all volunteer, non-profit organization that works to achieve public awareness, understanding and support of the issues of mental health and mental illnesses in Loudoun County.

Cost:

None.

Services Provided:

- A Place To Call Home: Friends, as a private non-profit organization, partners with Supported Living Services of Loudoun County Mental Health Services. Friends provides monetary assistance, as available from community donations, to SLS consumers needing help to defray their housing costs.
- A Helping Hand: Small loans or one-time gifts of money are given to people with mental illness who need help with a temporary financial problem such as money for an asthma inhalator and medications until insurance issues are resolved.
- Friends Being Friends: An outreach and friendship program between Friends and people with debilitating mental illnesses.
- Representative Payees: When needed, volunteers manage the finances of consumers of Supported Living Services who are not able to handle their own money or are required by the Social Security

Administration to have a representative payee in order to receive their monthly allocations.

- Candlelight Vigil: collaborate with the Loudoun chapter of the Alliance for the Mentally ill to sponsor and organize this annual awareness event held the first week of October in recognition of Mental Health Awareness Week.
- Education and Public Awareness: Through a quarterly newsletter, Between Friends, a Directory of Mental Health Service Providers in Loudoun County (updated every eighteen months), other published materials, special presentations and public events, information is shared and discussed to educate people and help remove the stigma attached to mental illnesses.
- Collaborative efforts with other volunteer organizations as well as County agencies and private businesses to address particular issues and needs of people experiencing mental illness issues.
- Loudoun Suicide Prevention Coalition: LSPC mission is to "save lives by preventing suicide." Untreated depression is the #1 cause of suicide. See Loudoun Suicide Prevention Coalition on page #140.
- SOS – Survivors of Suicide: see Loudoun Suicide Prevention Coalition on page #140.
- Question, Persuade and Refer (QPR) Training: QPR is CPR for suicide prevention. See Loudoun Suicide Prevention Coalition on page #140.

Volunteers are needed and welcomed.

➤ **GAM-ANON**

P.O. Box 157
Whitestone, NY 11357
718-352-1671
718-746-2571 (FAX)
301-961-1313 (local meeting information)
www.gam-anon.org

Meets Wednesday at 8:00 PM at the St. Christopher's Church, 6320 Hanover Avenue, Springfield, VA (closest meeting for Loudoun County residents).

(continued)

Services Available To:

Men and women who are husbands, wives, relatives or close friends who have been affected by the gambling problem.

Program Description:

A twelve-step, self-help fellowship that seeks to give encouragement and understanding to the compulsive gambler and welcome and give assistance and comfort to the families of compulsive gamblers. There are meetings all over the country.

Cost:

None. Self supported through donations.

Services Provided:

- This program offers problem-solving suggestions as aids to rebuilding lives helping members learn to live with the compulsive gambler who is actively gambling or in recovery.
- Literature available for purchase at weekly meetings.

➤ Gamblers Anonymous

213-386-8789 (general information)

804-452-1394 (hotline)

301-961-1313 (local meeting information)

213-386-0030 (FAX)

www.gamblersanonymous.org

Meets Wednesday at 8:00 PM at the St. Christopher's Church, 6320 Hanover Avenue, Springfield, VA (closest meeting for Loudoun County residents).

Services Available To:

Anyone experiencing difficulties with gambling.

Program Description:

A twelve-steps recovery program. Offers fellowship and mutual support for men and women working together to solve common issues and help each other recover from compulsive gambling. Compulsive gambling is an illness, progressive in its nature, which can never be cured, but can be arrested.

Cost:

None. Self supported through donations.

Services Provided:

- Twelve Steps of the Gamblers Anonymous Recovery Program.
- Support groups.
- Literature.

➤ Hemophilia Association of the Capital Area

3251 Old Lee Highway #3

Fairfax, VA 22030

703-352-7641

703-352-2145 (FAX)

info@hacacares.org (e-mail)

Monday through Thursday, 9:00 AM to 2:00 PM.

Services Available To:

People with bleeding disorders and their families.

Program Description:

Serves as an advocate for people with hemophilia and related clotting disorders.

Cost:

Free.

Services Provided:

- Educational seminars.
- Social activities.
- Individual and group support.
- Summer camp program for children with hemophilia.
- Provides medic alert bracelets.
- Offers limited financial support.
- Newsletter.

➤ **Huntington's Disease Society of America**

8303 Arlington Boulevard, Suite 210
Fairfax, VA 22031

703-323-1403 (Help Line, 24 hour)

703-204-4634

703-573-3047 (FAX)

Monday through Friday, 9:00 AM to 5:00 PM.

Services Available To:

People with Huntington's Disease and their families.

Program Description:

Serves as advocates for research, services and education.

Cost:

No charge.

Services Provided:

- Supports research on Huntington's Disease.
- Assists people with HD and their families.
- Serves as an advocate for individuals needing services.
- Newsletter.
- Provides 24-hour help line phone service.
- Support groups for care givers and persons at risk for HD.

➤ **Intergroup of Northern Virginia**

8501 Lee Highway
Fairfax, VA 22031

703-281-7501 (AA – 24 hour)

703-876-6169 (NOVA)

703-876-6166 (Intergroup)

The Intergroup Office is open for persons looking for informational literature from 10:00 AM to 5:00 PM each day. Telephone receptionists are available to assist you 24 hours a day.

Services Available To:

Anyone with a drinking problem.

Program Description:

A fellowship of men and women who share their experiences, strength, and hope with each other so they may solve their common problem and help others to recover from alcoholism.

Cost:

Free.

Services Provided:

- Self-help group meetings that enable recovering alcoholics to stay sober and help newly identified alcoholics achieve sobriety.

➤ **Loudoun County Disability Services Board**

102 Heritage Way, NE
Suite 202

Leesburg, VA 20176

703-737-8755

703-777-0389 (V/TTY)

703-777-0109 (FAX)

Monday through Friday, 8:30 AM to 5:00 PM.

Services Available To:

Resource and information services to local agencies and governments and state agencies.

Program Description:

Advocacy and resource referral regarding the Americans with Disabilities Act.

Cost:

Free.

Services Provided:

- Provides input to state agencies on service needs and priorities of people with physical and sensory disabilities.
- Projects local service needs and priorities for fiscal and program planning.

➤ **Loudoun County Senior Center
at Cascades Marketplace**

See page #113.

➤ **Loudoun Suicide Prevention
Coalition (LSPC)**

A program of Friends of Loudoun Mental Health

P.O. Box 4452
Leesburg, VA 20177
703-443-1380
703-443-0827 (FAX)

Services Available To:

Loudoun residents as well as residents of surrounding counties.

Program Description:

LSPC is a volunteer coalition committed to saving lives by preventing suicide and to addressing the problems of suicide in Loudoun. LSPC is a program of Friends of Loudoun Mental Health.

Cost:

No charge except for annual conference/workshops.

Services Provided:

- Question, Persuade and Refer (QPR) Training: QPR is CPR for suicide prevention. It is a nationally known and proven method of reducing suicide risk through education and community involvement. Call to schedule trainings.
- Survivors of Suicide – SOS: A community support group is available for people who have lost someone they love to suicide. Call Karen Marshall, group leader, at 540-338-5756.
- Educational programs: workshops open to the public; QPR trainings are available to all interested people; knowledgeable speakers are available to address the problems of suicide in Loudoun County with groups of people at their worksites, places of worship, schools and public events.

➤ **Loudoun Widowed Persons
Service**

201 Edwards Ferry Road, NE
Leesburg, VA 20176
703-777-1414 or 703-777-8766
CONTACT: Ms. Georgia Bange

A mutual support group for widows and widowers.

➤ **Lung Line Information Service**

National Jewish Medical and Research Center
1400 Jackson Street
Denver, CO 80206
303-388-4461
1-800-222-5864
303-270-2162 (FAX)
www.nationaljewish.org

Through this service, registered nurses trained in respiratory and immune system disorders provide information to callers.

➤ **Lupus Foundation of Greater
Washington**

515A Braddock Road
Alexandria, VA 22314
703-684-2925
703-684-2927 (FAX)
www.lupusgw.org

Monday through Friday, 9:00 AM to 5:00 PM.

Services Available To:

Anyone.

Program Description:

Provides information, education and support services for people with Lupus and their families.

Cost:

Free.

Services Provided:

- Free literature.
- Doctor referrals.
- Support groups.
- Telephone counselors.
- Educational classes about Lupus.

➤ **MADD (Mothers Against Drunk Driving), Loudoun Chapter**

P. O. Box 4252

Leesburg, VA 20177

1-800-533-MADD (for victims, 24 hours)

703-771-8127

703-430-5744 (FAX)

www.maddloudounva.org

Maddloudoun@maddmail.com (E-mail)

Meet second Thursday of each month. Call for dates and times. Volunteers are needed.

Services Available To:

Anyone.

Program Description:

MADD is an organization dedicated to eliminating drunk driving and supporting victims of this violent crime. We support a broad range of programs from victim support to court monitoring, from lobbying efforts to education.

Cost:

Free for victims. Optional \$20 membership.

Services Provided:

- Victims are referred to local support groups and are offered information and understanding listeners. We understand and we care.
- Non victims are offered use of extensive libraries, statistical databases, information, pamphlets and flyers.

➤ **Multiple Sclerosis Support Group**

National Capital Chapter

2021 K Street

Suite 715

Washington, DC 20006

202-296-5363

1-800-FIGHT-MS

Info@msandyou.org (e-mail)

www.msandyou.org

Call for local meeting times and locations in Loudoun.

Services Available To:

People with MS, their families, and their friends.

Program Description:

Support group for people impacted by MS.

Cost:

Free.

Services Provided:

- Symptom management.
- Information about current research.
- Recommended readings.
- Provide emotional adjustments for MS patients and their families.
- Equipment loans.
- Education in family support.

➤ **NAMI Loudoun, VA**

Loudoun's Voice On Mental Illness

21 Berkeley Court

Sterling, VA 20165

703-444-5326 (Nancy Merrill, Pres.)

www.NAMI.org (national organization)

Meet the first Tuesday of every month at 7:30 PM. Meetings are held at the Friendship House, 16480 Meadowview Court in Leesburg.

(continued)

Services Available To:

The relatives and friends of people with severe mental illnesses.

Program Description:

Monthly meetings provide emotional support, information on how to access the mental health system in Loudoun County and free educational classes for family members.

Cost:

Free.

Services Provided:

- Support group.
- Education.
- Advocacy.
- Family to Family education program.

➤ Narcotics Anonymous

Dulles Corridor and Battlefield areas serving Fauquier, Prince William, western Fairfax and Loudoun counties.
P.O. Box 192
Herndon, VA 20170
703-435-1230 (24-hour Help Line)
703-530-7400

dullesti@Kreative.net (e-mail)

www.Kreative.net/dullesti

Support groups meet regularly. Call for meeting times.

Services Available To:

Anyone experiencing difficulties with drug addiction.

Program Description:

A group of people who meet to provide mutual support and share their experiences with each other so they may solve their common problem and help each other to recover from addiction.

Cost:

Free.

Services Provided:

- Support group for people recovering from drug addiction.
- Literature and meeting lists available at meetings.

➤ National Parkinson Foundation, Capitol Chapter of The

7531 Leesburg Pike
Suite 402
Falls Church, VA 22043
703-356-2151, Ext. 11
703-356-8963 (FAX)
ccnps@cais.net

9:00 AM to 5:00 PM, Monday through Friday.

Services Available To:

Patient and family.

Program Description:

Provides information and referral and support groups in the local area.

Cost:

Free.

Services Provided:

- Counseling.
- Informational referrals.
- Physician referrals.
- Education.
- Social worker, call for appointment.
- Support group meetings in Loudoun County.
- Library of books and tapes.

➤ **Northern Virginia AIDS Ministry**

2445 Army Navy Drive
3rd Floor
Arlington, VA 22206
703-746-0440
Ext. 11 (Director of Education)
Ext. 19 (Director of Client Services)
703-746-0240 (FAX)
info@novam.org (e-mail)

Services Available To

All youth, anyone HIV positive and their family members.

Program Description

NOVAM is an independent, nonprofit organization that responds to the varied dimensions of the AIDS crisis. NOVAM's mission is to provide direct services to meet the needs of those with HIV/AIDS; to educate the community about AIDS; and to combat the fear and prejudice that surround the disease.

Cost

Usually free.

Services Provided:

Provides HIV/STD prevention education to youth in school, church and community settings.

- Children's Services Programs are the only programs in the area solely dedicated to meeting the special needs of children affected by HIV/AIDS. They include the Pals Mentoring Program, On-site Child Care, and the Kids' Kloset.
- Transportation Program provides 1,000 rides each month to medical and ancillary support services for persons living with HIV/AIDS.
- Emergency Financial Assistance helps individuals living with AIDS pay for prescription medication, doctor bills, health insurance, rent, utilities, and food.
- The Youth Speak Program offers a range of age-appropriate, peer-developed, and peer-delivered HIV/STD prevention education programs.
- Project Prepare & Support offers strategies for parents to talk to their children about sex, STD's and HIV.

- Face To Face delivers its education and prevention message to teens in schools, juvenile detention facilities, recreation centers and youth groups.

➤ **Northern Virginia Long-Term Care Ombudsman Program**

12011 Government Center Parkway
Suite 708
Fairfax, VA 22035
703-324-5411
703-324-5861 (intake line, messages only)
703-449-8689 (FAX)
nvltpcop@hotmail.com (e-mail)
www.co.fairfax.va.us/service

Monday through Friday, 8:00 AM to 4:30 PM.

Services Available To:

Northern Virginia residents.

Program Description:

Sponsored by the City of Alexandria and the counties of Arlington, Fairfax, Loudoun and Prince William.

Cost:

Free.

Services Provided:

- Investigates and resolves complaints made by or on behalf of residents of long-term care facilities such as nursing homes, homes for adults and recipients of home care.

➤ **Positive Choices**

See page #100.

➤ **SIDS Alliance (Sudden Infant Death Syndrome)**

1314 Bedford Avenue
Suite 210

Baltimore, MD 21208

1-800-221-7437 (information & emergency
hotline – 24 hr.)

703-435-7130 (local support – Virginia)

410-653-8709 (FAX)

www.sidsalliance.org

Monday through Friday, 9:00 AM to 5:00 PM.

Services Available To:

Anyone.

Program Description:

With help from 50 local affiliates, the SIDS Alliance strives to achieve increased public participation and support in the fight against SIDS.

Cost:

Free for families.

Services Provided:

- Literature to new and expecting families.
- Counseling services for both SIDS families and new families.
- Literature for hospitals, doctors and emergency service departments.
- Supports research.

➤ **Support Group for Anxiety and Panic Attacks**

201 Edwards Ferry Road, NE
Leesburg, VA 20176

703-777-1414 or 703-777-8766

CONTACT: Ms. Georgia Bange

Support group for people dealing with anxiety, coping and living with anxiety attacks. Check local paper for time and location.

➤ **Support Group For People In Crisis Or Change**

201 Edwards Ferry Road, NE
Leesburg, VA 20176

703-777-1414 or 703-777-8766

CONTACT: Ms. Georgia Bange

A mutual support group for individuals in a crisis or change situation, such as separation or divorce. Check local paper for time and location.

➤ **Supported Living Consumer Association (SLCA)**

412 Evans Ridge Terrace

Apt. F

Leesburg, VA 20176

703-779-4691

Tuesday and Thursday, 10:00 AM to 12 noon;
Sunday, 10:00 AM to 3:00 PM.

Services Available To:

Consumers of Loudoun County Mental Health and Mental Retardation Services.

Program Description:

Consumer run drop-in center for socialization and peer support.

Cost:

Most services are free. Some services are offered at a minimal fee.

Services Provided:

- Helps sponsor SLCA members to selected Parks, Recreation and Community Services' activities.
- Operates a peer telephone support network.
- Staffs the Flynn-Gibson Drop-In Center.
- Videos and other social activities are available at the Center.
- Assistance in writing resumes.
- Information and referral services are available.

➤ **Women's Center**

See page #22.

Notes

transportation & other resources



TRANSPORTATION SERVICES

➤ **Department of Motor Vehicles**

945 Edwards Ferry Road
Leesburg, VA 20176
703-771-0093

Monday through Friday, 8:30 AM to 5:30 PM;
Saturday, 8:30 AM to 12:30 PM

Services Available To:

Virginia residents.

Costs:

Varies with service provided.

Services Provided:

- Licensing drivers.
- Registration of vehicles.
- Handicapped parking privileges.
- Non-drivers photo identification.
- Operator's license transcripts.
- Voter registration.

➤ **Loudoun County Commuter Service**

1 Harrison Street, SE
3rd Floor
P.O. Box 7000
Leesburg, VA 20177
703-771-5665
1-800-745-RIDE
703-478-8433 (Metro)
703-777-0441 (FAX)
www.co.loudoun.va.us

Monday through Friday, 8:30 AM to 5:00 PM.
Services provided on all weekdays, except holidays; no weekends. Call for schedules.

Services Available To:

Anyone.

Program Description:

Provides commuter transportation for Loudoun County residents.

Costs:

\$5 for a one-way ticket; \$40 for a book of 10, one-way tickets.

Services Provided:

- Loudoun County Commuter Bus Service: Express buses to Washington, D.C., the Pentagon and Roslynn from specific stops in Loudoun County: Purcellville, Hilton, Leesburg and Sterling.
- Loudoun County Rideshare Program: A network to assist commuters in joining or starting carpools and vanpools. Promotes all forms of multiple occupancy vehicles and transit.

➤ **Loudoun Transit**

P.O. Box 2833
Leesburg, VA 20177
703-777-2708
1-877-777-2708 (toll free)

Hours of operation: 8:00 AM to 6:00 PM
Advance appointment/registration required.
Call for information.

Services Available To:

The general public.

Program Description:

Door-to-door, limited on-demand transportation, for everyone. All buses are wheelchair accessible with fixed routes services.

Cost:

Varied – based upon destination.

Services Provided:

- Throughout all of Loudoun County.

ADDITIONAL RESOURCES IN LOUDOUN COUNTY

➤ Loudoun County Volunteer Fire and Rescue Companies

See Loudoun County Volunteer Fire and Rescue System
on page #74 for full description of the county system.

- **Aldie Volunteer Fire Company #7**
39459 John Mosby Highway
Aldie, VA 20105
703-327-6712
- **Arcola Volunteer Fire and Rescue Company #9**
24300 Gum Spring Road
Arcola, VA 20107
703-327-2222
- **Ashburn Volunteer Fire and Rescue Company #6**
20688 Ashburn Road
Ashburn, VA 20146
703-729-0006
- **Hamilton Volunteer Fire Company #5**
43 East Colonial Highway
Hilton, VA 20158
540-338-6001
- **Hamilton Volunteer Rescue Company #17**
71 Laycock Street
Hilton, VA 20158
540-338-3111
- **Leesburg Volunteer Fire Company #1**
215 Loudoun Street, SW
Leesburg, VA 20175
703-777-1343
- **Leesburg Volunteer Fire Company #20**
61 Plaza Street, NE
Leesburg, VA 20176
703-771-9103
- **Loudoun Volunteer Rescue Company #13**
143 Catoctin Circle, SE
Leesburg, VA 20177
703-777-7185
- **Lovettsville Volunteer Fire and Rescue
Company #12**
12837 Berlin Pike
Lovettsville, VA 20180
540-822-5258
- **Lucketts Volunteer Fire Company #10**
42367 Lucketts Road
Leesburg, VA 20176
703-777-9344
- **Middleburg Volunteer Fire and
Rescue Company #3**
910 West Washington Street
Middleburg, VA 20117
540-687-3001
- **Neersville Volunteer Fire and
Rescue Company #16**
11762 Harpers Ferry Road
Purcellville, VA 20132
540-668-6974
- **Philomont Volunteer Fire Company #8**
36560 Jeb Stuart Road
Philomont, VA 20131
540-338-6506
- **Purcellville Volunteer Fire Company #2**
200 North Maple Avenue
Purcellville, VA 20132
540-338-5961
- **Purcellville Volunteer Rescue Company #14**
211 South 20th Street
Purcellville, VA 20132
540-338-4706

- **Round Hill Volunteer Fire and Rescue Company #4**
4 Main Street
Round Hill, VA 20141
540-338-7982

- **Sterling Volunteer Fire Company #11**
104 Commerce Street
Sterling, VA 20164
703-430-7010

- **Sterling Volunteer Fire Company #18**
46700 Middlefield Drive
Sterling, VA 20165
703-430-4013

- **Sterling Volunteer Rescue Company #15**
104 Commerce Street
Sterling, VA 20164
703-430-1780

- **Sterling Volunteer Rescue Company #25**
46700 Middlefield Drive
Sterling, VA 20165
703-430-2539

➤ **Loudoun Tourism Council**

108-D South Street, SE
(Market Station)
Leesburg, VA 20175
703-771-2170
1-800-752-6118
703-771-4973 (FAX)
www.visitloudoun.org

Monday through Sunday, 9:00 AM to 5:00 PM.

Services Available To:

Anyone – local residents and visitors.

Cost:

Free.

Program Description:

To provide information on local events, attractions, accommodations and dining in Loudoun County. Limited brochures available from other regions in Virginia.

Services Provided:

- Information.
- Brochures.
- Maps.
- Calendar of Events.
- Meeting/event sites.

➤ **Loudoun Volunteer Services**

Public Information Office
1 Harrison Street, SE, 5th Floor
P. O. Box 7000
Leesburg, VA 20177
703-777-0113

Monday through Friday, 8:30 AM to 5:00 PM.

Services Available To:

Loudoun County residents.

Program Description:

Volunteer Services' mission is to effectively engage more people in volunteer community service to help solve social problems.

Cost:

Free.

Services Provided:

- Information and referrals
- Training: boardmanship, time management, volunteer management.
- Recognition of volunteer activities in Loudoun County.
- School volunteer award program.
- Group service projects.
- Leadership development.

➤ **Voter Registration,
Loudoun County Office of the
General Registrar**

26-C Fairfax Street, SE
Leesburg, VA 20175

703-777-0380

703-777-0622 (FAX)

Monday through Friday, 8:30 AM to 5:00 PM.

Services Available To:

Loudoun County residents, 18 years and older.

Cost:

Free.

Program Description:

Provides information and services regarding voting.

Services Provided:

- Registration of voters.
- Keep records of registered voters.
- Certification of voters for proof of citizenship when leaving U.S., where passport is not required.
- Participation in election day procedures.
- Training of precinct workers.
- Information regarding how to register, what to do if address changes, where to vote, etc.
- Absentee voting. You can now register to vote at the DMV, public service agencies and by mail. Those registering by mail for the first time in Virginia must appear in person upon their first time voting. All voters are required to show identification prior to voting. Applications to register can be obtained at all Loudoun County libraries and community centers.

THRIFT STORES

➤ **Blossom and Bloom Shop, Inc.**

222 South King Street
Leesburg, VA 20175
703-777-3286

Tuesday through Friday, 10:00 AM
to 4:00 PM. Saturday, 10:00 AM to 1:00 PM.

Services Available To:

General public.

Program Description:

Sale at very reasonable prices of men's, women's and children's clothing; furniture; linens, household items, books, etc.

Cost:

As priced.

Services Provided:

- In case of disaster, items are free of charge upon written requests from agencies in Loudoun County.

➤ **Clock Tower Thrift Shop**

Village Center on Rt. 7
Sterling, VA 20164
703-406-2640

Monday through Friday, 10:00 AM to
6:00 PM; Saturday 10:00 AM to 6:00 PM; Sunday
12 noon to 5:00 PM. Donations until 5:00 PM
weekdays (except Tuesday and Wednesday) and until
4:00 PM on Sundays.

Program Description:

All new and used items including clothing, small household items, toys, books, TVs, small appliances, small furniture (if room). NO large items, appliances or furniture.

Services Provided:

- Benefiting Northern Virginia Family Services.

➤ **Good Shepherd Thrift Store**

20921 Davenport Drive
Sterling, VA 120165
703-444-5969

703-433-2623 (FAX)
www.loudounhomeless.com

Open every day except Sunday from 10:00 AM to 7:00 PM. Clothing donations Tuesday, Thursday and Saturday from 10:00 AM to 3:00 PM. All other items every day except Sunday from 10:00 AM to 3:00 PM.

Program Description:

All new and used items including clothing, household items, small appliances, large appliances, furniture, etc. in good condition.

Services Provided:

- Benefiting seven homeless shelters in Leesburg.

➤ **Resourceful Woman Thrift Shop**

11 Loudoun Street, SW
Leesburg, VA 20175
703-771-8173

Tuesday through Saturday; 10:00 AM to 5:00 PM.

Services Available To:

Anyone.

Program Description:

New and nearly new items including women's and children's clothing, jewelry, accessories, books, gifts, house wares, men's clothing, and small furniture items.

Cost:

As priced.

Services Provided:

- Proceeds go to the Loudoun Abused Women's Shelter. Call if you want to make a donation and for other information.

➤ **Salvation Army Thrift Store**

64-D Plaza Street
Leesburg, VA 20176
703-771-8905

Monday through Friday, 9:30 AM to 5:00 PM;
Saturday, 9:00 AM to 4:00 PM. Donations accepted 10:00 AM to 3:00 PM weekdays. 10:00 AM to 2:00 PM Saturday. No receipts available after hours.

Services Available To:

Anyone.

Program Description:

All new and used items including clothing, furniture, bric-a-brac, household items, appliances, shoes. Anything not broken, badly soiled or torn.

Cost:

As priced.

Services Provided:

- Used clothing and other items at reasonable prices.
- Household items.
- Used furniture.
- Children's toys and clothing at reasonable prices.
- Truck pick-ups: limited locations and availability. Must include furniture.

➤ **Twice Is Nice**

305 East Market Street
Leesburg, VA 20176
703-771-0208

Monday through Saturday, 10:00 AM to 4:00 PM.

Services Available To:

Anyone.

Program Description:

Run by the Ladies Board of the Loudoun Hospital Center. Clothing, books, small furniture, small household items, arts and crafts. All items are donated. Proceeds go to the Loudoun Hospital Center.

(continued)

Cost:

As priced.

Services Provided:

- Nursing Scholarship Program.
- Therapeutic pool (donated to Loudoun Hospital).
- Donations of other hospital equipment such as wheel chairs, respiratory monitors).
- Therapeutic exercise/rehabilitation room operated at Purcellville Community Center.
- Handicapped accessible van (donated to Loudoun Hospital Center for use by the Long Term Care Facility).
- Food donated to Lifeline.

Notes

a to z index



A to Z Index

This is an alphabetical list of resource providers and their telephone numbers. Resource Guide page numbers containing the full listing for each resource are also included for your easy reference. Emergency Numbers and Special Information Numbers already listed in the front part of this Guide are not repeated in this section.

Adult Basic Education (pre-GED): 703-771-6406; #35.

**Adult Dental Clinic (Catoclin Foundation):
703-777-0353; #73.**

**Adult Detention Center, Loudoun County:
703-777-0405; #91.**

**Adult High School (credit classes): 703-771-6406;
#35.**

**Adult Protective Services (Loudoun County Department
of Social Services): 703-777-0353; #79.**

**Adult Sports (Loudoun County Parks, Recreation and
Community Services): 703-777-0343; #105.**

**Al-Anon/Alateen Service Center of Northern Virginia:
703-764-0476; 1-877-339-8350 (toll free) #135.**

**Alcoholics Anonymous of Northern Virginia (See
Intergroup of Northern Virginia): 703-281-7501; #139.**

**Alternative House: 703-356-6360, 1-800-SAY-TEEN
(hotline); #127.**

**Alzheimer's Association – Northern Virginia Chapter:
703-359-4440 or 1-800-207-8679 (Help Line);
#135.**

American Cancer Society: 703-938-5550; #135.

American Red Cross: 703-777-7171; #73.

**Arthritis Foundation – Virginia Chapter: 804-359-1700
or 1-800-456-4687 (information); #136.**

Ashburn Sports Pavilion: 703-729-0581; #105.

Big Friends: 703-777-9622; #74.

**Birthright of Loudoun County Inc.: 703-777-7272 or
1-800-550-4900; #61.**

Blossom and Bloom Shop, Inc.: 703-777-3286; #152.

Bluemont Concert Series: 703-777-6306; #105.

**Blue Ridge Speech and Hearing Center, Inc.:
703-777-5050 (V/TTY); #61.**

**Boy Scouts of America: Dan Mullin, 301-214-9123
(work); 703-913-1480 (home); #106.**

Brain Injury Services: 703-737-0368; #74.

**Bull Run Alcohol Safety Action Program (ASAP):
703-771-4702; #91.**

Center for Sickle Cell Disease: 202-806-7930; #62.

**Charles S. Monroe Technology Center: 703-771-6560;
#43.**

**Child Protective Services (Loudoun County Department
of Social Services): 703-777-0353; #79.**

**Claude Moore Center for Family Literacy:
703-777-4733; #35.**

Clock Tower Thrift Shop: 703-406-2640; #152.

Colleges and Universities: See page #35.

**Community Corrections Program, Loudoun County:
703-777-0207; #91.**

**Community Support Services, Loudoun County Mental
Health: 703-771-5100; #75.**

Compassionate Friends:
child loss – 540-338-4076 or 703-771-1580;
baby loss – 703-777-5373 or 703-777-2067;
sibling loss –703-771-1580; #136.

Comprehensive Services Act (CSA): 703-771-5385;
#75.

Counseling and Guidance Program, Loudoun County
Public Schools: 703-771-6428; #15.

County After School Activities Program (CASA):
703-777-0343; #27.

Daily Bread: 703-777-5911; #76.

DARE (Drug Abuse Resistance Education):
703-777-0408; #99.

Day Care Referrals: 703-777-0353; #28.

Department of Motor Vehicles: 703-771-0093; #149.

Department of Rehabilitative Services:
703-335-5550; 1-800-552-5019; #55.

Diabetes Management Program: 703-858-6358; #136.

Douglass School: 703-771-6550; #43.

Dulles Counseling Center: 703-444-5833; #16.

Easter Seals Summer Camp: 1-800-365-1656; #106.

Emergency Homeless Shelter (Loudoun County
Housing Services); 703-777-0389; #128.

Emergency and Supportive Services (Loudoun County
Department of Social Services); 703-777-0353; #79.

English As A Second Language: 703-771-6406; #36.

Every Citizen Has Opportunities, Inc.(ECHO):
703-779-2100; #55.

Expectant Family Series (Loudoun Healthcare, Inc.):
703-858-6000; #66.

Family Support Program (Loudoun County Mental
Retardation Services); 703-777-0377; #82.

Family Visitation Center (LAWS Youth and Children's
Services): 703-771-3973; #18.

Feingold Association of the United States:
703-768-3287 and 1-800-321-3287; #62.

4-H: 703-777-0373; #107.

Foster Care and Adoption Services (Loudoun County
Department of Social Services): 703-777-0353; #79.

Friends of Loudoun Mental Health:
703-443-1380; #137.

Friendship House: 703-771-5710; #76.

GAM-ANON: 718-352-1671; #137.

Gamblers Anonymous: 804-452-1394 (Hot Line),
213-386-8789 (information); #138.

GED (General Education Development):
703-771-6406; #36.

Girl Scouts of the Nation's Capital:
703-777-5644; #107.

Good Shepherd Alliance, Homeless Shelters of
Loudoun County: 703-660-4058 (emergency);
703-433-2631; #127.

Good Shepherd Thrift Store: 703-444-5956; #153.

Grafton School: 540-869-0300, Ext. 117; #37.

Graydon Manor Day School: 703-430-0716; #37.

Graydon Manor Family and Youth Outpatient Services:
703-777-3485, Ext. 379; #16.

Graydon Manor In-Home Services: 703-777-3485; #17.

Graydon Manor Psychiatric Residential Treatment Center: 703-777-3485; #127.

Graydon Manor Treatment Foster Care: 703-777-3485, Ext. 408; #77.

Head Start Program: 703-771-6444; #37.

Hemophilia Association of the Capital Area: 703-352-7641; #138.

Heritage Hall Nursing and Rehabilitation Center: 703-777-8700 and 703-777-8704 (resident line); #62.

Hospice of Northern Virginia: 703-777-7866; #62.

Human Resources Division (Loudoun County Department of Management Services): 703-777-0213 (office); 703-777-0536 (24-hour information job line); 703-777-0107 (TDD for hearing impaired); #56

Huntington's Disease Society of America: 703-204-4634; 703-323-1403 (24-hour help line); #139.

Ida Lee Recreation Center: 703-777-1368; #107.

Ida Lee Recreation Center Day Care Programs: 703-777-1368; #28.

INOVA Juniper Program, HIV Clinical and Education Services: 703-204-3780; #38.

Inova VNA Home Health: 703-321-6000; #63.

Interfaith Relief: 703-777-5911; #77.

Intergroup of Northern Virginia: 703-281-7501 (AA – 24-hour), 703-876-6169 (NOVA), 703-876-6166 (Intergroup); #139.

Jeremiah House: 540-338-2676 or 703-581-1550; #63.

JOBLINK (Loudoun County Mental Retardation Services): 703-777-0377; #82.

Juvenile Detention Center, Loudoun County: 703-771-5200; #91.

LAWS Sexual Assault Services: 703-771-9020; #17.

LAWS Youth and Children's Services: 703-771-3973; #18.

LAWS Legal Services: 703-771-3397; #92.

Leesburg Parks and Recreation Department: 703-777-1262; #108.

Legal Services of Northern Virginia, Inc. (LSNV), 703-777-7450; #92.

Life Line: 703-771-3030; #64.

Link, Inc.: 703-437-1776; #78.

Lions Club: See page #64.

Loudoun Abused Women's Shelter (LAWS), 703-777-6552 (Shelter and 24-hour crisis); #128. 703-771-3398 (Administrative Office); #128. 703-771-3397 (Legal Services); #92. 703-771-9020 (Sexual Assault Services); #17. 703-771-3973 (Family Visitation Center); #18. 703-771-3973 (Nurturing Program); #18. 703-771-3973 (Youth and Children's Services); #18. 703-771-9020 (Teen Violence Prevention); #17. 703-771-7845 (Woman's Resource Center); #23. 703-771-8173 (Resourceful Woman's Thrift Shop); #153.

Loudoun Association for Retarded Citizens (LARC): 703-777-1939; #78.

Loudoun Cancer Care Center: 703-444-4461 (emergency); 703-444-4460; #64.

Loudoun Child Care Network: 703-777-0373; #28.

Loudoun County Adult Sports Advisory Council:
703-777-0343; #109.

Loudoun County Area Agency on Aging:
703-777-0257 (V/TTY); #65.

Loudoun County Community Center-Based Child Care:
703-777-0343; #28.

Loudoun County Community Services Board (CSB):
703-777-0377; #79.

Loudoun County Commuter Service:
703-771-5665 (local) or 1-800-745-RIDE; #149.

Loudoun County Court Service Unit:
703-777-0303; #92.

Loudoun County Department of Social Services:
703-777-0353; #79.

Loudoun County Disability Services Board:
703-777-0389 (V/TTY); #139.

Loudoun County Housing Services:
703-777-0389 (V/TTY); #128.

Loudoun County Mental Health Services:
703-777-0320 (24-hour emergency coverage),
703-771-5100 (Leesburg) and
703-729-1970 (Ashburn); #18.

Loudoun County Mental Retardation Services:
703-777-0377; #82.

Loudoun County Nurturing Program (LAWS Youth and
Children's Services): 703-771-3973; #18.

Loudoun County Office on Youth: 703-777-0358;
730-777-0392; #99.

Loudoun County Parks, Recreation and Community
Services (includes Community Center listings):
703-777-0343; #109.

Loudoun County Public Health Department:
703-777-0234; #65.

Loudoun County Public Libraries: 703-777-0368
(V/TTY); #38.

Loudoun County Public Schools: 703-771-6400; #39.

Loudoun County Respite Center: 703-771-5334; #27.

Loudoun County Senior Center at Cascades
Marketplace: 703-430-2397; #113.

Loudoun County Sheriff's Department: 911 (V/TTY),
703-777-0445 (non-emergency)
703-777-0407 (Leesburg Administrative Office)
703-729-0621 (Ashburn Substation)
540-338-5555 (Round Hill Substation); #93.

Loudoun County Special Olympics (See Loudoun
County Special Recreation Program)
703-777-0438; #82.

Loudoun County Special Recreation Program:
703-771-5013; #82.

Loudoun County Supported Living Services (Loudoun
County Mental Health and Mental Retardation
Services), 703-771-5100 (mental health);
703-777-0377 (mental retardation); #131.

Loudoun County Volunteer Fire and Rescue
Companies: #66.

Loudoun County Volunteer Fire and Rescue System:
911 (24-hour service); #150.

Loudoun County YMCA: 703-777-YMCA,
703-777-YMCA; #114.

Loudoun County Youth Shelter/NAFI:
703-771-5300; #132.

Loudoun Healthcare, Inc. (Loudoun Hospital Center):
703-858-6000; #66.

Loudoun Hospital Center, Behavioral Medicine Unit:
703-771-2894; #20.

Loudoun Hospital Health Resource Center:
703-771-2980 or 888-LHI-VIPS (888-544-8477);
#67.

Loudoun Literacy Council: 703-777-2205; #48.

Loudoun Museum: 703-777-7427; #48.

Loudoun Suicide Prevention Coalition:
703-443-1380; #140.

Loudoun Therapeutic Riding Foundation at Morven
Park: 703-771-2689; #67.

Loudoun Tourism Council: 703-771-2170 or
1-800-752-6118; #151.

Loudoun Transit: 703-777-2708, 1-877-777-2708;
#149.

Loudoun Volunteer Financial Council, Inc.:
703-777-0373; #49.

Loudoun Volunteer Care Givers: 703-779-8617; #68.

Loudoun Volunteer Services: 703-777-0113; #151.

Loudoun Widowed Persons Service:
703-777-1414; 703-777-8766; #140.

Lung Line Information Service: 303-388-4461 or
800-222-5864; #140.

Lupus Foundation of Greater Washington:
703-684-2925; #140.

MADD (Mothers Against Drunk Driving):
703-771-8127 or 1-800-533-MADD (victims –
24 hours); #141.

McGruff Safety Camp for Kids (Loudoun County
Sheriff's Department): 703-777-0407; #100.

Medics USA Urgent Care Center: 540-338-3360; #68.

Mental Health Emergency Services (Loudoun County
Mental Health Services): 703-777-0320; #18.

MotherNet/Healthy Families Loudoun:
703-444-4477; #83.

Multiple Sclerosis Support Group: 202-296-5363;
1-800-FIGHT-MS; #141.

NAMI Loudoun, VA: 703-444-5326; #141.

Narcotics Anonymous: 703-435-1230;,
703-435-1230 (Help Line); #142.

National League of Junior Cotillions: 540-349-1478;
#49.

National Parkinson Foundation, the Capital Chapter of
The: 703-356-2151, Ext. 11; #142.

Naturalist Center, The: 703-779-9712; #49.

Neighborhood Watch Program (Loudoun County
Sheriff's Department): 703-777-0407; #93.

Northern Virginia AIDS Ministry: 703-746-0440;
#143.

Northern Virginia Family Services (Counseling and
Youth Programs): 703-771-2595; #20.

Northern Virginia Family Services (Employment
Services): 703-771-2595; #56.

Northern Virginia Long-Term Care Ombudsman
Program: 703-324-5411; #143.

Northern Virginia Mediation Service: 703-993-3656;
#20.

Northern Virginia Regional Park Authority:
703-352-5900; #115.

Northern Virginia Regional Sickle Cell:
703-208-2004; #69.

Northern Virginia Resource Center for Deaf and Hard
of Hearing Persons: 703-352-9055 (V),
703-352-9056 (TTY); #83.

Office of the Commonwealth's Attorney for Loudoun
County: 703-777-0242; #94.

Organized League Youth Sports, Loudoun County:
703-777-0343; #119.

Other Recreational Opportunities (not County
operated): 703-777-0193; #116.

Parent Infant Education (PIE – Loudoun County Mental
Retardation Services): 703-777-0377; #82.

Parent Resource Center (Loudoun County Public
Schools): 703-771-6765; #50.

Pastoral Counseling and Consultation Centers of
Greater Washington: 202-234-0202; #21.

Piedmont Behavioral Health Center, LLC:
703-777-0800 and 1-800-777-8855; #22.

Planned Parenthood: 703-533-5651; #69.

Positive Choices: 703-777-7650; #100.

Positive Experiences in Educational Relationships
(PEER): 703-771-6430; #101.

Prevention and Community Education Services,
(Loudoun County Mental Health Services):
703-771-5100; #101.

Private Day Care Centers: #29.

Private Schools in Loudoun County: #44.

Resourceful Woman Thrift Shop: 703-771-8173;
#153.

Refugee Resettlement Program, Virginia Council On
Churches: 703-369-6101; #56.

Salvation Army Church and Social Service Office:
703-771-3371; #84.

Salvation Army Thrift Store: 703-771-8905; #153.

Senior C.A.F.E.s (Loudoun County Area Agency on
Aging): 703-777-0257 (V/TTY); #65.

SIDS (Sudden Infant Death Syndrome) Alliance:
1-800-221-7437 (emergency & hot line),
703-435-7130 (local support): #144.

S.T.A.M.P. (Senior Training and Mentor Program —
Loudoun County Housing Services): 703-777-0389;
#130.

“Starting A Family Child Care Business”:
703-777-0373; #29.

Starting Towards Excellence In Preschool (STEP):
703-771-6444; #51.

Storytime Programs For Kids (Loudoun County Public
Libraries): 703-777-0368 (V/TTY); #38.

Substance Abuse Prevention Program (Loudoun County
Public Schools): 703-771-6430; #102.

Substance Abuse Treatment Program (Loudoun County
Mental Health): 703-771-5100 (Leesburg) or
703-729-1970 (Ashburn); #70.

Support Group for Anxiety and Panic Attacks:
703-777-1414 or 703-777-8766; #144.

Support Group for People in Crisis or Change:
703-777-1414 or 703-777-8766; #144.

Supported Living Consumer Association:
703-779-4691; #144.

Teen Pregnancy Prevention Council (Young Parents Network): 703-771-5186; #86.

Teen Violence Prevention Program (LAWS Sexual Assault Service): 703-771-9020; #17.

Thomas Balch Library: 703-737-7195; #51.

Thrift Stores in Loudoun County: #152.

Transitional Housing Center (Loudoun County Housing Services): 703-771-5429; #128.

Twice is Nice: 703-771-0208; #153.

Victim Witness Program: 703-777-0417; #94.

Virginia Cooperative Extension, Loudoun Office: 703-777-0373; #85.

Virginia Employment Commission: 703-803-0000; #57.

Voter Registration, Loudoun County Office of the General Registrar: 703-777-0380; #152.

Whitman-Walker Clinic: 703-237-4900; #70.

Women's Center: 703-281-2657; #23 .

Women's Resource Center (LAWS): 703-771-7845; #23.

WORK (Work Ordered Repayment by Kids): 703-737-8709; #95.

Workforce Resource Center: 703-777-0353; #57.

Young Adults Project: 703-771-5375; #85.

Young Parents Network: 703-771-5186; #86.

Youth After School Program (YAS — Loudoun County Parks, Recreation and Community Services): 703-771-5602; #115.

Notes

subject index



Subject Index

Some of the most frequently sought information is arranged by subject/topic in this Index. Resources for each subject/topic are listed. For quick access to the following resources, refer to the **A to Z** alphabetical list to find their page numbers in this *Resource Guide*.

- **Adult abuse:** Adult Protective Services (Loudoun County Department Of Social Services).
- **Adult education:** Adult High School (credit classes); Adult Basic Education (pre-GED); also see colleges and universities on page 35.
- **Adult high school:** Loudoun County Public Schools.
- **Adoption and foster care:** Graydon Manor Treatment Foster Care; Loudoun County Department Of Social Service; Loudoun County Mental Retardation Services.
- **AIDS/HIV services:** INOVA Juniper Program, HIV Clinical and Education Services;; Inova VNA Home Health; Loudoun County Public Health Department; Northern Virginia AIDS Ministry; Whitman-Walker Clinic.
- **Alcohol, drugs and other addiction services:** Al-Anon/Alateen Service Center of Northern Virginia; Alcoholic Anonymous of Northern Virginia (see Intergroup of Northern Virginia); Bull Run Alcohol Safety Action Program (ASAP); Counseling Center of Loudoun Healthcare, Inc.; Gamblers Anonymous; GAM-ANON; Graydon Manor Family and Youth Services; Graydon Manor Psychiatric Residential Treatment Center; Intergroup of Northern Virginia Substance Abuse Prevention Program (Loudoun County Public Schools); Loudoun County Community Services Board; Substance Abuse Treatment Program, Loudoun County Mental Health Services; Loudoun Hospital Center, Behavioral Medicine Unit; MADD, (Mothers Against Drunk Driving); Narcotics Anonymous; Piedmont Behavioral Health

Center; Substance Abuse Prevention Program (Loudoun County Public Schools).

- **Brain injury services:** Brain Injury Services.
- **Cancer care:** Loudoun Cancer Care Center.
- **Courts and related services:** see Table of Contents, Legal Services section on page 5 for listing of resources.
- **Child abuse and neglect:** Loudoun County Department of Social Services; LAWS Youth and Children's Program.
- **Child care provider training:** Virginia Cooperative Extension, Loudoun Office.
- **Child day care services:** See Table of Contents, Day Care section on page 2 for listing of resources.
- **Child support enforcements services:** Loudoun County Department of Social Services.
- **Clothing assistance:** Birthright of Loudoun County; Good Shepherd Thrift Store; Jeremiah House; LINK; Loudoun County Department of Social Services; Salvation Army Church and Social Service Office; Women's Resource Center (LAWS).
- **Counseling (adult):** Loudoun County Mental Health Services; Loudoun Hospital Center, Behavioral Medicine Unit; Northern Virginia Family Services; Women's Center.
- **Counseling (family):** Dulles Counseling Center; Graydon Manor Family and Youth Outpatient Services; LAWS Youth and Family Services; Loudoun County Mental Health Services; Northern Virginia Family Services; Pastoral Counseling and Consultation Center of Greater Washington; Survivors of Suicide (Loudoun Suicide Prevention Coalition); Women's Center.
- **Counseling (marriage and/or divorce):** Pastoral Counseling and Consultation Center of Greater

Washington; Women's Center; Northern Virginia Family Services; Support Group for People In Crisis or Change (see Special Information Numbers section.); Women's Center.

- **Counseling (youth and adolescents):** Alternative House; Counseling and Guidance Program (Loudoun County Public Schools); Dulles Counseling Center; Graydon Manor Family and Youth Outpatient Services; Graydon Manor Psychiatric Residential Treatment Center; LAWS Youth and Children Services; Loudoun Counseling Center (Loudoun County Mental Health Service); Positive Experiences in Educational Relationships (PEER); Northern Virginia Family Services; Piedmont Behavioral Health Center; Women's Center.
- **Day Care:** See Table of Contents, Day Care section on page #2 for listing of resources.
- **Dental (adults, low income):** Adult Dental Clinic (Catocin Foundation).
- **Diseases, disorders and special conditions:** Alzheimer's Association – Northern Virginia Chapter; American Cancer Society; American Heart Association; Arthritis Foundation – Virginia Chapter; Attention Deficit/Hyperactive Disorder Support Group; National Parkinson Foundation, Capitol Chapter of the; Center for Sickle Disease; Diabetes Management Program; Feingold Association of the Washington Area; Hemophilia Association of the Capital Area; Huntington's Disease Society of America; Lupus Foundation of Greater Washington; Multiple Sclerosis Support Group; Parent Support Group for Children With Sickle Cell Disease; SIDS Alliance (Sudden Infant Death Syndrome).
- **Disabilities services:** Easter Seals Summer Camp; Every Citizen Has Opportunities, Inc. (ECHO); Friendship House; Loudoun Association of Retarded Citizens (LARC); Loudoun County Community Services Board; Loudoun County Mental Health Services; Loudoun County Mental Retardation Services; Loudoun County Special Recreation Program; Loudoun Disability Services Board. Loudoun Therapeutic Riding Foundation;

Northern Virginia Resource Center for Deaf and Hard of Hearing Persons.

- **Domestic violence:** Loudoun Abused Women's Shelter (LAWS); Youth and Children's Services (LAWS). Loudoun County Mental Health Services.
- **Driver license:** Department of Motor Vehicles.
- **Education – special:** Douglass School;; Grafton School; Graydon Manor Day School Headstart; National League of Junior Cotillions; Senior Training and Mentor Program (S.T.A.M.P.); STEP (Starting Towards Excellence in Education); Young Adults Project.
- **Education – youth:** See Table of Contents, Education Section on page 3 for listing of resources.
- **Employment and training programs:** Area Agency on Agency (AAA); Department of Rehabilitative Services; ECHO (Every Citizen Has Opportunities); JOBLINK (Loudoun County Mental Health and Mental Retardation Services); Human Resources Division (Loudoun County Department of Management Services); Loudoun County Department of Social Services; Northern Virginia Family Services; Refugee Resettlement Program, Virginia Council Of Churches; Virginia Employment Commission; Women's Center; Workforce Resource Center; Young Adults Project.
- **English As A Second Language:** Loudoun County Public Schools; Loudoun Literacy Council; Refugee Resettlement Program, Virginia Council Of Churches.
- **Eye care services:** Lions Club; Loudoun County Department of Social Services.
- **Financial counseling and management:** Loudoun Volunteer Financial Council, Virginia Cooperative Extension – Loudoun Office; Women's Center.
- **Fire and rescue (non-emergency):** see Table of Contents, Transportation and Other Services section on page #6.

- **Food assistance programs:** Daily Bread; Good Shepherd Alliance; Interfaith Relief; LINK; Loudoun County Department of Social Services; Loudoun County Public Schools (free breakfast and lunch); Salvation Army Church, Social Service Office.
- **Food stamps:** Loudoun County Department of Social Services.
- **Foster care:** Graydon Manor Treatment Foster Care; Loudoun County Department of Social Services.
- **Foster care – mentally retarded adults:** Graydon Manor Treatment Foster Care; Loudoun County Mental Retardation Services.
- **Fuel assistance:** Loudoun County Department of Social Services.
- **GED (General Education Development) training:** Loudoun County Public Schools; Loudoun Literacy Council; Young Adults Project; Refugee Resettlement Program, Virginia Council Of Churches; Young Parents Network.
- **Health care:** See Table of Contents, Health Care section on page #3 for listing of resources.
- **Home healthcare:** Hospice of Northern Virginia; Inova VNA Home Health; Loudoun Volunteer Care Givers; Loudoun County Department of Public Health.
- **Hospitals, medical care, and residential facilities:** Graydon Manor Psychiatric Residential Treatment Center; Heritage Hall Nursing and Rehabilitation Center; Loudoun County Public Health Department; Loudoun Healthcare (Loudoun Hospital Center); Loudoun Healthcare Urgent Care Center; Loudoun Hospital Center Behavioral Medicine Unit; Loudoun Long Term Care Center (Loudoun Hospital Center), Medics USA Urgent-Care Centers; Piedmont Behavioral Health Center.
- **Housing (emergency):** Good Shepherd Alliance, Homeless Shelters of Loudoun County; Jeremiah House; Loudoun County Department of Social Services; Loudoun County Housing Services.
- **Housing (rental assistance):** LINK; Loudoun County Department of Social Services; Loudoun County Housing Services.
- **Housing – supported living for mentally disabled:** Loudoun County Supported Living Services (Loudoun County Mental Health/Mental Retardation Services).
- **Housing (transitional):** Transitional Housing Center (Loudoun County Housing Services).
- **Immunizations:** Loudoun County Public Health Department.
- **Information about youth:** Loudoun County Office on Youth; Loudoun County Public Schools; Positive Choices.
- **Law-related services:** See Table of Contents, Legal Services section on page #5 for listing of resources.
- **Libraries:** See Loudoun County Public Libraries on page #38.
- **Literacy issues:** Claude Moore Center for Family Literacy; Loudoun Literacy Council; English As A Second Language (Loudoun County Public Schools).
- **Long-term care for elderly:** Long-Term Care Program.
- **Medical care assistance (income eligible):** Loudoun County Department of Social Services.
- **Mental illness:** Loudoun County Mental Health Services – 24-Hour Emergency Services; Community Support Services, Loudoun County Mental Health Services. Friends of Loudoun Mental Health; NAMI Loudoun, VA. Also see Counseling Section, page #15.

- **Mental illness and mental retardation – day support:** Friendship House.
- **Mental retardation and rehabilitation services:** Easter Seals Summer Camp; Every Citizen Has Opportunities (ECHO); Loudoun Association for Retarded Citizens (LARC); Loudoun County Community Services Board; Loudoun County Mental Retardation Services; Loudoun Special Recreation Program. Parent Infant Education (PIE), Loudoun County Mental Retardation Services.
- **Mediation services:** Northern Virginia Mediation Service; PEER (Positive Experiences In Educational Relationships – Loudoun County Public Schools).
- **Medicaid:** Loudoun County Department of Social Services.
- **Nutritional planning:** Loudoun County Public Health Department; Virginia Cooperative Extension, Loudoun Office.
- **Parenting services:** Loudoun County Department of Social Services; Loudoun Healthcare (Loudoun Hospital Center – parenting classes); MotherNet/Healthy Families Loudoun; Parent Resource Center; Women’s Resource Center; Young Parents Network; Youth and Children’s Program (LAWS); Virginia Cooperative Extension, Loudoun Office.
- **Police (non-emergency):** See Special Information Numbers section on page #11.
- **Pregnancy services:** Birthright of Loudoun County; Jeremiah House; La Leche League (see page #11); Life Line; Loudoun County Public Health Department; Loudoun Hospital Center; MotherNet/Healthy Families Loudoun; Planned Parenthood; Inova VNA Home Health; Young Parents Network.
- **Prevention, information and community education programs:** American Red Cross; DARE (Drug Abuse Resistance Education – Loudoun County Sheriff’s Department); Substance Abuse Prevention Program (Loudoun County Public Schools); Loudoun County Office on Youth; MADD (Mothers Against Drunk

Driving); McGruff Safety Camp for Kids (Loudoun County Sheriff’s Department); NAMI, Loudoun; Neighborhood Watch (Loudoun County Sheriff’s Department); Office of HIV Services; PIE (Parent Information Education); Positive Experiences in Educational Relationships (PEER); Loudoun Suicide Prevention Coalition; Positive Choices; Prevention and Community Education Services (Loudoun County Mental Health Services); Substance Abuse Prevention Program (Loudoun County Public Schools); Teen Pregnancy Prevention Council (Young Parents Network); Teen Violence Prevention Program (LAWS Sexual Assault Services); WORK (Work Ordered Repayment by Kids).

- **Public and private schools:** See Table of Contents, Education section on page #3 for listing of resources.
- **Recreation for youth adults and seniors:** See Table of Contents, Recreational Resources section on page #5 for listing of resources; also see Big Friends and 4-H.
- **Refugee assistance:** Loudoun County Department of Social Services; Refugee Resettlement Program, Virginia Council Of Churches.
- **Residential care:** Graydon Manor Psychiatric Residential Treatment Center; Hospice of Northern Virginia; Loudoun County Supported Living Services (Loudoun County Mental Health and Mental Retardation Services); Heritage Hall Nursing and Rehabilitation Center; Loudoun Long Term Care Center.
- **Respite care for mentally disabled and retarded adults:** Loudoun County Association for Retarded Citizens (LARC); Loudoun County Mental Health/Mental Retardation Services.
- **Respite care for senior citizens:** Loudoun County Respite Center (Loudoun County Area Agency on Aging).
- **Safety programs:** McGruff Safety Camp for Kids (Loudoun County Sheriff’s Department); Loudoun County Volunteer Fire and Rescue System; Neighborhood Watch Program (Loudoun County Sheriff’s Department).

- **Self Help and Advocacy Groups:** See Support, Self Help and Advocacy Groups on page #135.
- **Senior abuse:** Adult Protective Services (Loudoun County Department Of Social Services).
- **Senior day care:** Loudoun County Senior Center at Cascades Marketplace.
- **Senior services:** Alzheimer's Association; Loudoun County Housing Services; Loudoun County Area Agency on Aging (AAA); Loudoun County Department Of Social Services; Loudoun County Mental Health/Mental Retardation Services; Loudoun County Respite Center; Loudoun County Senior Center at Cascades Marketplace; Senior C.A.F.E.s.
- **Sexual assault services:** Emergency 911 (for police and ambulance); LAWS Legal Services; LAWS Sexual Assault Services; Loudoun Healthcare (Loudoun Hospital Center).
- **Shelters and residential treatment facilities for youth:** Alternative House; Good Shepherd Alliance; Piedmont Behavioral Health Center; Graydon Manor Psychiatric Residential Treatment Center; Loudoun Abused Women's Shelter (LAWS); Loudoun County Youth Shelter/NAFI; Young Adults Project.
- **Sheriff (non-emergency):** See Special Information Numbers section on page #11.
- **Sports:** See Table of Contents, Recreational Resources section on page #5 for listing of resources.
- **Speech and hearing services:** Blue Ridge Speech and Hearing Center; Inova VNA Home Health.
- **Suicide prevention:** Loudoun Suicide Prevention Coalition; Prevention and Community Education Services (Loudoun County Mental Health Services).
- **Supported living services:** Friendship House; Loudoun County Supported Living Services (Loudoun County Mental Health/Mental Retardation Services); Supported Living Consumer Association.
- **Terminally ill services:** Hospice of Northern Virginia; Inova VNA Home Health.
- **Thrift shops:** See Table of Contents, Transportation and Other Services section on page #6 for listing of resources.
- **Transportation services:** See Table of Contents, Transportation and Other Services section on page #6 for listing of resources.
- **Volunteer opportunities:** American Red Cross; Boy Scouts of America; Friends of Loudoun Mental Health; Girl Scouts of the Nation's Capital; 4-H – Virginia Cooperative Extension, Loudoun Office; Good Shepherd Clothes Store; Interfaith Relief; LARC; Link, Inc.; Loudoun County Volunteer Fire and Rescue System; Loudoun County Area Agency on Aging (AAA); Loudoun County Volunteer Center; LAWS (Loudoun Abused Women's Shelter); Loudoun County Department of Social Services; Loudoun County Parks, Recreation and Community Services; Loudoun Suicide Prevention Coalition; Loudoun Volunteer Caregivers; Loudoun Volunteer Services; Positive Choices.
- **Voter registration:** Loudoun County Office of the General Registrar.
- **Widowed persons:** Loudoun Widowed Persons Service.

Notes

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PHOTO CREDITS:

Linda Holtslander

Covers 1 and 4; pages 13, 25, 33,
53, 59, 71, 89, 97, 103, 125, 133.

KD Kidder

Cover 1; pages 59, 134, 165.

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703-777-0358

For the ***Youth and Family
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